WHEN LOOKING FOR HEALTH INFORMATION ON THE INTERNET, MAKE SURE TO CHECK THE FOLLOWING:

➤ Authority:
Know who created the website.
Is contact information provided?

➤ Accuracy:
Is the information correct?
Can you verify the information source?

➤ Currency:
When was the page last updated?

➤ Coverage:
Is the material complete?
Are references provided?

➤ Objective:
Is the website trying to sell something?
Are they simply providing information?

Generally sites with the following endings are objective sites:
- .gov  government
- .edu  educational
- .org  organizational

Sponsors:

**Durango Public Library**
(970) 385-2970
http://durangopubliclibrary.org

**Fort Lewis College Library**
(970) 247-7551
http://library.fortlewis.edu

**Mercy Medical Center**
(970) 382-1347
http://mercydurango.org/library/libhome.html

This webpage was made possible through the support of the MidContinental Region of the National Network of Libraries of Medicine of the National Library of Medicine. The purpose of this webpage is to reach the community of southwestern Colorado and the Native Americans in the Durango area.

Phone: 970-247-7551
Online Consumer Health Resources Website: http://library.fortlewis.edu/consumerhealth

Websites from CAPHIS:
(Consumer Patient Health Section of the Medical Library Association)

Topics include ...
- General Health
- Men's Health
- Women's Health
- Parenting & Kids
- Seniors' Health
- Specific Health Problems
- Drug Information

Other National Health Sites:
- CAPHIS Other Links
- Evaluate Doctors & Hospitals
- FDA Free Brochures
- Government & Health Organizations
- Hospice Web
- NOAA Health Topics
  (New York Online Access to Health)
- MEDEM: an information partnership of medical societies
- National Support Groups
- U.S. Department of Health and Human Services: Indian Health Services

Other Web Links:

Local Links
- Durango Cancer Center
- Durango Public Library
- San Juan Basin Health Department
- Tribal Health Connections - Four Corners Health Links

Colorado Links
- The Child Health Plan Plus
- Coalitions for Medically Underserved
- Colorado Cancer Resource Guide
- Colorado Department of Public Health and Environment: Health Topics & Vital Statistics
- Colorado Family & Wellness
- Colorado Health Sites
- Colorado Health Associations
- Mercy Medical Center Patient Education
- Parent Information & Resource Center
- Planned Parenthood of the Rocky Mountains
- Resource & Referral Agencies
- Senior Answers Senior Health Insurance Assistance

Full-text Journals & Books
- Full Text Online Journals
- E-Books

Consumer Health Databases
- MedlinePlus
  Also available...
  - In Spanish
  - Interactive Tutorial - In both English & Spanish
- Cancerlit
- Dirline: Support Groups
- HealthFinder
- National Center for Complementary & Alternative Medicine
- TOXTOWN

Questions?
Visit the web site!
http://library.fortlewis.edu/consumerhealth/