

NN/LM Interim/Quarterly Project Report

Report ID:

Award Type: Subcontractor ≥ \$20,001 Project

Region: MIDCONTINENTAL

Contract Number: HHS-N-276-2011-00006-C

Project Title: **Youth Mental Health Outreach (Library Partnership with Sevier County School District)**

Name of Organization: **Richfield Public Library**

Mailing Address:

City: Richfield

State: UT

Zip Code: 84701 - 0000

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Reporting Period Covered: **15-OCT-2015 - 15-JAN-2016**

Project Date: 15-MAY-2015 - 30-APR-2016

Extended Project End Date (if applicable):

Date Submitted: 19-JAN-2016

Special Funding Initiative: Yes

Executive Summary

We continue to do weekly outreach programs on mental health to CUYC (Central Utah Youth Corrections). We have also been working on a family mental health dialogue program on Resiliency - "Bouncing Back" which will be co-facilitated by two local mental health professionals. Work moves forward on the curricula and activities which will be presented at monthly family discussion meetings to be held at the library. We will be providing participants with relevant resources which will help in recovery from traumatic events such as domestic violence and the aftermath of suicide, including referrals to NLM resources.

Description of Progress Toward the Project's Major Objectives

Collaboration continues with the local School district, mental health, Richfield Residential Hall, and CUYC. We received curriculum from the US Dept of Defense (Army Reserve) which provides discussion topics on Resilience (for suicide prevention). We are working to modify these materials so they will work with youth and families involved in the project. We are starting a parent/infant program this month called "Bouncing Baby Bach" and we will be using some of the resources from NLM and other organizations to feature the latest brain research for infant and newborn development.

Evaluation Activities

For the CUYC outreach program, we have difficulty with evaluation because participants may only be there for a couple of weeks. For upcoming programs, we will do before and after surveys of the participants in the Resiliency program to see if they feel more informed about available resources. For the parents who participate in "Bouncing Baby Bach" we will do informal before and after surveys of parents to assess knowledge of available resources.

Other

Problems/Barriers Encountered: We have not been using the projector as much as we had anticipated. We will be family programs, including the Resiliency program.