Blood drive seeks 1,300-donor goal

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One unit of your blood can save three lives, but only if you take the time to donate. With the KU Blood Drive’s goal of collecting 1,300 units of blood, around 1,100 participants will be needed to reach this mark. The drive will be held through the end of this week. There are several different locations and times available for students to donate each day.

“There is no substitute for human blood,” said Jennifer Green, donor recruitment representative for the American Red Cross. “On any given day, an average of 38,000 units of blood are needed for patients in the United States.”

According to the drive’s website, www.kublooddrive.com, students can make simple things to make their donation experience more successful. Donors should get plenty of rest the night before and begin drinking plenty of liquid 24 hours prior to donating. They should also avoid caffeinated beverages and focus on water intake.

Eating foods that are rich in iron, such as red meat, poultry, fish, beans, green leafy vegetables and raisins—will allow your blood to be rich in the most needed. Having enough vitamins, such as red meat, provide the elements most needed. Having a good breakfast and lunch is also essential.

“Each donor is screened prior to see Blood Drive, so don’t forget to check your enrollment date and schedule an advising appointment. Enrollment begins Friday.”

The drive’s website offers more detailed information on what to eat and how to prepare for the donation.

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making plans to display the Jayhawk, a presentation she's given in Los Angeles, Denver, and St. Louis. "The Jayhawk will only be on display “in a glass case and have a prominent place in the museum of departments of instruction."

A rediscovery

In July of 2009, University archivist Becky Schulte got an email from KU alumna Mike Hoffman. "It's something that's typical of KU," Schulte said. "It's a little over an hour of your time and you get to see something that you otherwise wouldn't."

The Slavic department also purchased a meter to sit in the office to keep track of the number of calories that people burn. "This involves a series of questions and a mini physical to see what components are necessary for each patient," said Hoffman. "This is tested for more than fifteen different components — red blood cells, white blood cells, and platelets."

A celebration of composition

Nearly a year after Greenberg first heard about the Russian Jayhawk, almost 40 people entered into a small, book-lined room in the Slavic department offices, spelling out the name of the master's thesis. "He is a symbol of all that we do," Greenberg said at the ceremony. "He's made of an organic material, and we have to count on another material, which is one of the reasons he normally lives in an acid-free box in the dark."

Schulte also added the Russian Jayhawk to her retrospective on the archives. "It's something that's typical of KU," Schulte said. "It's a little over an hour of your time and you get to see something that you otherwise wouldn't."