

# MDLS 2023 Closing

## Who supports you? In what area(s)?

On your handout, add the names of people who already support you in any of these areas, or other areas that are relevant to you. Don't limit your list to colleagues. Friends, family, and others from your personal life all count, too.

You can do this in the network circle or the table – whichever works better for your brain.

It's okay to keep coming up with people later on, as these ideas sink in for you. It's also normal for our mentoring relationships to evolve over time.

## Filling the gaps in your network

### Getting Your Work Done

- Workshops
- Professional organizations and listservs
- Support someone else in your intellectual community
- Writing group

### Career Advancement

- Who has seen you at your best?
- Ask people to repeat positive feedback in different contexts, e.g. a letter to your supervisor.
- Befriend people who seem well-connected.
- Participate in professional email threads, newsletters, happy hours.
- Seek feedback from a senior person in your field, a journal editor, or a tenure/promotion committee member.
- Find examples from professionals a few years ahead of you, professionals outside librarianship, professionals outside of academia.

### Well-being

- Consider people who are removed from a situation when you need to vent.
- Who will be outraged on your behalf AND keep things private?
- Family, friends, and trained professionals.



<https://eswnonline.org>



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# Who supports you? In what area(s)?

## Well-being:



Safe space



Professional development



Intellectual community



Emotional support



you



Accountability



Role models



Substantive feedback



Access to opportunities



Sponsorship

## Getting your work done:

## Career advancement:

