Mobile Computer Technology in Healthcare

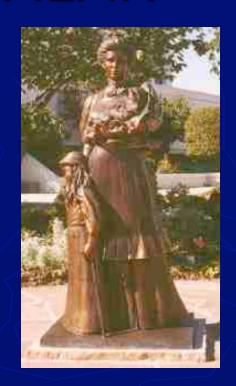
Daniel O. Young, MD danieloyoung@hotmail.com Assistant Professor of Medicine Creighton University Medical Center March 24, 2005

Introduction

- ► Mary Lanning Memorial Hospital
- ► Financial Disclosure
- ▶ Background
- ▶ Platforms
- Devices
- Case Applications
- ► Interesting Features of Handheld Computers
- ▶ What is being done in healthcare elsewhere?
- Review/Comments/Questions

Educational Mission of MLMH

Mary Lanning Memorial Hospital is a 200 bed, short-term, acute general care facility, designated as a trauma center for south central Nebraska.



- Creighton University School of Nursing
- School of Radiologic Technology

Financial Disclosure

► I have no direct financial interest in any of the companies or products I will feature or mention in today's presentation.

Background

- ▶ 1999: Medical Informatics elective
- ► 2000: Started Internal Medicine residency
- ► 2003: Started Chief Resident year in IM
- ▶ 2004: Research Faculty, Nephrology Division
- ▶ 2005: Fellow, Washington University

Mobile Computer Technology

- ► We've been using "handheld devices" in healthcare for a long time
- ► Examples: phones, glucometers, stethoscopes, otoscopes, ophthalmoscopes, etc.
- ► Handheld computer use is relatively "new" to clinical medicine (mid-90s)

Platforms

- ▶ Palm OS
 - PalmSource
 - Most popular and prevalent software for handhelds and smartphones in the world today
 - palmsource

- ▶ Windows CE/Pocket PC
 - Microsoft Corp.
 - Used in Pocket PCs, portable media centers, and smartphones.



Software Store

Palm OS®

Devices

How-To...

Support

Overview

Features and Benefits

Downloads

Why Palm OS?

Palm OS Garnet

Palm OS Cobalt 6.1

PalmSource Mail for Blackberry Connect

Mobile Mail 5.2

WiFi

Related links:

China MobileSoft Acquisition

PalmSource Installer (PDF: 224 KB)

PalmSource Web Browser 3.0 (PDF: 208 KB)

Security and Palm OS (PDF: 420 KB)



Palm OS

Since the introduction of the first Palm Pilot in 1996, the Palm OS platform has defined the trends and expectations for mobile computing - from the way people use handhelds as personal organizers to the use of mobile information devices as essential business tools, and even the ability to access the Internet or a central corporate database via a wireless connection.

Palm OS 5, which has been available to customers for years, supports ARM®-compliant processors. Palm OS Garnet is an enhanced version of Palm OS 5 and provides features such as dynamic input area, improved network communication, and support for a broad range of screen resolutions including QVGA.





Palm OS Cobalt 6.1 is the next generation of Palm OS. It will enable the creation of new categories of devices for the communications, enterprise, education and entertainment markets. Palm OS Cobalt 6.1 provides integrated telephony features, support for WiFi and Bluetooth, and enhancements to the user interface.

As with previous versions of Palm OS, Palm OS Garnet and Palm OS Cobalt retain application compatibility with existing 68K-based applications.

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Windows Family

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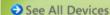
Welcome to Windows Mobile







Windows Mobile software delivers the familiar Windows experience on a mobile device.





Sign up for Windows Mobile News



We've got the Roadmap.

Register Today.

MEDC

DevCon 2005



New from Windows Mobile

ActiveSync 3.8 Now Available in 23 Languages

Microsoft ActiveSync 3.8 is the latest synchronization software for Windows Mobile-based Pocket PCs and Smartphones. Download it today!

Voice Command Now Available in the United Kingdom, France, and Germany



Register Now for Microsoft Mobile & Embedded DevCon (MEDC) 2005

May 9-12, 2005 Las Vegas, NV Attend the premier developer event with the latest Microsoft Windows Mobile & Embedded technologies.



Featured Reseller

Shop at Amazon.com to find the latest Windows Mobile-

Already a Windows Mobile Owner?

- Find software downloads
- Configure your device
- Shop for accessories
- Join a community

Tips and Tricks

Sync Up With Your Desktop

ActiveSync is designed to help you get the most from your Windows Mobile-based device. Learn some of the basics about syncing and where to find more information about ActiveSync.

4 Ways to Store Your Data

Wondering how to store your music, Word files and extra programs? This Tips for Mobile beginner column covers types of storage, how to transfer your files from one storage medium to another, and where to buy storage for your Windows Mobile-based device.

Personalize Your Device



Make your device unique - just like you. Change the home screen with a theme, add a ringtone that matches your best friend's personality, or show off a picture of your dog.

<u>Sending E-mail on Your Smartphone or</u> <u>Pocket PC Phone</u>

I've not two new devices, a Smartphone and a

PDA Manufacturers (March 2005)

- ► Palm Devices
 - palmOne



- ► Pocket PC Devices
 - ASUS
 - Dell
 - HP (Compaq)



Case Demonstrations of Select Types of Applications

Although I will feature my favorites, my focus is on the type of software being demonstrated and its educational use.

► I will be using a piece of software called Pocket Controller to replicate my handheld's screen on my laptop for viewing.

A word about medical software for handheld computers...

- ▶ Freeware
 - As the name implies
 - ePocrates Rx, Archimedes, many others
 - More prevalent for the Palm OS
- ► Shareware/Commercial
 - Will ask for or require a fee for use of the app
 - Griffith's 5 Minute Clinical Consult, many others
 - Equally prevalent between Palm OS & Pocket PC

- ► An order was placed to deliver an antibiotic to an elderly woman admitted for urosepsis.
- ► Prior to administering the (oral) antibiotic, the patient's daughter asks if it will interact with any of the patient's other medications.

► ABX: Levofloxacin

Meds: HCTZ, Ramipril, Tums

ePocrates Rx

Free Drug Reference for Palm and Pocket PC devices (CASE #1)



► Resolution: A call is placed to the ordering healthcare practitioner changing the order to avoid any potential medication errors.

Site Directory



Login for eFacts

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Product Information

Facts and Comparisons Reference Products

Product Support

PDA Products

Licensing



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Medi-Span Database Products

Medi-Span News

Drug News

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Career Opportunities

Wolters Kluwer Health Scholarship

Great Products for Your PDAI

Facts & Comparisons Products

The following products are available for both PalmOS and WinCE/PocketPC devices.

Antidotes-FactCheck

Provides pharmacists with a quick reference to agents that neutralize poisons or counteract their effects. Click here for more information.

Cancer Chemo Regimens-FactCheck

A unique chemotherapy reference that provides dosing, administration, dose schedule, and total dose cycle with the primary literature reference for each combination regimen. Click here for more information.

Diabetes Care-FactCheck

Important information on diabetes management and treatment has never been easier to access. Now, you can download this valuable information to your handheld device and refer to it continuously throughout the day. Click here for more information.

TV Push Rates-FactCheck

Provides administration information in adults for agents to be given by rapid administration as a resource to reduce medication errors. This includes the drug name/indication, adult dose, infusion rate, dilution/final concentrations, and the adverse effects from too rapid administration. Click here for more information.

Skyscape Products

The following products are powered by Skyscape's smARTlink™ technology, these applications are available for both PalmOS and WinCE/PocketPC devices.

HerbalIx™ (Drug Interaction Facts: Herbal Supplements & Food)

Organized by herbal product, Drug Interaction Facts: Herbal Supplements and Food allows the health professional to answer consumers' questions regarding safety issues concerning possible drug-herb and drug-food interactions. Click here for more information.

A2zDrugs™ (A to Z Drug Facts)

A2zDrugs™ is the handheld version of A To Z Drug Facts, the easy-to-use drug guide with the latest FDA approvals, indications, dosages, side effects, and patient care considerations. Click here for more information.

iFacts™ (Drug Interaction Facts)

iFacts™ is the handheld version of Drug Interaction Facts, a best selling drug interaction analyzer covering thousands of brand and generic drugs. Click here for more information.

SPECIAL OFFER!

Buy both A2zDrugs™ and iFacts™ together and save \$12.90 off the regular price! Click here to find out more.

GNP3™ (Guide to Popular Natural Products, 3rd Edition)

Guide to Popular Natural Products includes 125 informative monographs

- A radiologist technician student is given an assignment to image an elderly gentleman with a suspected vertebral body fracture.
- ► The patient tells the student that he might have a disease called multiple myeloma.
- The student is interested in learning more about multiple myeloma while the films are being developed and read.

Griffith's 5 Minute Clinical Consult

General Medical Reference (CASE #2)



► Resolution: After viewing plain films, an MRI is ordered to further delineate whether the compression fracture is a result of his suspected myeloma or just a benign compression fracture.



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- ► A nursing student is completing work in the Oncology clinic and reviewing some initial chemotherapy orders for a patient with colon cancer.
- ► The student sees BSA listed as a parameter used to calculate the doses prescribed and is interested in learning more about calculating body surface area.

Archimedes

Free Medical Calculator (CASE #3)



► Resolution: The chemotherapy regimen was corrected for the appropriate BSA.

Medical Software Bundles

- ▶ ePocrates
 - Rx Free drug reference
 - Dx Griffith's 5 Minute Clinical Consult
 - Lab Reference lab information
 - Formulary Formulary information
- Merck Medicus Mobile
 - http://www.merckmedicus.com
 - See next slide

Your Key to the Medical Internet

WHAT'S NEW ON MERCKMEDICUS

WHAT'S NEW on Merck Medicus





♦ WIRELESS ACCESS TO CURRENT MEDICAL RESOURCES



If you are able to browse the internet from your PDA, Smartphone or Blackberry, then you can access resources found on MerckMedicus directly from your handheld device

Use your wireless connection to extend your access to current medical resources from the palm of your hand, including:

- . The Merck Manual, 17th Edition
- · Pocket Guide to Diagnostic Tests
- · MEDLINE Journal Abstracts
- Reuters Medical News
- . The wireless Personal Search Assistant

with more features on the way...

To help you stay ahead of the curve, wireless technology allows you to search resources on the internet, returning the results directly to your handheld device.

If you are a registered user of Merck Medicus and can browse the internet from your PDA, Smartphone or Blackberry, then you're ready to go wireless! Just type in www.merckmedicus.com into your handheld browser and use your Merck Medicus user name and password to gain 24-hour access free of advertising and no access fees. There's nothing new to download or remember!

If you are not a registered Merck Medicus user, just click on Register Now or "Register" at the top of this page. Once registered, use your device to access www.merckmedicus.com and begin to get the information you need.

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MEDLINE by PubMed

G0

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- ➤ Textbooks
- > Journals
- > Mobile MerckMedicus
- ➤ MD Consult MerckMedicus ed.
- > Harrison's Online
- > The Merck Manual, 17th ed.
- > Best Practice of Medicine
- > Drug References
- > CME Course Credits

PATIENT RESOURCES

- ➤ HealthMaps sm
- > Patient Handouts

CLINICAL TOOLS

- ➤ DXplain®
- ➤ TheraDoc®

MY FOLDER



Merck Medicus

Mobile Version featured (Wireless Version also recently released)

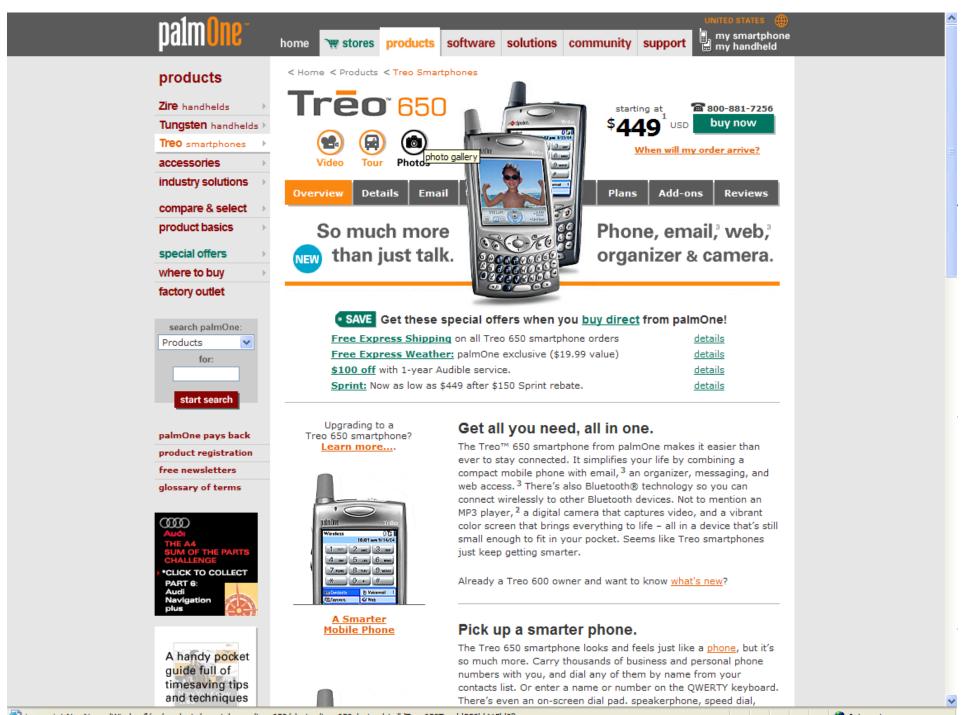


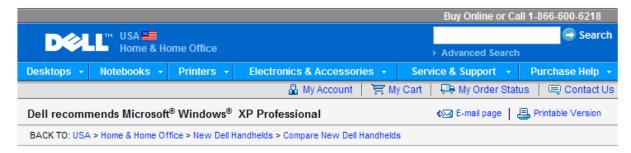
A word about the use of portable medical information...

- ► I never advocate for the information stored on any type of computer to be used as a substitute for clinical judgment.
- ► The practice of medicine is a balance between science, clinical judgment, and practicality.
 - Mobile computer technology can assist all 3.

Interesting Features of PDAs

- ► Phone capabilities:
 - CDMA or GSM/GPRS
 - SMS/MMS messaging
- ▶ Wireless capabilities:
 - Wi-Fi (802.11b)
 - Bluetooth
- ▶ MP3 Player/Portable Media Device
- Camera functionality
- Video capability
- ► Biometric security (iPaq 5455)





Axim[™] X50v Details



Customize Your Ideal Axim

- · Choose from our entire set of features and options
- Prices starting at \$499



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- FREE Shipping on ANY Dell Axim Handheld!
- ▶ Offer Details



Purchase today, Pay in June!1

For well qualified customers. Limited Time Offer!

Product Highlights

Product Views

Tech Specs

The Dell Axim[™] X50v is the ultimate handheld device that delivers performance, connectivity and a brilliant VGA display at an affordable price.

- Microsoft® Windows Mobile™ 2003 Second Edition operating system with Windows Media Player 10 Mobile
- Powered by the Intel[®] XScale[™] PXA270 Processor at 624MHz
- Brilliant 3.7" color TFT VGA display with 640x480 resolution
- Integrated Intel[®] 2700G multimedia accelerator with 16MB video memory
- Integrated 802.11b and Bluetooth[™] Wireless Technologies
- Packed with 64MB SDRAM and 128MB Intel StrataFlash® ROM
- Integrated CompactFlash Type II and Secure Digital / SDIO Now! / MMC card slots provide flexible expansion
- · VGA-Out Support with optional VGA Presentation Bundle
- Removable Primary Battery with optional High Capacity Battery
- · 3.5mm Headphone / Headset Jack for Headsets to support VoIP and voice recognition
- . Built-in microphone and speaker for easy recording on the go
- USB Cradle including Battery Charging Slot
- · Sleek, stylish design

360° Product View

Interactive Axim X50 Tour More Details



Dell's Axim X50v Handheld wins the Best of DigitalLife Award 2004.

More Details

BACK TO: USA > Home & Home Office > New Dell Handhelds > Compare New Dell Handhelds

What else is being done with PDAs?

- ► Large scale
 - Patient Keeper
 - http://www.patientkeeper.com
- ► Small scale
 - Project LARA at CUMC
 - http://pathology.creighton.edu/lara



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Prospective
Mobile Dictation
Prospective
Prescription
Patient Keeper improves
workflow; reduces medical
errors; and gives doctors more
time to spend with patients.

The Power of Mobile Solutions

Now clinicians can access and manage essential information - anywhere, anytime, across disparate information systems. >> LEARN MORE

Latest News

The Department of Medicine at Mount Sinai School of Medicine Selects PatientKeeper's Mobile Charge Capture Solution

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Success Stories Wireless By Design

Health Management Technology January 2005 Cover Story

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PatientKeeper Products

PatientKeeper has invested in infrastructure and application development to deliver integrated solutions that support care teams in a single hospital or across an entire healthcare system.

Enterprise Solutions

Clinical Results



Bring clinical information to the point of care - improve patient safety, simplify workflow, and increase physician and nurse job satisfaction.

Clinical Desktop



Access essential patient information from any wireless tablet or desktop computer - save time, enhance patient care, aggregate data from multiple sources.

Charge Capture



Capture professional services as delivered - increase revenue, improve billing accuracy, and streamline the billing process for clinicians and billing staff.

Mobile Dictation



Record dictation at any time, from any location on a PDA remove errors, streamline workflow, and share patient information with the care team quickly.

ePrescription



Create legible prescriptions on a PDA and forwarded directly to the pharmacy - save time, improve formulary compliance, and enhance patient safety.

Reference Library



Access medical references in the context of a specific patient's relevant data to support clinical decision-making.

PatientKeeper Platform™

Designed specifically for healthcare environments, the PatientKeeper Platform provides an open, extensible infrastructure for integrating, managing, developing, and deploying mobile healthcare applications.

Learn More

Dear Creighton doctors: There's someone we'd like you to meet.



LARA Home Page

Help and Technical Support

Frequently Asked Questions

Supported Devices

LARA (Live Anywhere Record Access) is a system developed by

the Creighton University
Department of Pathology that
connects wireless enabled
handheld devices to the hospital's
information systems. LARA gives
Creighton physicians easy access



to their patients' information anywhere in the hospital without delays.

LARA is free for any physician at Creighton University Medical



Center to use. All it requires is a supported handheld device. Once the device has been set up (see column at right), LARA can be used to lookup patient vital signs, laboratory results, radiology reports, medications (given and ordered), ins and outs, and more! LARA is always up to date, always available and fast.

Come join Samuel Caughron, MD, the developer of LARA, for

an in-depth look at the technology and process by which the system is available. Dr. Caughron will be presenting the Pathology Grand Rounds on Creighton's LARA in the Morrison Seminar Room on Tuesday, December 7th at 12:00 Noon.

How to sign up for LARA

Step 1: Get a compatible device.
Although LARA may be used for free, it requires an 802.11b (Wi-Fi) enabled handheld device. If you already own a handheld, check our list to see if your device is supported. If you do not own a handheld, Pathology recommend the Palm Tungsten C to access LARA.

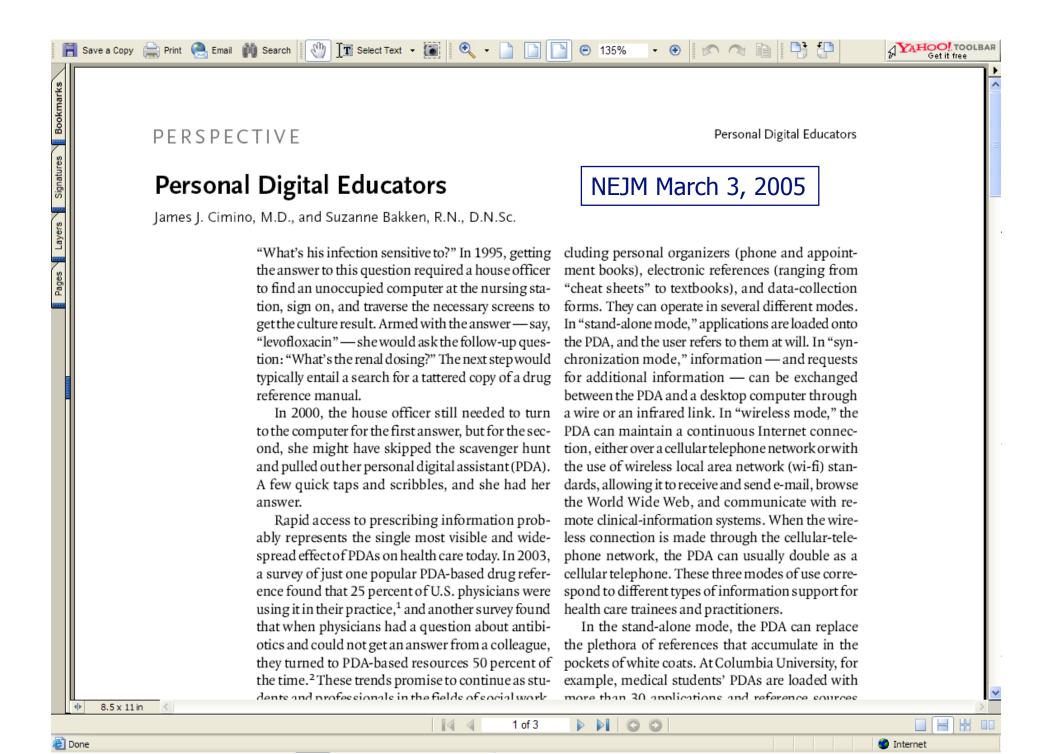
Step 2. Tell us about your device.
Before you can use LARA, your
device will have to be activated for
use on the hospital's wireless
network. This requires us to collect
a small amount of information (ie.
the MAC address). You can either
email it to us yourself, or drop your
device by the Department of
Pathology (Lobby Level) and we'll
get everything set up for you.

Step 3: Start using LARA!

After your compatible device has been activated on the network, it can be used to access LARA.

Review

- ► My Background
- ► Different Platforms: Palm versus Pocket PC
- ▶ Different Devices: Palm versus Pocket PC
 - SmartPhones and Blackberries = competitors
 - "If it's on the web, it's on my device."
- Case Applications featuring software classes
- ► Additional interesting PDA features
- ► More broadscale use of PDAs in healthcare



Comments/Questions

► Thank you very much for inviting me to share with you my knowledge.

- http://www.danielyoung.net
 - Handheld Computing Resources

My "Department Chairs"

