Locating Star Quality Health Information

2003 Nurse Assistant Seminar

[Diagram showing the Big Dipper, Little Dipper, Polaris, and an instruction to point to the North Star]
Objectives:

• Gain knowledge of the St. John’s Health System Libraries
• Learn how the libraries can be utilized for professional development, care of patients and their families
Big Dipper

Little Dipper

Polaris or "The North Star"

two stars of the Big Dipper point to the North Star.
Find the Pole Star

Like a compass the Pole Star or Navigator’s Star always points toward the same direction (north).

The Library is your Navigator’s Star to quality medical information.
Libraries at St. John’s

Community Health Library
- patients, family members, community
- MEDLINEplus, Coolcat

Medical Library
- physicians and coworkers
- Ovid Databases / Micromedex
Location and Hours

Physical Location:
2055 South Fremont
St. John’s Cancer Center
Springfield, Missouri

Hours of Service:
Monday - Tuesday, 9 a.m. - 5:30 p.m.
Wednesday - Friday, 8 a.m. - 4:30 p.m.
Who May Use the Library

• Available to the public
• Majority of the collection is available to be borrowed by registered patrons
• Springfield or Greene County residency is not required
• Patrons over 18 can register for a library card and borrow materials
Reference & Information Assistance

• Requests accepted:
  person ☑️ phone ☑️ toll-free number
  mail ☑️ fax ☑️
• Quick & in-depth reference questions
• Computer instruction available
• Confidentiality
Library Resources

- Books - 3 weeks
- Videos - 1 week
- Audiocassettes - 2 weeks
- Pamphlets
- Magazines, newsletters, journals
- Posters, models
- Electronic Resources - internet
Community Health Library Collection

- Items are selected for readability and comprehension by the health consumer and layperson

- The library contains information on a range of health issues
Collection Topics

- Alternative Medicine
- Alzheimer’s Disease
- Arthritis
- Asthma
- Cancer & Cancer Care
- Child Development
- Communicable Diseases
- Death, Dying, Bereavement
- Diabetes
- Diet & Nutrition
- Exercise & Fitness
- Heart & Lung Diseases
- Men’s & Women’s Health
- Mental/Behavioral Health
- Parenting
- Prenatal Care
- Senior Health
- Social Issues
- Stroke
- Wellness & Prevention
- And much more...
Community Health Library Website

www.stjohns.com/libraries/

Provides links to:
Library Resource Guides
Internet sites - arranged by topic
Pamphlets
Databases (MEDLINEplus) “The Big Dipper”
COOLCAT - online catalog “The Little Dipper”
Search, **COOLCAT**, our online catalog for books, magazines, and videos.

**Community Health Library Mission Statement**

The Van K. Smith Community Health Library is devoted to providing accurate health-related information to assist patients, family members, and members of the community in making informed health decisions and becoming active participants in their health, medical care, and total well being.
Library Resource Guides

The following guides are produced by the Community Health Library and contain brief information on various health-related topics. These guides contain lists of books, videos, and pamphlets available from the Community Health Library, as well as useful websites.

To view a document click on the title, average document size is 60 Kilobytes. You will need Adobe Acrobat Reader to view these documents.

Check it out!

- AIDS (09/02)
- Alcohol (09/02)
- Alternative Medicine (1/02)
- Alzheimer's Disease (12/02)
- Arthritis (9/02)
- Asthma / Allergy (9/02)
- Blood Donation (9/02)
- Breast Cancer (11/02)
- Hemophilia (11/02)
- Hepatitis (11/02)
- High Blood Pressure [PDF] (10/02)
- High Blood Pressure [web]
- Immunizations (10/02)
- Infant and Toddler Care (9/02)
Check It Out!
Asthma & Allergy Resources

A sample of the informational resources available from St. John's Community Health Library

Internet Resources

Links from MEDLINEPlus, the National Library of Medicine's web site for consumer health information
www.nlm.nih.gov/medlineplus/asthma.html

American Academy of Allergy, Asthma & Immunology       www.aaaai.org/
Asthma & Allergy Foundation of America                  www.aafa.org/
Pamphlets

The Community Health Library contains a large pamphlet collection covering a variety of health-related topics. As a part of the library's information-sharing mission, health pamphlets are distributed to patrons. The library also has access to the numerous pamphlets available via the Internet. Please contact a librarian for assistance in finding a pamphlet on your topic of interest.

Below is a listing of the pamphlets available from the library, organized alphabetically by subject.

<table>
<thead>
<tr>
<th>Subject</th>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>ABUSE</td>
<td>Domestic violence: women's health</td>
</tr>
<tr>
<td>ACNE</td>
<td>Questions &amp; answers about acne</td>
</tr>
<tr>
<td>AGING</td>
<td>Age page</td>
</tr>
<tr>
<td>AGING</td>
<td>Talking with your doctor: a guide for older people</td>
</tr>
<tr>
<td>AIDS</td>
<td>AIDS Clinical Trials Information Service</td>
</tr>
<tr>
<td>AIDS</td>
<td>AIDS-Related CMV: How to Help Yourself</td>
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</table>
Community Health Library - Library Links

Return to Links Index

HEALTH INFORMATION BY SUBJECT

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

ADOLESCENT HEALTH

- American Academy of Child & Adolescent Psychiatry
  A nonprofit association dedicated to the promotion of mentally healthy children, adolescents, and families. Nearly 100 publications on various topics are available for healthcare consumers.

AGING
Community Health Library - Library Resources

Databases

Databases are primarily used to locate magazine and journal articles. Numerous electronic databases are available for use by Community Health Library patrons. Many are freely available via the Internet, others are restricted to library use only.

- MEDLINEplus
- Gale Health and Wellness Resource Center
- PubMed
- AGRICOLA
- CANCERLIT
- ERIC
- FindArticles.com
Medical Library
Medical Library
Location and Hours

Physical Location:
Main Hospital
1st Floor, west end

Hours of Service:
Monday - Friday, 8 a.m. - 4:30 p.m.
Reference & Information Assistance

• Requests accepted:
  person  phone
  mail  fax

• Quick & in-depth reference questions
• Computer instruction available
• Inquiries regarding patient care given top priority
Library Resources

- Books - 3 weeks
- Videos - 1 week
- Journals - library use only
- Slides - 2 weeks
- Electronic Resources - internet
- Interlibrary Loan
www.stjohns.com/libraries/

Provides links to:

• COOLCAT - the library’s online catalog
• Databases - Micromedex, Ovid & PubMed
• Journal holdings
• Internet links
Medical Library Mission Statement

The mission of the Medical Library is to provide quality information services and resources for those affiliated with St. John's Health System. Library services and resources are directed toward health care professionals to enable them to provide excellent patient care and to support their continuing education needs.

By collaborating with the National Network of Libraries of Medicine, the Medical Library expands its access to a wide range of resources. Materials are shared through lending and borrowing from a wide network of both medical and non-medical libraries.
Medical Library - Library Resources

Databases

Numerous electronic databases are provided for use by St. John's physicians and employees. These include:

- **Ovid Databases**
  [requires ID and Password]

- **Micromedex® Databases**
  [requires User Name and Password]

- **PubMed**
  [no password required]

Summary of Ovid databases:
Medical Library - Library Resources

Journal Holdings

Journal holdings for the St. John's Medical Library and Van K. Smith Community Health Library are available in two formats on the web.

The holdings are available in Microsoft Excel file format and Adobe Acrobat PDF format. The PDF file will require the use of Adobe Acrobat Reader. The reader can be obtained by clicking on the "Get Acrobat Reader" logo below. Or you may download the reader from Adobe Software.

Microsoft Excel File

Master List 2003 - Excel version

Adobe Acrobat PDF File

Master List 2003 - PDF version
Internet Links for Health Professionals

- Continuing Medical Education Programs (CME)
- Internet Search Engines
- Legal and U.S. Governmental Links
- Libraries
- Local, State, and Regional Internet Links
- Medical Publishers
- Medical Training Programs
- Patient Education
- Physician Locators
- Professional Associations
- Reference Tools (dictionaries, directories, online books)

Internet Links by Medical Specialty

- Cardiology
- Neurology
- Nursing
- Oncology
- Orthopedics
- Pharmacology
The Big Dipper
The Big Dipper

The Big Dipper is located next to the Pole Star and is composed of 7 bright stars.

Dip into high quality consumer health information with MEDLINEplus ★
MEDLINEplus

The National Library of Medicine’s
web site for
Consumer Health Information
The 7 stars of MEDLINEplus

- Health topics - over 500 diseases & conditions
- Drug Information
- Encyclopedias, Dictionaries, Directories
- Current Health news and headlines
- Interactive Tutorials
- English & Spanish
- Non-commercial, no advertising
MEDLINEplus: Asthma - Microsoft Internet Explorer

Skip navigation

A service of the U.S. NATIONAL LIBRARY OF MEDICINE
and the NATIONAL INSTITUTES OF HEALTH

Other health topics: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z List of All Topics

Asthma

Contents of this page:
News

From the NIH
General/Overviews
Clinical Trials
Diagnosis/Symptoms
Disease Management
Pictures/Diagrams
Prevention/Screening
Research
Specific Conditions/Aspects

Latest News

- Antioxidant Supplements Could Ease Asthma Symptoms (02/17/2003, Reuters Health)
- Study of Asthma-Drug Halted (01/23/2003, Food and Drug Administration)

From the National Institutes of Health

- Controlling Your Asthma Links to PDF File (National Heart, Lung, and Blood Institute)
  Also available in: Spanish
- Focus On: Asthma (National Institute of Allergy and Infectious Diseases)

Interactive Tutorial
View slideshow on: Asthma

Go Local
Health services in North Carolina
Other states coming - learn more
Medical Encyclopedia

Asthmatic bronchiole and normal bronchiole

Asthma is a disease in which inflammation of the airways causes airflow into and out of the lungs to
Interactive Health Tutorials

The tutorials listed below are interactive health education resources from the Patient Education Institute. Using animated graphics each tutorial explains a procedure or condition in easy-to-read language. You can also listen to the tutorial.

NOTE: These tutorials require a special Flash plug-in, version 4 or above. If you do not have Flash, you will be prompted to obtain a free download of the software before you start the tutorial.

- Diseases and Conditions
  - Abdominal Aortic Aneurysm
  - Acne
  - Alopecia
  - Amyotrophic Lateral Sclerosis (ALS)
  - Angina
  - Anthrax
  - Asthma
  - Arrhythmias
  - Arthritis
  - Atrial Fibrillation
  - Back Pain
  - Brain Cancer
  - Bells Palsy
  - Birth Control
  - Bronchitis
  - Breast Cancer
  - Breastfeeding
  - Burns
  - Cerebral Palsy
  - Chronic Fatigue Syndrome
  - Cyst
  - Diabetes
  - Depression

- Tests and Diagnostic Procedures
  - Barium Enema
  - Breast Lump - Biopsy
  - Colonoscopy
  - Coronary Angiography and Angioplasty
  - CT Scan (CAT Scan)
  - Cystoscopy
  - Diagnostic Laparoscopy
  - Echocardiogram
  - Echocardiography Stress Test
  - Intravenous Pyelogram (IVP)
  - Knee Arthroscopy
  - MRI
  - Myelogram
  - Ultrasound
The walls of the alveoli are very thin. On the other side of the walls small blood vessels exist. The very thin wall of the alveoli allows the oxygen to go into the bloodstream and also allows CO2 to go from the blood to your lungs to be exhaled.
The Little Dipper resembles the big dipper. The Pole Star is the last star in its tail.

Dip into materials available at the St. John’s Libraries with Coolcat.
A partnership with the **Springfield-Greene County Public Library**

- Provides access to St. John’s Libraries collection from any computer with an Internet connection
- Can search by author, title, subject, keyword
Select a catalog to search

- Springfield-Greene County Library
- Camden County Library
- Central Bible College Library
- Christian County Library
- Landers Theater
- Lebanon-Laclede County Library
- Ozarks Genealogical Society
- Pulaski County Library
- St. John's Health System Libraries
- Stone County Library
- Texas County Library
- Webster County Library
- Wilson's Creek National Battlefield

Search All COOL Libraries
COOLCAT

St. John's Health System Libraries Catalog

Search By:

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<td>Newspaper/Magazine Title</td>
<td>Medical Subject Headings for the Medical Library</td>
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<td>Mayo Clinic Family Health Book</td>
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<td>St Johns Medical Library; WB 120 M473 1996</td>
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<td></td>
<td>Mayo Clinic Guide To Self Care Answers For Everyday Health Problems</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td>St Johns Community Health; RA 776 .M4814 1999</td>
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<tr>
<td>4</td>
<td></td>
<td>Mayo Clinic Health Letter</td>
<td></td>
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<td>5</td>
<td></td>
<td>Mayo Clinic Heart Book The Ultimate Guide To Heart Health</td>
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Title: Mayo Clinic heart book : the ultimate guide to heart health / Bernard J. Gersh, editor in chief.


LOCATION: St Johns CHL Circulating

CALL #: RC 672 .M4 2000

STATUS: CHECK SHELF

Edition: 2nd ed.

Descript: viii, 406 p. : ill. (some col.) ; 26 cm.

Subject: Heart -- Diseases -- Popular works.
Cardiology -- Popular works.

Note: "Completely revised and updated"--Cover.
|
|---|
| **Title** | Mayo Clinic heart book : the ultimate guide to heart health, editor in chief. |
| **Publisher** | New York : W. Morrow, c2000. |
| **LOCATION** | St Johns CHL Circulating |
| **STATUS** | RC 672 .M4 2000 |
| **Edition** | 2nd ed. |
| **Descrip** | viii, 406 p. : ill. (some col.) ; 26 cm. |
| **Subject** | Heart -- Diseases -- Popular works. Cardiology -- Popular works. |
| **Note** | "Completely revised and updated" -- Cover. |
## Nervous System Diseases

### MESH SUBJECTS (1-12 of 13)

<table>
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<th>Num</th>
<th>Mark</th>
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<tr>
<td>1</td>
<td></td>
<td><em>Adams And Victor's Principles Of Neurology</em> / Maurice Victor, Allan H. Ropper.</td>
<td></td>
<td>c2001</td>
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<td>3</td>
<td></td>
<td><em>Clinical Neurology</em> / Roger P. Simon, Michael J. Aminoff, David A. Greenberg.</td>
<td></td>
<td>c1999</td>
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<tr>
<td>4</td>
<td></td>
<td><em>Clinical Neurology</em> / David A. Greenberg, Michael J. Aminoff And Roger P. Simon.</td>
<td></td>
<td>c2002</td>
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Record 3 of 13

**Author**  
Simon, Roger P.

**Title**  
Clinical neurology / Roger P. Simon, Michael J. Aminoff, David A. Greenberg.

**Publisher**  
Stamford, Conn. : Appleton & Lange, c1999.

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**Edition**  
4th ed.

**Descript**  
ix, 384 p. : ill.

**Subject**  
Nervous System Diseases.

**Note**  
"A Lange medical book."

**Library**  
St. John's School of Medicine
Don’t get lost in a comet’s tail of dust and debris...

Hale-Bopp Comet
...or get stuck in a meteor storm of information...

Leonid Meteor Storm
...remember your Pole Star and visit a Library to find high quality information

- **Community Health Library**
  - patients, family members, community

- **Medical Library**
  - physicians and coworkers
Contact Information

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417-885-5399 (fax)
acrabtree@sprg.smhs.com