Quarterly Report

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Name and address of reporting institution:
Utah Navajo Health System,
East Highway 262
Montezuma Creek, UT 84534

Project Title:
RML/TC4C Utah Navajo Health Inc. Community Partnership

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Reporting Period start date: September 28, 2010
Reporting Period end date: February 10, 2011

Publicity:
No publicity to report.

Outreach:
No demonstrations or trainings took place during reporting period.

Other accomplishments:
UNHS collaborated with Brenda Ralls, epidemiologist, at the Utah State Department of Health to acquire appropriate, culturally sensitive cardiovascular care materials for translation into Navajo. These materials have been translated and arrangements have been made with the University of Utah Eccles Health Sciences Library to have these materials recorded for audio CDs.

Target audience:
No changes have been noted in the target audience. Needs have not changed since initial assessment nor has original audience changed. We have noted that administering the post-test to assess patient understanding of education received via the CD has proven somewhat challenging. Often, patients do not return for follow-up visits for several months which has resulted in incomplete results for many patients pending their post-test.

Goals, Outcomes, Objectives:
Thus far the needs of the audience at still the needs we initially anticipated and we believe the outcomes are still feasible. However, the timeframe to accomplish the outcomes and goals has proven to be shortsighted; we did not initially anticipate the length of time necessary to capture post-test results from patients who received education
via the audio CDs. Therefore, we have not necessarily modified the objectives themselves we have simply lengthened the timeframe necessary to complete these objectives.

**Evaluation:**
Pre-tests and some post-tests have been administered with the Diabetes Program Coordinator tracking these results.

**Impacts and Observations:**
The main lesson learned has been the importance of an appropriate timeframe to accomplish the goals and outcomes for the project. Initially we believed the timeframe we had set forth in the grant would be appropriate to accomplish the objectives of the grant but we have learned that we should have provided a longer amount of time for certain activities, specifically the post-test administration.

**Planned Activities:**
For the final months of the project we will be recording the translation of the cardiovascular materials provided by Brenda Ralls, epidemiologist, from the State of Utah Department of Health. The translation will be recorded at the Eccles Health Sciences Library and prepared for duplication. Additionally, possible training will be explored for feasibility and suitability.