## Mobile Computer Technology in Healthcare

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## Introduction

- Mary Lanning Memorial Hospital
- Financial Disclosure
- Background
- Platforms
$>$ Devices
- Case Applications
> Interesting Features of Handheld Computers
$>$ What is being done in healthcare elsewhere?
- Review/Comments/Questions


## Educational Mission of MLMH

> Mary Lanning Memorial Hospital is a 200 bed, short-term, acute general care facility, designated as a trauma center for south central Nebraska.


- Creighton University School of Nursing
> School of Radiologic Technology


## Financial Disclosure

$>$ I have no direct financial interest in any of the companies or products I will feature or mention in today's presentation.

## Background

> 1999: Medical Informatics elective
> 2000: Started Internal Medicine residency

- 2003: Started Chief Resident year in IM
- 2004: Research Faculty, Nephrology Division
- 2005: Fellow, Washington University


## Mobile Computer Technology

- We've been using "handheld devices" in healthcare for a long time
> Examples: phones, glucometers, stethoscopes, otoscopes, ophthalmoscopes, etc.
> Handheld computer use is relatively "new" to clinical medicine (mid-90s)


## Platforms

- Palm OS
- PalmSource
- Most popular and prevalent software for handhelds and smartphones in the world today
- Windows CE/Pocket PC
- Microsoft Corp.
- Used in Pocket PCs, portable media centers, and smartphones.


## Windows Mobile



Windows Mobile Home
What is Windows Mobile?
Devices
Downloads Help and How To Communities News and Events Partner Offers

## For Developer

For Business
For Mobile Operators
For Press and Analysts
Windows Family



Mobile's Going Places.


We've got the Roadmap. Register Today.
MEDC Notile 8 Embedd
DevCon 2005

Site Map | Worldwide
Welcome to Windows Mobile

## Download

## Great Software

## Windows Mobile software

 delivers the familiar Windows experience on a mobile device.
## $\boldsymbol{*}$ See All Devices

Already a Windows Mobile Owner?

- Find software downloads

Configure your device

- Shop for accessories
- Join a community


## Tips and Tricks

Sync Un With Your Desktop ActiveSync is designed to help you get the most from your Windows Mobile-based device. Learn some of the basics about syncing and where to find more information about ActiveSync.

4 Ways to Store Your Data
Wondering how to store your music, Word files Wondering how to store your music, Word and extra programs? This Tips for Mobile egranfer your files from one storage medium another, and where to buy storage for your another, an Windows Mobie-based device.

Personalize Your Device


Make your device unique - just like you. Change the home screen with a theme, add a ringtone that matches your best friend's
personality, or show off a picture of your dog.

Sending E-mail on Your Smartphone or Pocket PC Phone


## PDA Manufacturers (March 2005)

> Palm Devices

- palmOne

- Pocket PC Devices
- ASUS
- Dell
- HP (Compaq)



## Case Demonstrations of Select Types of Applications

- Although I will feature my favorites, my focus is on the type of software being demonstrated and its educational use.
- I will be using a piece of software called Pocket Controller to replicate my handheld's screen on my laptop for viewing.


## A word about medical software for handheld computers...

- Freeware
- As the name implies
- ePocrates Rx, Archimedes, many others
- More prevalent for the Palm OS
- Shareware/Commercial
- Will ask for or require a fee for use of the app
- Griffith's 5 Minute Clinical Consult, many others
- Equally prevalent between Palm OS \& Pocket PC

CASE \#1

## CASE \#1

- An order was placed to deliver an antibiotic to an elderly woman admitted for urosepsis.
$>$ Prior to administering the (oral) antibiotic, the patient's daughter asks if it will interact with any of the patient's other medications.
>ABX: Levofloxacin Meds: HCTZ, Ramipril, Tums


## ePocrates Rx

Free Drug Reference for Palm and Pocket PC devices (CASE \#1)


## CASE \#1

$>$ Resolution: A call is placed to the ordering healthcare practitioner changing the order to avoid any potential medication errors.

Site Directory efacts
Login for eFacts
About eFacts Online
Product Information Facts and Comparisons Reference Products Product Support PDA Products Licensing 888 Medi-Span
Medi-Span Website Medi-Span Database Products
Medi-Span News
Drug News
News
FDA Information
New Approvals
Special Features
Drug News Update
Medication Guide for
Antidepressants
Drug Information
DrugfactsPlus
Formulary Monograph
Service
Community
Hospital Pharmacy
Advances in Pharmacy
ImmunoFacts
Links
The F.I.X.
Press Releases
Trade Shows
Customer
Information
Customer Support
Company
Site Registration
Career Opportunities Wolters Kluwer Health Scholarship

## Great Products for Your PDA!

## Facts \& Comparisons Products

## Skyscape Products

The following products are available for both PalmOS and WinCE/PocketPC devices.

## Antidotes-FactCheck

Provides pharmacists with a quick reference to agents that neutralize poisons or counteract their effects. Click here for more information.

Cancer Chemo Regimens-FactCheck A unique chemotherapy reference that provides dosing, administration, dose schedule, and total dose cycle with the primary literature reference for each combination regimen. Click here for more information.

## Diabetes Care-FactCheck

Important information on diabetes management and treatment has never been easier to access. Now, you can download this valuable information to your handheld device and refer to it continuously throughout the day. Click here for more information.

## IV Push Rates-FactCheck

Provides administration information in adults for agents to be given by rapid administration as a resource to reduce medication errors. This includes the drug name/indication, adult dose, infusion rate, dilution/final concentrations, and the adverse effects from too rapid administration. Click here for more information.

The following products are powered by Skyscape's smARTlink ${ }^{m m}$ technology, these applications are available for both PalmOS and WinCE/PocketPC devices.

## HerbalIx ${ }^{T m}$ (Drug Interaction Facts:

 Herbal Supplements \& Food)Organized by herbal product, Drug Interaction Facts: Herbal Supplements and Food allows the health professional to answer consumers' questions regarding safety issues concerning possible drug-herb and drug-food interactions. Click here for more information.

## A2zDrugs ${ }^{\text {Tm }}$ (A to $Z$ Drug Facts)

A2zDrugs ${ }^{\text {mo }}$ is the handheld version of $A$ To $Z$ Drug Facts, the easy-to-use drug guide with the latest FDA approvals, indications, dosages, side effects, and patient care considerations. Click here for more information.

## iFacts ${ }^{\text {Tm }}$ (Drug Interaction Facts)

 iFacts ${ }^{T m}$ is the handheld version of Drug Interaction Facts, a best selling drug interaction analyzer covering thousands of brand and generic drugs. Click here for more information.
## SPECIAL OFFER

Buy both A2zDrugs ${ }^{\text {Tm }}$ and iFacts ${ }^{m m}$ together and save $\$ 12.90$ off the regular price! Click here to find out more.

GNP3 $^{\text {m }}$ (Guide to Popular Natural Products, 3rd Edition)
Guide to Popular Natural Products
includes 125 informative monoaraphs

CASE \#2

## CASE \#2

- A radiologist technician student is given an assignment to image an elderly gentleman with a suspected vertebral body fracture.
$>$ The patient tells the student that he might have a disease called multiple myeloma.
$>$ The student is interested in learning more about multiple myeloma while the films are being developed and read.


# Griffith's 5 Minute Clinical Consult 

## General Medical Reference (CASE \#2)



## CASE \#2

$>$ Resolution: After viewing plain films, an MRI is ordered to further delineate whether the compression fracture is a result of his suspected myeloma or just a benign compression fracture.


## CASE \#3

## CASE \#3

A nursing student is completing work in the Oncology clinic and reviewing some initial chemotherapy orders for a patient with colon cancer.
$>$ The student sees BSA listed as a parameter used to calculate the doses prescribed and is interested in learning more about calculating body surface area.

## Archimedes

Free Medical Calculator (CASE \#3)


## CASE \#3

- Resolution: The chemotherapy regimen was corrected for the appropriate BSA.


## Medical Software Bundles

- ePocrates
- Rx - Free drug reference
- Dx - Griffith's 5 Minute Clinical Consult
- Lab - Reference lab information
- Formulary - Formulary information
- Merck Medicus Mobile
- http://www.merckmedicus.com
- See next slide

| $\qquad$ <br> Your Ke |  | Welc | ne \| Sign | \| Reqister What | NEW ON MER | Medicus |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Home | Medical | Professional DEVELOPMENT | $\begin{gathered} \text { Pationt } \\ \text { RESOURCES } \end{gathered}$ | $\begin{gathered} \text { mobile } \\ \text { MERCKMEDICUS } \end{gathered}$ | WhiteCoat <br> e-ASSISTANT | Specialty PAGES |
|  |  |  |  |  |  |  |
| What's NEW on MerckMedicus |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

\% WIRELESS Access to CURRENT MEDICAL RESOURCES


If you are able to browse the internet from your PDA, Smartphone or Blackberry, then you can access resources found on MerckMedicus directly from your handheld device

Use your wireless connection to extend your access to current medical resources from the palm of your hand, including:

- The Merck Manual., 17th Edition
- Pocket Guide to Diagnostic Tests
- MEDLINE Journal Abstracts
- Reuters Medical News
- The wireless Personal Search Assistant


## with more features on the way...

To help you stay ahead of the curve, wireless technology allows you to search resources on the internet, returning the results directly to your handheld device.
If you are a registered user of MerckMedicus and can browse the internet from your PDA, Smartphone or Blackberry, then you're ready to go wireless! Just type in www.merckmedicus.com into your handheld browser and use your MerckMedicus user name and password to gain 24-hour access free of advertising and no access fees. There's nothing new to download or remember!
If you are not a registered MerckMedicus user, just click on Register Now or "Register" at the top of this page. Once registered, use your device to access www.merckmedicus.com and begin to get the information you need.

Explore -

## SEARCH

## MerckMedicus

All of MerckMedicus $\vee$ G0

## Advanced Search

 Search TipgEarn AMA CME
Credits for Search GO
MEDLINE by PubMed

MEDICAL RESOURCES
> Textbooks
> Journals
> Mobile MerckMedicus
> MD Consult -
MerckMedicus ed.
> Harrison's Online
> The Merck Manual, 17th ed.
> Best Practice of Medicine
> Drug References
>CME Course Credits

## PATIENT RESOURCES

> HealthMaps sm
> Patient Handouts
CLINICAL TOOLS
> DXplain 9
> TheraDoc@
MY FOLDER





Presentation resources Center

## Merck Medicus

## Mobile Version featured

(Wireless Version also recently released)


## A word about the use of portable medical information...

$>$ I never advocate for the information stored on any type of computer to be used as a substitute for clinical judgment.

- The practice of medicine is a balance between science, clinical judgment, and practicality.
- Mobile computer technology can assist all 3.


## Interesting Features of PDAs

> Phone capabilities:

- CDMA or GSM/GPRS
- SMS/MMS messaging
- Wireless capabilities:
- Wi-Fi (802.11b)
- Bluetooth
> MP3 Player/Portable Media Device
- Camera functionality
> Video capability
> Biometric security (iPaq 5455)




## Axim ${ }^{\text {TM }}$ X50v Details

sen :


## Customize Your Ideal Axim

Choose from our entire set of features and options
Prices starting at \$499
$\rightarrow$ Customize It

## SPECIAL OFFERS - Click for details.

- $15 \%$ Off Dell Axim Handhelds! With purchase of select Axim Handhelds and software game pack. Limited time offer. + Offer Details
- FREE Shipping on ANY Dell Axim Handheld!
- Offer Details


## Dシ1 <br> Preteres Accoun

Purchase today,
Pay in June! 1 For well qualified customers. Limited Time Offer!

| Product Highlights | Product Views | Tech Specs |
| :--- | :--- | :--- |

The Dell Axim ${ }^{T M} \mathrm{X} 50 \mathrm{v}$ is the ultimate handheld device that delivers performance, connectivity and a brilliant VGA display at an affordable price.

- Microsof ${ }^{\circledR}$ Windows Mobile ${ }^{\text {TM }} 2003$ Second Edition operating system with Windows Media Player 10 Mobile
- Powered by the Intel ${ }^{\oplus}$ XScale ${ }^{T M}$ PXA270 Processor at 624 MHz
- Brilliant $3.7^{\prime \prime}$ color TFT VGA display with $640 \times 480$ resolution
- Integrated Intel ${ }^{\oplus}$ 2700G multimedia accelerator with 16 MB video memory
- Integrated 802.11 b and Bluetooth ${ }^{T M}$ Wireless Technologies
- Packed with 64 MB SDRAM and 128 MB Intel StrataFlash ${ }^{\ominus}$ ROM
- Integrated CompactFlash Type II and Secure Digital / SDIO Now! / MMC card slots provide flexible expansion
- VGA-Out Support with optional VGA Presentation Bundle
- Removable Primary Battery with optional High Capacity Battery
- 3.5 mm Headphone / Headset Jack for Headsets to support VoIP and voice recognition applications
- Built-in microphone and speaker for easy recording on the go
- USB Cradle including Battery Charging Slot
- Sleek, stylish design


## $360^{\circ}$ Product View

© Interactive Axim X50 Tour More Details

## Awards



Dell's Axim X50v Handheld wins the Best of DigitalLife Award 2004

More Details

[^0]
## What else is being done with PDAs?

- Large scale
- Patient Keeper
- http://www.patientkeeper.com
- Small scale
- Project LARA at CUMC
- http://pathology.creighton.edu/lara


## We Make Healthcare Mobile



## PatientKeeper Products

PatientKeeper has invested in infrastructure and application development to deliver integrated solutions that support care teams in a single hospital or across an entire healthcare system.

Enterprise Solutions

## Clinical Results

Bring clinical information to the point of care-improve patient safety, simplify worklow, and increase physician and nurse job satisfaction.

## Clinical Desktop

Access essential patient information from any wireless tablet or desktop computer - save time, enhance patient care, aggregate data from multiple sources

## Charge Capture

 당Capture professional services as delivered - increase revenue, improve billing accuracy, and streamline the billing process for clinicians and billing staff.

## Mobile Dictation

Record dictation at any time, from any location on a PDA remove errors, streamline workflow, and share patient information with the care team quickly.
ePrescription
Create legible prescriptions on a PDA and forwarded directly to the pharmacy - save time, improve formulary compliance, and enhance patient safety.

## Reference Library

- 

Access medical references in the context of a specific patient's relevant data to support clinical decision-making

## PatientKeeper Platform ${ }^{\text {TM }}$

Designed specifically for healthcare environments, the PatientKeeper Platform provides an open, extensible infrastructure for integrating, managing, developing, and deploying mobile healthcare applications.

## Learn More

## Dear Creighton doctors:

## There's someone <br> we'd like you to meet.



| LARA Home Page | Help and Technical Support | Frequently Asked Questions | Supported Devices |
| :---: | :---: | :---: | :---: |

## LARA (Live Anywhere Record Access) is a system developed by

the Creighton University
Department of Pathology that connects wireless enabled handheld devices to the hospital's information systems. LARA gives


Creighton physicians easy access
to their patients' information anywhere in the hospital without delays.
LARA is free for any physician at Creighton University Medical
 Center to use. All it requires is a supported handheld device. Once the device has been set up (see column at right), LARA can be used to lookup patient vital signs, laboratory results, radiology reports, medications (given and ordered), ins and outs, and more! LARA is always up to date, always available and fast.

Come join Samuel Caughron, MD, the developer of LARA, for an in-depth look at the technology and process by which the system is available. Dr. Caughron will be presenting the Pathology Grand Rounds on Creighton's LARA in the Morrison Seminar Room on Tuesday, December 7th at 12:00 Noon.

How to sign up for LARA
Step 1: Get a compatible device. Although LARA may be used for free, it requires an 802.11 b (Wi-Fi) enabled handheld device. If you already own a handheld, check our list to see if your device is supported. If you do not own a handheld, Pathology recommend the Palm Tungsten C to access LARA.

Step 2. Tell us about your device. Before you can use LARA, your device will have to be activated for use on the hospital's wireless network. This requires us to collect a small amount of information (ie. the MAC address). You can either email it to us yourself, or drop your device by the Department of Pathology (Lobby Level) and we'll get everything set up for you.

## Step 3: Start using LARA!

 After your compatible device has been activated on the network, it can be used to access LARA.
## Review

- My Background
- Different Platforms: Palm versus Pocket PC
- Different Devices: Palm versus Pocket PC
- SmartPhones and Blackberries = competitors
- "If it's on the web, it's on my device."
-Case Applications featuring software classes
- Additional interesting PDA features
- More broadscale use of PDAs in healthcare



## Comments/Questions

- Thank you very much for inviting me to share with you my knowledge.
-http://www.danielyoung.net - Handheld Computing Resources


## My "Department Chairs"




[^0]:    BACK TO. USA $>$ Home \& Home Office $>$ New Dell Handhelds $>$ Compare New Dell Handheld

