

# The Relationship Between Community Networks and Population-Level Outcomes

Teri A. Garstka, Ph.D., Michaela Bonnett, MPH, Meaghan Kennedy, MPH, Jasmine Fernandez, MQM, & Randi Harms, MA

#### **Tech-Enabled Community Resilience**

Our social contract in a resilient community is that we cooperate for the public good and in turn, are able to rely on our network of neighbors, social organizations, and civic institutions when needed.



# **Community Resilience**

#### **Tech-Enabled Community Resilience**

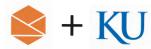
- **Community as a Network**: "Community resilience is used to describe the interconnected network of systems that directly impact human society at a grassroots community level, including the socioeconomic, ecological, and built environments." (Clements & Casani, 2016)
- Community Resilience as a Process: Community resilience is a dynamic ecosystem process linking a network of adaptive capacities (resources with dynamic attributes) to adaptation after a disturbance or adversity (Norris et al. 2008).



### **Social Care Networks & Resilience**

#### **Tech-Enabled Community Resilience**

- **Social care networks:** Formal or informal community or regional partnership of cross-sector organizations in medical care, public health, social services, and other systems. Designed to coordinate, collaborate, share resources, and/or exchange information to refer individuals to services.
- Social Care Networks to Enhance Resilience: The dynamic process underlying the interconnectedness of social care networks is a key factor in how communities respond to emerging needs, opportunities, and crises.



### **Social Care Networks & Collaboration**

#### **Tech-Enabled Community Resilience**

- Health Equity & Access: Resilient communities are often accompanied by a strong network of providers and organizations dedicated to collaboratively solving issues related to equitable access to services and resulting outcomes (Corbie-Smith et al, 2019; DeFosset et al, 2023; Gundacker et al, 2020; Hamer & Mays, 2020; Hardin et al 2020).
- Systematic Review: Found "little convincing evidence to suggest that collaboration between local health care and non-health care organizations improves health outcomes" (Alderwick, et al, 2021.)



### **Network Powered Collaboration**

#### **Tech-Enabled Community Resilience**

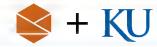
- Complex Adaptive Systems: We conceptualize social care networks as complex adaptive systems in a community (Anderson, 1999; Benham-Hutchens & Clancy, 2010; Hillman, Withers, & Collins, 2009).
- **Resilient and Responsive:** The adaptive nature of these networks allows communities to collectively contribute to emergent community-level changes and access a more diverse pool of resources to address community needs.
- **Emergent and Non-Linear**: Community-level changes emerge from the interactions of different nodes in the network; dynamic relationships and change are non-linear.



### **Network Powered Collaboration**

#### **Tech-Enabled Community Resilience**

- Collective Efforts & Coordinated Action: Diverse agents within these networks can achieve significant community-level changes that are greater than the sum of individual efforts.
- Holistic Approach to Systems Change: By leveraging the interconnected nature of various sectors, social care networks can address complex, multifaceted issues that single organizations might struggle with alone.
- **Resilience in Context**: During COVID-19, many communities saw rapid adaptation and cooperation among health services, social services, and community organizations to meet emergent needs.

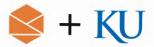




#### **Tech-Enabled Community Resilience**

- Social care networks are designed to have improved access to services in a community and connect individuals to social and behavioral supports to thrive in times of need.
- From a population health perspective, social care networks are best positioned to influence community Health Factors (health behaviors, care access, and social/economic) as indicators of future community health\*.

 $<sup>^{</sup>f *}$ University of Wisconsin Population Health Institute. County Health Rankings & Roadmaps 2024. www.countyhealthrankings.org.



#### **Tech-Enabled Community Resilience**

- Unlike previous research on social care collaborations, we quantified the strength and cohesion of the network as a complex adaptive system and as a key driver of community-level change.
- We conducted network analysis using service referral interaction data between cross-sector organizations in each network to derive network cohesion metrics.
  - Median Closeness Standardized centrally positioned efficient nodes
  - Global Clustering Coefficient many locally connected nodes, tight clusters of highly connected neighbors

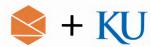


#### **Tech-Enabled Community Resilience**

- A large population of social care networks in our study allowed us to statistically test group differences in community-level health factors over time as a function of network connectedness and cohesion.
- We used a **Difference-in Difference** method to test the following hypothesis against the null:
  - Hypothesis: Stronger, more interconnected social care networks will positively affect social and behavioral factors related to health outcomes, compared to weaker, less connected networks.



# **Methods**



# **Design & Methods**

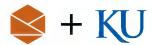
#### **Tech-Enabled Community Resilience**

Design: Non-equivalent Groups Design

• **Study Period**: Jan 1, 2020 - Dec 31, 2022

Context: COVID

• Analysis: Difference-in-Differences (DiD) Linear Regression



# **Study Population**

#### **Tech-Enabled Community Resilience**

• Sample Size: 44 counties in 4 US States served by 22 social care networks



#### Cross-Sector Partners

- Behavioral Health
- Concrete Supports
- Developmental Disabilities Resource Navigation
- · Early Childhood
- · Maternal & Child Health
- Health & Public Health
- Family Support
- Education
- Housing
- · Crisis response, public safety



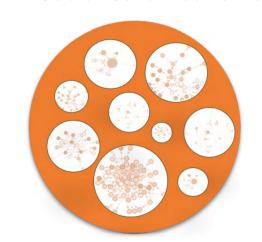


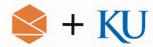
# **Study Population**

#### **Tech-Enabled Community Resilience**

	Mean (sd)	Min - Max
Nodes	37.2 (20.4)	6 - 125
Edges	86.9 (89.1)	4 - 563
Triangles	64 (114.0)	1 - 3
Diameter	4.27 (.76	2 - 6
Network Age (Months)	31.85(18.9)	14.3 - 70.8

22 Social Care Networks

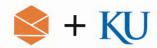




### **Data Sources**

#### **Tech-Enabled Community Resilience**

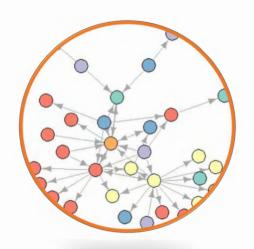
- Network Data: Service referral data between organizations in each social care network collected from the same technology software between Jan 1, 2022 and Dec 31, 2022
- Community-level Health Data: Standardized county-level data on health factors and outcomes (University of Wisconsin Public Health Institute, 2023) matched by county in each network



# **Measures: Network Grouping**

#### **Tech-Enabled Community Resilience**

- Independent Variable: Overall Network Cohesion measured by standardized closeness centrality & global clustering coefficient
- Predictor Group:
  - 0 (Networks < 50% of mean on both metrics)
  - 1 (Networks > 50% of mean on both metrics)
- Covariates: Network Age (months), Baseline Community Health Oucomes

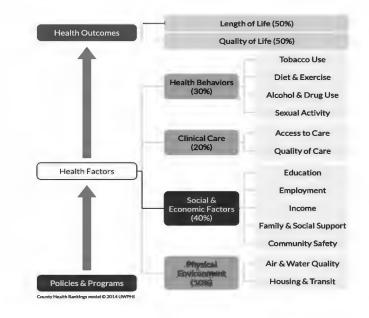




# **Measures: Community Health Factors**

#### **Tech-Enabled Community Resilience**

- Dependent Variables: Standardized community Health Factors
  - Health Factors (composite)
  - Health Behaviors
  - Clinical Care
  - Social & Economic Factors
- Event Factor (Time)
  - Time 0: 2020 2021
  - o Time 1: 2022





# **Analysis**

#### **Tech-Enabled Community Resilience**

- Difference-in-Difference Test for Non-equivalent Groups
  - Isolate the effect of an event (in this case, the passage of time) by comparing the changes in outcomes between two groups over time.
     It statistically removes bias from pre-existing group differences by leveraging the pre-test data.
- Generalized Linear Model Estimating Equations for each Dependent Variable
  - Y= $\beta$ 0+ $\beta$ 1·Group+ $\beta$ 2·Time+ $\beta$ 3·(Group·Time)+ $\epsilon$
  - Covariates: Network Age, Baseline Community Health Outcome



# **Results**



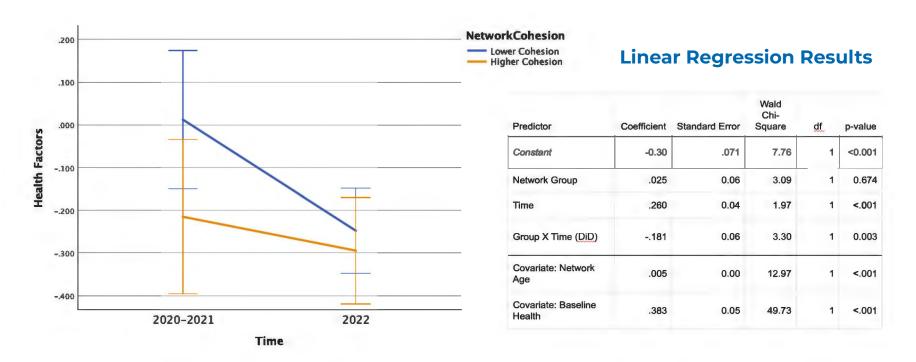
### **Summary Results**

#### **Tech-Enabled Community Resilience**

- Strong COVID Effect Negative Intercept coefficient; As anticipated, every health factor significantly declined over time
- Network Cohesion Significant Predictor of Community-Level Health Factor Changes - Difference-in-Difference (Group X Time) test was significant for every dependent variable
- **Highly Cohesive Networks Mitigated the Negative Effects of COVID** communities with cohesive networks were protected against steep declines experienced by those with less cohesive social care networks

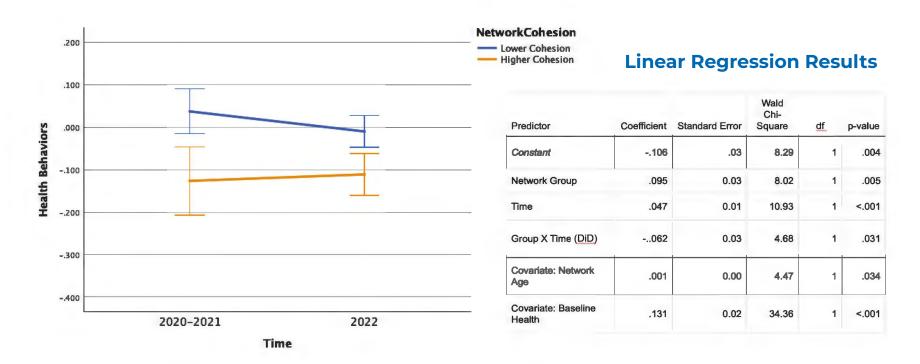


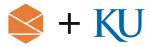
# **Health Factors Composite**



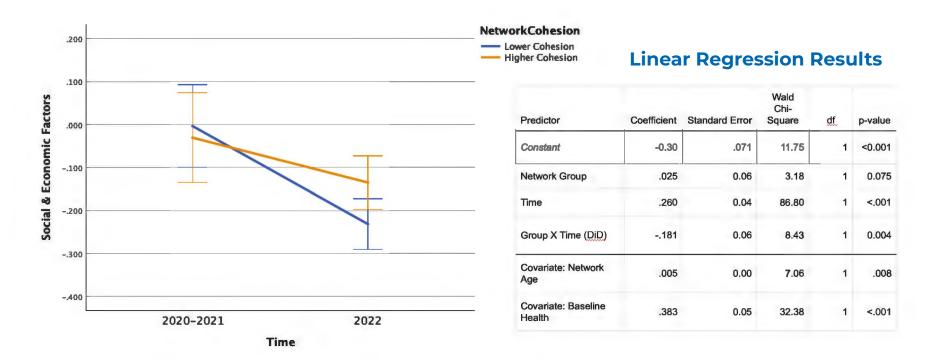


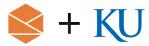
### **Health Behaviors**



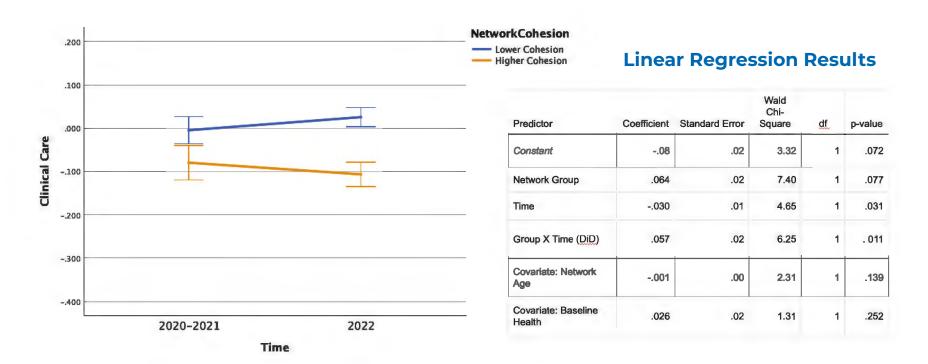


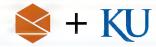
### **Social & Economic Factors**





### **Clinical Care**





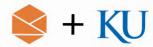
# **Conclusions**



### **Conclusions**

#### **Tech-Enabled Community Resilience**

- This study examined the relationship between social care network cohesion and community-level health factors, hypothesizing that stronger, more interconnected networks positively affect these factors.
- Social care networks are key to community resilience, yet little evidence suggests that collaboration between health care and non-health care organizations improves health outcomes.
- A difference-in-difference analysis found that **network cohesion was a** significant predictor of community-level health factor changes, mitigating the negative effects of COVID-19.



### **Conclusions**

#### **Tech-Enabled Community Resilience**

- Network analysis is better suited to quantifying resilience in a community ecosystem and allows for a better understanding of what influences outcomes at the community-level.
- Community resilience is a dynamic process that describes a network of adaptive capacities that impact human society and allow it to adapt after adversity and take advantage of opportunities (Garstka & Kennedy, 2023; Norris et al, 2008).



#### **Future Resilience and Impact**

From here, we can use a structured ecosystem approach to identify and test interventions that more effectively enhance community resilience and optimize impact.

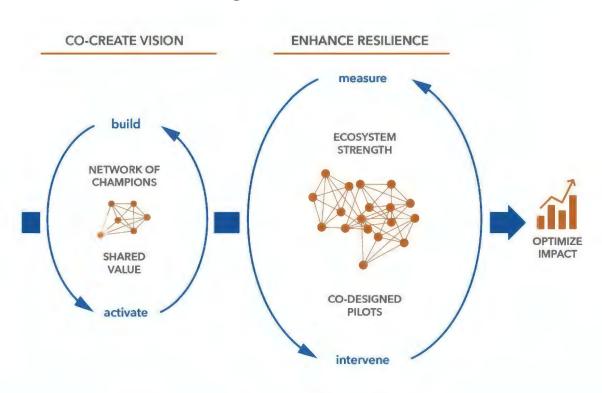
This is Tech-Enabled Community Resilience.



# **Tech-Enabled Community Resilience**

The Model

Our **social innovation** model provides a foundational dynamic ecosystem approach to enhancing resilience and optimizing impact and equity for all (Kennedy, Garstka, & Bonnet, 2024)





Teri Garstka, PhD University of Kansas Social Innovation Lab garstka@ku.edu



Michaela Bonnett, MPH Orange Sparkle Ball michaela@ orangesparkleball. com



Meaghan Kennedy, MPH Orange Sparkle Ball mbk@ orangesparkleball. com



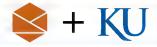
Jasmine Fernandez
MQM
Orange Sparkle Ball
jasmine@
orangesparkleball.
com



Randi Harms, MA
University of Kansas
Center for Public
Partnerships &
Research
randiharms@ku.edu



Social Innovation Lab



Citation: Garstka, T.A, Bonnett, M., Kennedy, M., Fernandez, J., & Harms, R. (2024, June 25). *The Relationship Between Community Networks and Population-Level Outcomes* [Conference Talk]. Sunbelt 2024: Networks and Resilience, Edinburgh, Scotland.



### References

#### The Relationship Between Community Networks and Population-Level Outcomes

Alderwick H, Hutchings A, Briggs A, Mays N. (2021). The impacts of collaboration between local health care and non-health care organizations and factors shaping how they work: a systematic review of reviews. *BMC Public Health*, *Apr 19;21(1):753*. doi: 10.1186/s12889-021-10630-1. PMID: 33874927; PMCID: PMC8054696.

Anderson, P. (1999) Perspective: Complexity Theory and Organization Science. Organization Science 10(3):216-232.

Benham-Hutchins, M., Clancy, T.R. (2010). Social Networks as Embedded Complex Adaptive Systems. *JONA: The Journal of Nursing Administration 40*(9):p 352-356, DOI: 10.1097/NNA.0b013e3181ee42bc

Clements, B. W., & Casani, J. (2016). Disasters and public health: planning and response. Butterworth-Heinemann.

Corbie-Smith G., Hoover, S.M., & Dave, G. (2019). Connecting dots to bridge the health disparities gap: Implementation of a scalable electronic medical record-integrated community referral intervention at the clinic visit. *American Journal of Public Health*, 109(4), 531-533.



### References

#### The Relationship Between Community Networks and Population-Level Outcomes

DeFosset, A.R., Barragan, N.C., Green, G., Morrison, J.L., & Kuo, T. (2023). Building bidirectional referral and communication pathways across the community-clinic divide: Experiences from a systems informed innovation project in Los Angeles. *Healthcare*, *11(1)*, <a href="https://doi.org/10.1016/j.hjdsi.2022.100671">https://doi.org/10.1016/j.hjdsi.2022.100671</a>

Garstka, T., & Kennedy, M. (2023, May). *Tech-Enabled Community Resilience* [Conference Presentation]. Good Tech Fest, Washington, DC.

Gundacker, C. L., Stadter, G., Burghardt, A., & Willis, E. (2020). Fostering Multi-Sector Collaboration Around Social Determinants of Health. *Pediatrics*, *146* (Meeting Abstract). <a href="https://doi.org/10.1542/peds.146.1MA6.576">https://doi.org/10.1542/peds.146.1MA6.576</a>

Hamer, M.K., & Mays, G.P. (2020). Public health systems and social services: Breadth and depth of cross-sector collaboration. *American Journal of Public Health, 110*, S232\_S234, <a href="https://doi.org/10.2105/AJPH.2020.305694">https://doi.org/10.2105/AJPH.2020.305694</a>

Hardin, L., Trumbo, S., & Wiest, D. (2020). Cross-sector collaborations for vulnerable populations reduces utilization and strengthens community partnerships. *Journal of Interprofessional Education & Practice, 18*, <a href="https://doi.org/10.1016/j.xjep.2019.10029">https://doi.org/10.1016/j.xjep.2019.10029</a>



### References

#### The Relationship Between Community Networks and Population-Level Outcomes

Hillman, K., Chen, J, & May, E. (2009). Complex intensive care unit interventions. *Critical Care Medicine*, *37(1)*:p S102-S106, January 2009. | DOI: 10.1097/CCM.0b013e3181920f18

Kennedy, M.B., Bonnett, M., & Garstka, T.A. (2004). *A Model for Tech-Enabled Community* Resilience [Conference Talk] Sunbelt 2024: Networks and Resilience, Edinburgh, Scotland.

Norris, F.H., Stevens, S.P., Pfefferbaum, B. Wyche. K.F., & Pfefferbaum, R.L. Community Resilience as a Metaphor, Theory, Set of Capacities, and Strategy for Disaster Readiness. *American Journal of Community Psychology, 41*, 127–150 (2008). <a href="https://doi.org/10.1007/s10464-007-9156-6">https://doi.org/10.1007/s10464-007-9156-6</a>

University of Wisconsin Population Health Institute. *County Health Rankings & Roadmaps 2024*. www.countyhealthrankings.org.