

## **Sleep patterns and Provigil**

There is a number of questions that doctors and scientists are trying to find the answers to, like: What mechanism controls the sleep/awake cycle in the brain?

There has been a number of studies conducted to get a better understanding of that. The reason for these studies is to find out how exactly the sleep disorders start, why they occur and the progress.

The studies have discovered that there are actually two mechanisms that affect that cycle, one is called a sleep cycle, and another one is wakefulness cycle.

Provigil, a stimulant that is often used for the treatment of sleep disorders, is responsible for increasing wakefulness in people.

### **Provigil doping agent**

Provigil, being a very effective stimulant, has been put on the Prohibited Substances List of the World anti-doping agency.

After it has been discovered, that a few sportsmen have been using Provigil to boost the performance, it has received some negative publicity.

Since there were no studies done to understand what effect this medicine has on a performance, it has been added to the list, due to its similarity in action to amphetamine

read more from Modafinil blog <http://modafinilorder.com/>