EXAMINING READING-RELATED TEACHER EDUCATION AMONG TEACHERS OF STUDENTS WITH LEARNING DISABILITIES IN SAUDI ARABIA

By

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ABSTRACT

The purpose of this study was to examine the relationship between reading-related training (university courses and professional development beyond university training) and the implementation of reading instruction among teachers of students with LD in Saudi schools. A survey was sent to both male and female teachers of students with LD (N = 2158) in Saudi schools, asking them about their demographic information, reading-related courses, reading-related professional development activities, and their implementation of reading instruction in their classroom. A multiple regression analysis was conducted to examine the correlation between teachers' reading-related training and their implementation of 17 reading practices for students with LD. The results indicated that teachers' reading-related training was significantly related to their implementation of ten reading practices. The implications and recommendations for future research, policy, and practice are discussed.

DEDICATION

To my father, Khalaf Alzahrani, for reinforcing the necessity of education in my life. You raised me to be imperturbable.

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CHAPTER I

INTRODUCTION

Literacy is a critical skill, in that it inspires and enables individuals to clearly see their world, which encourages educators to strive to promote literacy among their societies. Literacy can be defined as the ability to read and write or acquire a specified knowledge related to a certain subject (Gee, 1989). The power and importance of literacy is not only related to the ability to become literate but its long-lasting effects on individuals as well as societies (Bruce, 2004). In other words, literacy can positively transform societies educationally, professionally, civically, culturally, and economically.

Literacy does not only benefit societies by enabling them to have unique features. Literate societies reform themselves by themselves (Goody & Watt, 1963), meaning change comes from inside these societies. These societies are also independent (Kaestle, 1985), so they are able to solve their challenges and problems through acquired and shared knowledge. These characteristics, therefore, empower these societies to maintain their economic growth, reduce their poverty level, decrease the crime rate, encourage democracy, increase civic engagement, prevent diseases, and promote cultural diversity.

At the individual level, literacy has a plethora of academic and social benefits. Literacy enables individuals to think critically (Goody & Watt, 1963), meaning they can think logically and rationally and understand the connections between ideas. It enhances comprehension-extracting meaning from text (Scribner, 1984), which plays a strong role in academic accessibility (Eisenchlas, Schalley, & Guillemin, 2013). Literacy also affects knowledge acquisition, belief systems, cognitive processes, and reasoning (Stanovich & Cunningham,

1992). It empowers individuals to improve their language and thoughtfully articulate and express their ideas (Scribner, 1984). Literate individuals are able to access supportive resources (Stanovich & Cunningham, 1992), which ultimately increases their chances of effective competition in their society (Eisenchlas et al., 2013). Literacy enhances social engagement (Scribner, 1984) and enables individuals to fully participate in the society (Snell, 2008). The aforementioned benefits of literacy, consequently, make literate people effective contributors, confident individuals, and responsible citizens.

Given the criticality of literacy, some countries have raised concerns related to their citizens' literacy, especially school age students. In Saudi Arabia, for instance, educators and parents have been disturbed by school students' literacy performance, especially when it comes to reading. In 2011, 35% of primary and 53% of secondary students in Saudi Arabia did not meet the basic literacy learning level as assessed by the PIRLS assessments (Mullis, Martin, Foy, & Drucker, 2012). In 2015, Saudi Arabia was ranked among the least four countries in science achievement (Kena et al., 2015). In 2011, Saudi fourth grade students performed below PIRLS Scale Centerpoint (500), with an average scale score of 430 (Mullis et al., 2012). These troubling statistics, related to students' literacy and reading achievement, have encouraged the government of Saudi Arabia along with Saudi Ministry of Education to intervene through two main projects: *Tatweer* and *2030 Vision*.

A notable project established to develop education in Saudi Arabia was *The King Abdullah Bin Abdul Aziz Public Education Development Project*, which is most commonly referred to as *Tatweer* (development). The Saudi government spent roughly 21 billion dollars to launch this project in 2014. The aim of this program is to reform several aspects of the Saudi education system by focusing on students' literacy, especially reading skills, developing schools and curricula, building research centers, enhancing teachers' practices through professional

training, and improving special education services (Alyami, 2014; Tatweer, 2015). In addition to *Tatweer* project, the new *2030 Vision* was approved and announced in June 2016. The main goal of this vision is to decrease Saudi Arabia's dependency on oil (Al Surf & Mostafa, 2017) by focusing on economic, social, and educational development of the country. This vision also intends to restructure and reform the Saudi education curriculum in order to improve teachers' performance and students' academic and social outcomes (Al-Zahrani & Rajab, 2017).

The establishment of *2030 Vision* and *Tatweer* projects has promoted the overall development of the Saudi education system, its schools, and special education as well. Special education for students with disabilities has been a primary focus of Saudi Arabian education reform (Battal, 2016). New policies regarding the education of students with disabilities, such as Rules and Regulations of Special Education Programs (RRSEP) (Aldabas, 2015), guaranteed access to academic accommodations, special transportation, access to higher education, and many other resources. As a result of RRSEP, students with disabilities, specifically students with learning disabilities (LD) in reading, writing, or mathematics, are able to access public schools. It should be noted that LD is the only disability category included in general education classrooms, but they still receive special education services in a pullout program.

Conceptual Framework

Orthographic, phonological, morphological, and semantic knowledge enable readers to read words in any language. The characteristics of any language affect the way readers access and understand words. Simply, effective reading entails knowledge of letters, sounds, and meaning of words (Al Ghanem & Kearns, 2015). When it comes to Arabic, a Semitic language with unique alphabetic and linguistic characteristics, there is limited knowledge of how these processes and language characteristics contribute to children's reading development (Al Ghanem & Kearns, 2015). Understanding how readers use orthographic, phonological, and morphological

information to read Arabic can enable researchers to develop and improve reading instruction. However, Al Ghanem and Kearns (2015) indicated that research related to Arabic reading skills is extremely limited. Most reading research utilized in Saudi Arabia teacher preparation is translated from English, and reflects how children learn to read in English, with its orthographic, phonemic, and phonetic complexities. This research informs Saudi teacher education programs, given most faculty members attained their degrees in English speaking countries, such as America, Britain, and Australia. Comparing English and Arabic languages' characteristics, therefore, can distinctly uncover the extent in which English-based reading strategies are applicable to Arabic readers.

Arabic and English orthographic characteristics. Orthographic skills comprise of both orthographic processing, "the ability to form, store, and access orthographic representations" (Stanovich & West, 1989, p. 404); and orthographic knowledge, the declarative knowledge of "the unique array of letters that defines a printed word, as well as general aspects of the writing system such as sequential dependencies, structural redundancies, letter position frequencies, and so forth" (Vellutino, Scanlon, & Tanzman, 1994, p. 314). The commonalities and differences between Arabic and English orthographies are highlighted in the next lines.

Both Arabic and English are alphabetic languages, meaning they use letters to represent sounds. However, Arabic language reads from right to left, while English reads from the left to right. Arabic sentences can either include: subject-verb-object or verb-subject-object, while English sentences should contain subject-verb-object. Arabic language consists of 28 basic letters and three additional letters (δ and $, \epsilon, \omega$). Three of the basic letters (l, ω , and ω), which are called elongation letters can either: (1) represent consonant or long vowel sounds and (2) appear between the letters' consonantal roots.

English language, on the other hand, consists of 26 letters that represent 44 sounds. Five of these letters represent the long vowels: a, e, i, u, o (Venezky, 1999). English letters can be capital and small (e.g., A and a). In certain situations, letters are always capitalized, such as first letter of the first word of the sentence or proper nouns (i.e., cities, people's names). On the other hand, most Arabic letters have four different forms, and the form of letters is based on where they fall within a given word. The letters, which look similar, are divided into categories based on their basic letter shapes; these letters can be distinguished by having dots above, under, or in the letter (Al Ghanem & Kearns, 2015).

Short vowels in English are represented through letters (e.g., a in apple). Arabic short vowels, however, are represented through diacritic marks, and they differ in regards to their function, distribution, and form. They are used to indicate the elongation of consonant and vowel and provide grammatical and syntactic information; therefore, they change the word meaning, the part of speech, and the verb tense, and the form of the word (Elbeheri & Everatt, 2007; Mahfoudhi, Elbeheri, Al-Rashidi, & Everatt, 2010; Taibah & Haynes, 2011; Taouk & Coltheart, 2004). In addition, vowel digraphs in English (e.g., oi in oil; ee in sheep), meaning two letters that spell or represent one sound (Ehri, Nunes, Stahl, & Willows, 2001; S. Stahl, Duffy-Hester, & K. Stahl, 1998), do not exist in Arabic. In Arabic, one long vowel plus a diacritic mark make one sound (e.g., j) pronounced /wa/. Furthermore, English language consonant digraphs (e.g., sh, ch, th), two letters produce and represent a distinct sound, trigraphs (e.g., spr, squ), and split digraphs (e.g., ae in lake), a digraph split by a consonant, do not exist in Arabic. In Arabic, each sound is represented only through one letter. Finally, diphthongs, sounds made by the combination of two vowels, exist in both English (e.g., ie in pie) (Saigh & Schmitt, 2012; S. Stahl et al., 1998) and Arabic (e.g., بوم /yawm/) (Elbeheri & Everatt, 2007; Taouk & Coltheart, 2004). It should be noted that Arabic has only two diphthongs (waw and yaa').

Arabic and English phonological characteristics. Phonological skills consist of both phonological processing, "using the phonological or sound structure of oral language when one processes oral and written language" (Wagner et al., 1997, p. 468); and phonological awareness, "the ability to detect and manipulate sound structures" (Al Ghanem & Kearns, 2015, p. 84). The commonalities and differences between Arabic and English phonologies are highlighted in the following lines.

Arabic is a diglossic language, so speakers use both MSA, called *Fusha*, and a spoken Arabic vernacular (SAV), called *Ammia*. SAV, which has many dialects, is spoken informally by language speakers in a specific geographic location and taught to children through their families. MSA is the formal language that is universally used by *all* Arabic speakers. SAV's characteristics differ by region, and all dialects greatly diverge from MSA, especially when it comes to their phonemic systems. SAVs and MSA are usually different in terms of rules related to syllabic structure, consonant clusters, or phoneme combinations (Mohamed, Elbert, & Landrel, 2011; Tibi & Kirby, 2018). English, on the other hand, is not known to be a diglossic language. MSA contains 35 phonemes; these phonemes have 28 consonant sounds, three long vowel sounds (/a:/, /u:/, and /i:/), three short vowel sounds (/a/, /u/ and /i/), a reduced vowel sound (schwa; /ə/), and multiple vowel allophones (Al Ghanem & Kearns, 2015). English contains 44 phonemes, which can be represented through one or more graphemes (Wilson & Iacobani, 2006).

In both Arabic and English languages, there are discrepancies between spelling and sounds, yet the nature of discrepancies is different. In English, different letters can represent the same sound (Ehri et al., 2001). For example, different letters can represent the same vowel sound (e.g., succeed, each, neither, achieve, busy) or the same consonants (e.g., national, sure, conscience, commission). In Arabic, each sound is usually represented by only one letter

(Elbeheri & Everatt, 2007; Taibah & Haynes, 2011; Tibi & Kirby, 2018). In English, different sounds may be represented by the same letter (Ehri et al., 2001). For example, the letters /a/ in: take, father, against, tall and the letter /s/ in: vision, soon, sale, resume, sugar stand for and represent different sounds. In Arabic, the same letter represents only one sound; however, different diacritic marks change the pronunciation of the letter (Elbeheri & Everatt, 2007; Taibah & Haynes, 2011; Tibi & Kirby, 2018). For example, the letter /二/ can be pronounced differently based on the diacritic mark (´: /ta/, :: /te/, :/tu/).

In English, a combination of letters can represent one sound (e.g., thick, tough, phonology, attempt), which does not exist in Arabic. In English, one letter can represent more than one sound (e.g., h in human, x in exit) (Ehri et al., 2001). In Arabic, all letters represent different sounds based on the diacritic marks; therefore, one word in Arabic can have different meanings and pronounced differently based on the diacritic marks (Mahfoudhi et al., 2010; Saigh & Schmitt, 2012). In English, on the other hand, some words can have different meaning. For example, the word "date" can mean: period of time which something belongs, time of event, an appointment, or an engagement for a professional performance. In Arabic, some words have letters that are pronounced but not written. For example, the word 'Lalek/; if we are to write the word as pronounced, it will be Line Line Line, however, there are some letters that are written but not pronounced (e.g., t in listen).

Arabic and English morphological characteristics. Morphological skills consist of using morphological processing, "the unconscious use of morphology"; and morphological awareness, "the ability to analyze words into smaller meaningful parts such as prefixes, roots, and suffixes" (Nagy, Carlisle, & Goodwin, 2014, p. 4). Al Ghanem and Kearns (2015) also defined morphological skills as the "conscious and unconscious use of morphological

knowledge" (p. 84). The commonalities and differences between Arabic and English morphologies are highlighted in the following lines.

Both Arabic and English have affixes: prefixes and suffixes (Al Ghanem & Kearns, 2015; Ehri et al., 2001; Rastle, 2018). However, Arabic has also infixes and circumfixes (two or more affixes). Examples of prefixes in English are /re/ in reaction and /pre/ in preschool, and suffixes /ly/ in quickly and lovely. It should be noted that adding suffixes in English words change them from adjectives to adverbs (e.g., quick, quickly) or from nouns to adjectives (love, lovely). Finally, both Arabic and English have subject-verb agreement.

Possible implications on readers with LD. Given the provided orthographic, phonological, and morphological characteristics of Arabic and English, students with LD in both languages can struggle with reading-related tasks in many ways, which are addressed in the following points. First, both Arabic and English speakers with LD struggle with recognizing letters and their sounds. However, given many Arabic letters and words are similar orthographically, students with LD may not be able to differentiate between these letters or words. In addition, Arabic letters have four orthographic forms or shapes depending on its position (first, center, last) in the word, which can hinder students with LD's ability to accurately read written words. Second, both Arabic and English speakers with LD struggle with reading sight words, silently or orally. Reading in Arabic, however, is more complicated given its diglossic nature, meaning Arabic students with LD's have to simultaneously acquire MSA phonological skills as well as reading skills (Al Ghanem & Kearns, 2015), which can decelerate their reading development, and ultimately reading performance. At the same time, reading in English can also be complicated because its phonemes can be represented through one or more graphemes.

Third, given the discrepancies between spelling and sounds in both Arabic and English languages, English and Arabic students with LD struggle with reading words accurately and fluently. However, reading for Arabic adolescents with LD can be extremely challenging because they have to rely on their lexical orthographic skills while reading unvowelized words or texts (Saigh & Schmitt, 2012). Fourth, Arabic readers do not only need to acquire prefixes and suffixes knowledge, like English readers, but they also have to gain infixes and circumfixes information in order to read accurately and fluently. Therefore, Arabic readers with LD may face greater reading challenges in: (1) applying their root-related knowledge while reading, despite the fact that the roots are the center of the orthography and phonology, (2) identifying and recognizing disrupted roots, and (3) recognize consonantal roots and similar words (Al Ghanem & Kearns, 2015; Taouk & Coltheart, 2004). Finally, both Arabic and English readers with LD can encounter comprehension difficulties, which include: constructing meaning from written text, connecting meaning to words, making inferences, drawing conclusions, recalling and summarizing information, and actively monitoring their comprehension (Dexter & Hughes, 2011; Jitendra, Kay Hoppes, & Xin, 2000; Kaldenberg, Watt, & Therrien, 2015; Snider, 1989; Watson, Gable, Gear, & Hughes, 2012; Williams, Hall, Lauer, Stafford, DeSisto, & de Cani, 2005).

Arabic and English reading skills: Progression and curriculum. Before addressing reading curriculums in both Saudi Arabia and the United States, two notes should be mentioned. First, the U.S. curriculum technically starts at the Kindergarten level while Saudi curriculum starts at first grade, while both curriculums end at twelfth grade. Second, all Saudi public schools have one national Arabic curriculum, while U.S. schools do not. Arabic curriculum in Saudi Arabia and English curriculum in the U.S. use two distinct approaches to teach reading. Arabic curriculum in Saudi schools utilizes the whole language approach to reading; the whole language

approach promotes students to learn whole words through associating those words with objects and ideas (Stahl & Miller, 1989). English curriculum in the U.S. schools, on the other hand, utilizes a balanced approach (blend of whole language and phonics approaches). Even though Saudi schools' Arabic curriculum utilizes the whole language approach, teachers practically have to use a balanced approach (blend of whole language and phonics approaches) in the classroom to create foundational language skills.

Utilizing English-language reading research in Arabic: Application. Understanding how Arabic characteristics affect students with LD' reading performance can enable researchers to develop and improve reading instruction; however, research related to Arabic reading skills is extremely limited. Even though English and Arabic have dissimilar orthographic, phonological, and morphological characteristics, and given US/British/Australian preparation of most Saudi teacher preparation faculty, many English-based reading strategies (e.g., peer tutoring, graphic organizers) are core to Saudi teacher preparation, and reasonably seem applicable to Arabic learning; however, there are no evidence-based reading practices specifically for Arabic readers, especially those with LD. Moreover, some Arabic characteristics cannot be addressed with or taught using English strategies, such as using diacritic marks and reading unvowelized text. Teacher education special education, including preservice and professional development, in Saudi Arabia revolves around English-based reading instruction research because of America's leading role in special education research. Since English special education reading research is central to Arabic academics, special education teachers learn English-based strategies, which then may be implemented in classrooms.

Given students with LD in Saudi Arabia still struggle with reading-related tasks, their teachers must be prepared to meet their academic needs, including reading. However, there are not Arabic-specific evidence-based reading practices, so Saudi universities' preservice

preparation programs and inservice professional development activities are initially built on English-language special education literature. Therefore, it is questioned whether teachers of students with LD are sufficiently prepared to meet the needs of Arabic language students. In light of that, this dissertation focuses on examining Saudi teachers of students with LD's readingrelated university training and inservice professional development as well as the implementation of reading instruction learned during their training.

Education System in Saudi Arabia

Prior to the unification of Saudi Arabia in 1932, education was only accessible to a limited number of individuals, specifically individuals from elite families (Battal, 2016). However, mosques were considered schools, where children learn to read and write the *Holy Quran* (Al-Ahmadi, 2009). The first formal education institute was established in 1924; in 1925, the Directorate of Education was established, which contributed to the initial development of the Saudi education system. At that time, there were 12 schools with a total of 700 students until 1938. The number of schools had increased to 365 educating 42,000 students by 1950 (Alamri, 2011).

In 1954, the Ministry of Education was established, which replaced the Directorate of Education (Al-Ahmadi, 2009). Since the establishment of the Ministry of Education, education has been free for Saudi and non-Saudi citizens. The Ministry of Education in Saudi Arabia is the central authority of the educational system. Therefore, all schools in Saudi Arabia have the same educational policies, textbooks, and curricula (Alquraini, 2010; Mansour, EL-Deghaidy, Alshamrani, & Aldahmash, 2014). It should be noted that educational policy in Saudi Arabia is derived from the Islamic religion, which basically guides the whole system, whether political, social, or educational (Ministry of Education, 2012); therefore, males and females attend separate schools.

In regards to higher education, the first university in Saudi Arabia, King Saud University, was established in 1957 (Al-Ahmadi, 2009; Alamri, 2011). In 1975, the Ministry of Higher Education was established in order to regulate and support public and private universities (Alamri, 2011; Alkhazim, 2003). By 2005, there were only seven universities. However, there are currently 29 public universities, 10 private universities, 56 technical and vocational colleges, five industrial colleges, and one military college for health sciences, and 10 private colleges (Aldiab, Chowdhury, Kootsookos, & Alam, 2017). Most public universities have teacher education programs (general and special education). It should be mentioned that in 2015, both the Ministry of Education and Higher Education were merged together to become the Ministry of Education, which regulates both K-12 schools as well as postsecondary schools.

Special education. Prior to the 1950s, individuals with disabilities in Saudi Arabia did not receive special education services. Therefore, those individuals had to completely depend on their parents for social and academic support (Al-Ajmi, 2006; Aldabas, 2015). Special education services started in Saudi Arabia in 1958 through individual efforts, specifically through Sheikh Al-Ghanem, a blind man, who learned and introduced Braille to the blind community. After receiving a fund from a private organization, this Braille training program, which was offered during the evening in Riyadh city, provided blind individuals the opportunity to learn how to Braille (Al-Kheraigi, 1989). In 1960, the Ministry of Education established the first institute for individuals with blindness, Al-Noor Institute, in Riyadh city. This institute had five main branches and three professional levels, where 40 students with blindness received their education and services (Ministry of Education, 2012).

Two years later, the Ministry of Education established the Department of Special Learning in 1962 in order to develop academic, social, and rehabilitation services for three main categories: blindness, deafness, and mental retardation (intellectual disability) (Alquraini, 2010;

Afeafe, 2000). In 1964, three institute for students with blindness were established in three cities: Mecca, Unaizah, and Al-hofuf (Al-Mousa, 1999). In the same year, the first institute for deaf students, Al Amal Institute, was established. In 1971, the first special education residential institute for students with intellectual disabilities was established in Riyadh (Al-Ajmi, 2006). These early movements did not only lead to a rapid increase in special education institutions, specifically 27 institutions by 1987 and 54 by 2000 (Al-Kheraigi, 1989), but also to establish regulations that ensure individuals with disabilities' rights as well as how to educate professional who teach these students (Alquraini, 2010).

Inclusive education was not implemented until 1989, when children with special needs were able to attend kindergarten at King Saud University. In 1999, formal mainstreaming started in Saudi Arabia through including students with visual impairments in general education classrooms and students with mild/moderate intellectual disability into separate classes within public schools (Al-hano, 2006; Alqahtani, 2016). In the same year, learning disabilities (LD) was recognized as a disability in Saudi Arabia. These efforts led the Ministry of Education to publish the Provision Code for Persons with Disabilities in the Kingdom in 2000 and the Document of Rules and Regulations for Special Education Institutes and Programs in 2002. Both laws were passed to ensure students with disabilities' rights through having free and appropriate education, early intervention services, individual educational programs, and any related services (Aldabas, 2015; Al-Mousa, 2010; Alquraini, 2010). Currently, students with mild learning disabilities are included in general education classrooms, but they receive services in pull-out programs, such as resource rooms (Alquraini, 2010).

Students with LD in Saudi Arabia. In the past few years, the Saudi special education system has started to improve its services, especially for students with LD. LD was recognized in 1999 as a special education category within the Saudi Arabian education system (Al-Ajmi,

2006), and these students have been able to receive academic support since 2005 (Al-Ahmadi, 2009). The percentage of students with LD in Saudi Arabian schools is roughly between 5-10% (Abu Nayyan, 2015). These students spend most of their day in general education classroom (Aldabas, 2015) but receive academic support services in resource rooms twice or three times a week (Al-Khateeb & Hadidi, 2009; Al-Zoubi & Rahman, 2016; Mohammed & Ahmad, 2013), which include reading-related skills. Although students with LD in Saudi Arabia are included in general education classrooms, they are more likely to continue struggling with academic related tasks, especially reading.

Reading is a critical skill; however, it is the most significant challenge for students with LD (Hallahan, Kauffman, & Pullen, 2012). These students generally struggle with recognizing letters and their sounds, reading visual words, silently or orally (Catts, Adlof, & Ellis-Weismer, 2006), constructing meaning from written text, connecting meaning to words, making inferences, drawing conclusions, recalling and summarizing information, and actively monitoring their comprehension (Dexter & Hughes, 2011; Jitendra et al., 2000; Watson et al., 2012; Williams et al., 2005). It should be noted that Arabic speakers with LD encounter more complicated reading challenges faced by English speakers with LD, given the extreme complexity of Arabic language.

The aforementioned reading difficulties may be due to a variety of factors; these factors can be summarized as limited critical reading skills (Al-Khateeb, 2013) or limited vocabulary knowledge (Elleman, Lindo, Morphy, & Compton, 2009), lack of prior knowledge (Hirsch, 2003), deficits with working memory (WM) (Carretti, Borella, Cornoldi, & De Beni, 2009), lack of fluency (Hirsch, 2003), lack of metacognition or self-regulation strategies (Lan, Lo, & Hsu, 2014), and poor text structure (e.g., density of ideas, amount of ambiguous information, and increased use of details that are unrelated) (Seifert & Espin, 2012). These reading challenges can

be associated with complications in phonological awareness (Gillon, 2004), decoding (Swanson, Zheng, & Jerman, 2009), or cognitive processes (Kudo, Lussier, & Swanson, 2015). Given students with LD in Saudi Arabia receive specialized academic supports in resource rooms, it can be argued that teachers of students with LD need reading instruction training that enable them to improve their students' academic performance.

Teacher Education in Saudi Arabia

Students' achievement has preoccupied reformers and critics nationally (e.g., United States) and internationally (e.g., Saudi Arabia). Nonetheless, improvements in students' outcomes rely on the reforms related to educating and supporting teachers (Ball & Forzani, 2009; Darling-Hammond & Youngs, 2002). Teacher education, including preservice training and professional development, ultimately plays a strong role in students' success. Teachers' primary mission is to improve students' academic performance through the utilization of instructional strategies, including reading instruction. To promote this mission, the Saudi Arabian education system has recently begun to foster professionalism among teachers through focusing on teacher education (Aldabas, 2015). The Ministry of Education started to reform preservice general and special education programs as well as provide more professional development opportunities in order to enhance teachers' theoretical and practical knowledge.

Teacher preparation programs. Saudi Arabian preservice special education programs differ from U.S. preservice programs. The only way to obtain a teacher license in Saudi Arabia is to complete an accredited four-year teacher preparation program in a university setting. Special education preservice teachers take general courses in their first year. In the second year, courses become more specialized by content for general education and by disability category for special education. However, special education teachers have to select a specific special education category (e.g., LD, intellectual disability, autism) to focus on for the rest of their university

training. All of their training is concentrated on that disability category. During the last semester, which is usually the eighth semester, special education preservice teachers have to complete a practicum in order to graduate.

Educators and reformers in Saudi Arabia have consistently stressed on the importance of reforming teacher preparation programs in order to improve teachers' performance and ultimately students' outcomes. Given the Saudi education system's effort toward including students with disabilities in public schools, specifically students with LD, teacher education programs need to spearhead the inclusive education movement. However, several scholars (e.g., Al-Ahmadi, 2009; Alnahdi, 2014) argued that the nature of teacher education programs present several challenges, especially when it comes to educating students with LD in general education classrooms.

Although the provision of special education for students with disabilities depends upon the availability of well-qualified special educators (Keller, Al-Hendawi, & Abuelhassan, 2016), the nature of special education programs does not enable special education teachers to be highly qualified. When preservice teachers enroll in a special education program, they must choose a specific special education category (e.g., LD, emotional and behavioral disturbance, intellectual disability) to focus on for the rest of their undergraduate training. Once they choose their special education category, their coursework only target that specialization, but they do not focus on a specific content area (Almuaqel, 2008; Alnahdi, 2014; Alquraini, 2010). Therefore, special education teachers are only prepared to support students with a specific disability, meaning teachers are trained categorically based on their respective selected disability category.

Another challenge related to special education teacher preparation is the focus of university coursework. Coursework in Saudi Arabian special education teacher preparation programs is only conceptualized based on the developmental contexts of elementary school aged

theories and practices (Almuaqel, 2008; Alnahdi, 2014). There is currently no special education teacher preparation program that offers a separate program for secondary special education. Therefore, special education teachers in Saudi Arabia are prepared to work mainly with elementary school students.

Professional development. Professional development is an essential part of the teaching profession. It is considered a critical mechanism that deepens teachers' content knowledge and develops their teaching practices. Therefore, professional development plays a key role in addressing the gap between teacher preparation and standards-based reform (Birman, Desimone, Porter, & Garet, 2000; Desimone, Smith, & Ueno, 2006). As a result, current educational reform initiatives (Corcoran, Shields, & Zucker, 1998; Desimone et al., 2006) and multiple research teams (Borko & Putnam, 1995; Desimone, Porter, Garet, Yoon, & Birman, 2002; Desimone, 2009; Garet, Porter, Desimone, Birman, & Yoon 2001; Brownell & Leko, 2014; Lumpe, Haney, & Czemiak, 2000; Miller & Ellsworth, 1985; Penuel, Fishman, Yamaguchi, & Gallagher, 2007; Talbert & McLaughlin, 1993) have mainly focused on teacher's professional development.

Professional development has recently become a critical subject in the Saudi education community. Currently, professional development is not a standard requirement for teachers. It is usually provided by the citywide school districts and enforced by school building administrators. Professional development activities for teachers in Saudi Arabia usually take the form of workshops, lectures, and informal observations of other teachers. These activities are extremely limited because there are no minimal professional development hours required to maintain a teaching license. Given that teachers are not required to *regularly* engage in professional development activities, certain challenges can arise.

The first challenge is that teachers have limited access to professional development. Therefore, special education teachers have limited access to current research and practices,

which ultimately affects their development negatively. In addition, there is no interdisciplinary professional development for special education teachers. Special and general education teachers receive different professional development activities. Furthermore, while receiving professional development, special education teachers do not learn about curriculum or discipline specific reforms or improvements, while general education teachers do not learn about strategies related to supporting students with disabilities in their classrooms. Therefore, it is questioned whether special education teachers in Saudi schools can support students with disabilities, especially when it comes to students with LD and their challenges with reading related tasks.

Reading Instruction for Students with LD

Given the reading challenges encountering students with LD, multiple research teams have conducted series of studies in order to identify "what works" for these students. These practices have been grouped and compiled through many meta-analyses and reviews. A careful, extensive, and systematic search procedure determined 30 meta-analyses and literature reviews (e.g., Ciullo, Lo, Wanzek, & Reed, 2016; Edmonds et al., 2009; Swanson, 1999) conducted between 1994-2017 in order to identify research-based reading instruction for students with LD. The reading instruction identified include but not limited to graphic organizers (DiCecco & Gleason, 2002), computer-assisted instruction/multimedia (Okolo & Ferretti, 1996), identifying main idea (Graves & Levin, 1989), repeated reading (Therrien, 2004), summarization (Gajria & Salvia, 1992), collaborative strategic reading (CTR; Klingner & Vaughn, 1996), and peer-assisted learning strategies (PALS) (D. Fuchs, L. Fuchs, Mathes, & Simmons, 1997). Although it is clearly these practices are found mainly the United States special education literature, Arabic and English reading instruction are similar, especially when it comes to the implementation of reading instruction. However, Saudi Arabian special education literature still has not contributed to the reading instruction literature.

Statement of the Problem

As the Saudi education system has become more inclusive, students with special needs including students with LD need reading support from special education teachers. However, students with LD still struggle with reading-related tasks. These students are included in inclusive settings and receive specialized academic support two-three times weekly, so their teachers play a significant role in their success. However, it is unknown whether teachers of students with LD have adequate training in reading instruction in order to support these students, whether in inclusive settings or resource rooms. The structure of teacher education programs (e.g., not interdisciplinary) and the limited access to professional development hinder teachers from gaining the theoretical and practical knowledge needed to support their students. With the aforementioned challenges related to preservice and inservice reading-related training, it is questioned and unclear whether preservice and inservice trainings enable teachers of students with LD to effectively *implement* reading instruction in their classrooms.

Rationale and Significance

In this dissertation- and for every study, the overarching question is: Where were we? Where are we? Where are we headed? Twenty years ago, inclusive education was a controversial subject in Saudi Arabia (Aldabas, 2015) (where were we?). Several educators doubted the feasibility of implementing inclusion in Saudi schools, while others have stressed on the importance of inclusive education for students with disabilities. These educators believe that including these students can enable them to meet the school's academic and social expectations because inclusive education promotes "equal opportunities, economic self-sufficiency, independent living, and full participation" (Turnbull, Stowe, Huerta, 2007, p. 11-12). Ten years later, policymakers passed regulations and legislations in order to embrace inclusion in Saudi educational environments. Currently (where are we?), inclusive education has taken place in

Saudi schools. Students with LD, for example, have been included in general education classroom since 2005. However, it is imperative to note the education system needs to be restructured in order to effectively embrace inclusion in Saudi schools (Alquraini, 2010).

Implementing inclusion in Saudi educational curriculum requires that teachers are prepared to accommodate all students, including students with disabilities, and those with LD. The success of inclusive education for students with LD *ultimately* depends on teacher preparation. However, many scholars (Al-Ahmadi, 2009; Almuaqel, 2008; Alnahdi, 2014; Alquraini, 2010) argued that the effort to embrace inclusive education in Saudi schools seems disjointed. They claimed that the legislative changes related to inclusive education have been implemented in schools without focusing on teacher education. At the preservice level, for example, special education teachers cannot fulfill the standards of becoming highly qualified special education teachers (Al-Ahmadi, 2009), and they are only prepared to teach elementary school students (Almuaqel, 2008; Alnahdi, 2014). Preservice general education teachers also do not take many courses of how to support students with disabilities. At the inservice level, teachers in Saudi school historically have limited access to professional development activities. Teacher education program can affect the collaboration between general education teachers and teachers of students with LD in inclusive settings, which can negatively affect the educational outcomes of these students, including reading outcomes.

The significance of this dissertation is that it uncovers whether teachers of students with LD receive adequate training related to reading instruction through examining their implementation the current reading practices. Examining teachers' previous experience with teacher education and their current implementation of reading practices can contribute to the special education field through the following points. First, this dissertation results will inform Saudi policymakers about the current status of teachers of students with LD's reading-related

teacher preparation. The data derived from this study can enable educators and policymakers to rethink Saudi teacher education programs, especially when it comes to reading-related preparation. Second, this dissertation will empower teacher education programs to rethink their current practices related to educating preservice teachers. Third, this study will help the Saudi Ministry of Education with identifying needed professional development opportunities for inservice teachers. Fourth, this dissertation will help Saudi schools better support teachers of students with LD. By supporting teacher of students with LD, they will effectively implement reading instructions in their classrooms, which ultimately improves students with LD's reading outcomes. Finally, this dissertation will enable and guide researchers who are interested in Arabic reading instruction to conduct studies that mainly address Arabic reading skills.

Purpose and Research Questions

The purpose of this dissertation is to examine teachers of students with LD's readingrelated teacher education and its impact on the implementation of reading instruction in Saudi Arabian schools through addressing the following questions:

- What reading-related university training experiences do Saudi teachers of students with LD report having completed?
- 2. What reading-related professional development experiences beyond university training do Saudi teachers of students with LD report having completed?
- 3. To what extent are reading-related university training and professional development experiences related to the implementation of teachers' current classroom practices?

Definitions of Variables

Literacy: Literacy is "the ability to decode and comprehend written language at a rudimentary level, that is, the ability to look at written words corresponding to ordinary oral discourse, to say them, and to understand them" (Kaestle, 1985, p. 13).

Reading: Reading is the action of reading and comprehending written materials.

Reading Instruction: A set of practices that enable teachers to effectively teach and enhance students' phonological awareness, phonics, vocabulary, fluency, and comprehension.

Students with Learning Disabilities (LD): Students with LD in this study are students who are eligible for special education services because they struggle with reading, writing, or mathematics-related tasks, and receive their reading instruction in general education from general education teachers and in resource rooms from teachers of students with LD (two-three classes a week).

Teachers of Students with LD in Saudi Arabia: Teachers of students with LD are graduates who earned a bachelor's in special education degree with emphasis on LD. These teachers study four years taking general and special education courses as well as courses that specifically focus on LD and teaching reading, writing, and math skills to students with LD.

Teaching System in Saudi Arabia: Teaching system (general and special education) in Saudi Arabia is divided into male and female sections, which are administered by the Ministry of Education. Both sections teach the same curriculum, yet female students are taught by female teachers while male students are taught by male teachers. Students study 12 years in order to earn their high school degree (see Table 1).

Table 1

Saudi School System

School Grade	Number of Years
Elementary School	6
Middle School	3
High School	3
Total	12 years

University Training: University training in this study refers to any undergraduate/graduate

courses that focus on reading in which taken by general or special education.

Professional Development: Professional development in this study refers to reading-related professional development activities beyond university training, such as conference or workshops. **Inclusive Education (Full Inclusion):** Kurth and Gross (2014) indicated that inclusive education means including all students, regardless of their disability, in the homeroom, general education classroom, in which the general education teacher if the teacher of record, and special education teacher and supporting staff are supporting the general education teacher in providing the academic and social services that enable the students to succeed in inclusive settings.

Resource Room: A resource room is a pullout program where students with SLD receive reading-related supports and services through teachers of students with SLD. Students with SLD in Saudi Arabia usually spend two-three classes a week in this room in order to receive math, reading, or writing services and supports.

Co-teaching: A partnership between general and special education teachers to jointly delivering instruction to a diverse group of students, such as students with disabilities, in a general education setting in order to meet the students' academic and social needs (Friend, Cook, Hurley-Chamberlain, & Shamberger, 2010).

Implementation: Implementation refers to teachers' level of using reading practices learned during university training as well as professional development activities.

Conclusion

This chapter conceptualizes the relationship between teacher education and teachers' current practices through addressing the importance of literacy and reading, conceptual framework related to Arabic characteristics and their implications on Arabic readers, students with LD and general reading-related issues, teacher education including university training and professional development, reading instruction for students with LD, statement of problem,
rationale and significance, purpose and research questions, and definitions of variables. In the following chapter, an extensive review of the pertinent literature of the Saudi educational system is presented and illustrated, especially in the areas reading instruction, teacher education, and the implementation dilemma of reading instruction in special education settings.

CHAPTER II

LITERATURE REVIEW

In this chapter, the following six elements are reviewed extensively in order to understand reading-related teacher preparation for teachers of students with LD in Saudi Arabia: (1) the history, context, and status of LD in Saudi Arabia, (2) Arabic language orthographic, phonological, and morphological characteristics and their impact on readers with LD, (3) reading approaches and Arabic curriculum in Saudi Arabia, (4) English-based reading instruction literature of students with LD, (5) teacher education, specifically reading-related teacher education of teachers of students with LD in Saudi Arabia, and finally (6) teachers of students with LD's implementation of reading instruction.

Learning Disabilities in Saudi Arabia

LD has been recognized in Saudi Arabia as a special education category since 1999 (Al-Ajmi, 2006) and supported academically since 2005 (Al-Ahmadi, 2009; Aldabas, 2015). The prevalence of LD in Saudi Arabia is roughly 5-10% (Abu Nayyan, 2015). LD in Saudi Arabia is defined as:

Disorder in one or more of the primary and psychological processes, which include understanding and using the written and spoken language, and are exhibited in difficulties in listening, thinking, speaking, reading, writing, and mathematics; these difficulties should not be due to intellectual or sensory disabilities, or any other disability, curriculum, or family status (AbuNayyan, 2001, p. 20).

Aljohani and Alzarea (2014) presented the common reading difficulties among Arab students with LD: omitting letters form words, adding letters to words or words to sentences, substituting

a word for another, insufficiency in differentiating between letters or words different orthographically but are similar phonologically, inability to distinguish between vowelized letters, reading unclearly, inability to concentrate for a long time and finish tasks, and onerousness in moving between lines while reading. Currently, students with LD in Saudi schools are included in general education classrooms, but they receive help and support with their academic skills, such as writing, reading, and mathematics in resource rooms (2-3 times a week) (Al-Zoubi & Rahman, 2016; Mohammed & Ahmad, 2013).

Identifying and diagnosing students with LD in Saudi schools differs from the United States schools. In Saudi schools, the resource room teachers (teachers of students with LD) are solely responsible for assessing, diagnosing, identifying, and supporting students with LD. They are also responsible for creating individual educational program (IEP) for students with LD. LD in Saudi schools is identified is the following way. First, the general education teacher refers a student who struggles with mathematics, reading, or writing to the resource room for further assessment. The first step for the resource room teacher is to obtain the parents' permission to assess and diagnose the student. The resource room teacher then reviews the student's academic records to determine if the student academic achievement is low in one or more subject. If further assessment is needed, the teacher compiles a case study about the student's personal and academic history.

Then, the resource room teacher will give the student an assessment to measure his/her ability in the subject they were referred for (reading, writing, mathematics). These assessments are created by the Ministry of Education based on grade level performance skills and expectations. Students are assessed with the assessment according to their last completed grade level. Specifically for the reading test, students are expected to perform at 100% mastery for reading and writing individual letters and at 80% mastery for other grade level reading skills. If

the student does not meet the threshold, he/she is tested for the next grade below until mastery is met. Once the student completes the grade level assessment with mastery, the discrepancy model is used to show the difference between their ability (assessment score) to their grade level expectations. Concurrently, the resource room teacher gathers information about the student's personal and academic history to ensure that the student's academic issues are not caused by any other disability (e.g., intellectual, visual, or auditory), family issues, or environmental problems (e.g., inefficient classroom instruction). Once the student is identified with LD, the resource room teacher must obtain approval from the student's parents in order to move forward and create the IEP based on the student's grade level achievement (Alqahtani, 2016).

Reading in Arabic Language

Arabic language is the official language in 27 countries; it is spoken by roughly 300 million individuals around the world. Given Arabic is the language of the *Holy Quran*, it is the ritual and religious language of all Muslims worldwide. Arabic is a diglossic language, so it has types: Modern Standard Arabic (MSA) and Spoken Arabic vernacular (SAV); they are usually different in terms of rules related to syllabic structure, consonant clusters, or phoneme combinations (Mohamed et al., 2011; Tibi & Kirby, 2018). MSA is the formal language that is universally used by *all* Arabic speakers. However, it is the language of literacy (given its standardized written form), so children at school are taught to read and write in MSA. The SAV, however, includes vernaculars in various local dialects. It is spoken informally by language speakers in a specific geographic location and taught to children through their families. It is phonetically represented through the Arabic alphabet, nevertheless some sounds do not have congruent letters; therefore, there is no unanimity in regard to the orthographic characteristics of SAV given its plethora number of dialects. Given the complex structure of MSA, it is worthwhile to highlight its orthographic, phonological, and morphological characteristics.

Arabic orthography. Arabic, which is an alphabetic language, is written from right to left. It consists of 28 letters that represents consonants (see Table 2).

Table 2

The Arabic Alphabet

Standard Arabic letters							
/alif/ \	ب //ba:?	ت //ta:?/	<i>'</i> θa:?/ث	ج /dʒi:m/	ح /ħa:?/	خ /xa:?/	
د /da:l/	ذ /ða:1/ ن	ر /ra:?/ ر	ز /za:?/	س /si:n/	ش /ji:n/	ص /sʕa:d/	
ض /tʕa:d/	ط /tʕa:?/	ظ /ðʕaːʔ/	/Sajn/ E	غ /ya jn/ غ	ف /faː?/	ق /qaːf/	
اك /ka:f/	ل /la:m/	م /mi:m/	ن /nuːn/	/ha:?/ •	و /waːw/	ي /jaː?/	

Additional letters

/hamzah/ ↔	ى /əlıf maqsfuːra/	ة /ta:? marbuːtʕa/			
Note Table adapted from A1 Changes & Keeping (2015)					

Note. Table adapted from Al Ghanem & Kearns (2015).

Most Arabic letters have four different forms, and the form of letters is based on where they fall within a given word. Arabic letters also can have identical shapes, so they are divided into categories (see Tables 3 and 4). These letters can be distinguished by having dots above, below, or on the letter (Al Ghanem & Kearns, 2015).

Table 3

The Similarity among Arabic Letters

دذ	さてで	ب ت ث
ص ض	س ش	رز
فق	فع	

Letter	Initial position	Example	Medial position	Example	Final position	Example	
ن	نـ	نجوم (stars)	<u>ن</u>	مجنون (Crazy)	ــن	فن (Art)	
ف	ف	فیل (Elephant)	<u> </u>	طفل (Child)	ف	نحيف (skinny)	

Arabic Letters Forms Based on their Position of the Sentence

In addition, aleph (the first letter) can be a bearer (chair) of hamza that takes different forms, which is an additional sign (see Table 5). Three of the Arabic letters (i and ,i, c), which called *huruf Alella* or letters of defectiveness, represent MSA long vowels. These letters can be called *huruf almadd* and allin or letters of softness and elongation because they represent the elongation of the preceding short vowel sound, which is represented orthographically via a vowel mark.

Table 5

Hamza Positions

Hamza positions	Its morphological form
On the line	¢
On aleph in the middle of a sentence	ئ
On aleph at the end of a sentence	ئ

MSA script has two types of diacritics: graphemic and phonemic. The graphemic script consists of dots used to phonetically distinguish between letter consonants. The phonemic type includes diacritic marks, which are called *harakat al tashkeel*, that represent Arabic short vowels (see Table 6). These diacritic marks are: (1) *fatha* (opening) for a short /a/—placed above letters, (2) *kasra* (breaking) for a short /i/—placed below letters, (3) *damma* (pressing together) for a short /u/—placed above letters, and (4) *sukun* (silence) indicating a vowelless letter—placed

above letters. In addition to the aforementioned diacritic marks, there is shadda mark (sh) placed above letters indicating double consonants. It should be noted that diacritic marks are used to indicate the elongation of consonant and vowel and provide grammatical and syntactic information; therefore, they change the word meaning, the part of speech, and the verb tense, and the form of the word (Elbeheri & Everatt, 2007; Mahfoudhi et al., 2010; Taibah & Haynes, 2011; Taouk & Coltheart, 2004). Most importantly, they help readers phonemically while reading texts with diacritic marks.

Table 6

כָ בָׁ בָ	כ ר ב ר ב	ર્ગ્રં રં	ثَ ثِثْ ثْ	تَ تِتُ تْ	بَ بِبُ بْ	Î Î j
صَ صِ صُ صْ	شَ شِ شُ شْ	سَ سِ سُ سْ	ۯؘڔ۬ۯ۬ڒ	رَرِرُرْ	ذَ ذِ ذُ	دَ دِ دُ دْ
قَ قِ قُ قْ	فَ فِ فُ فُ	ية. بق م	ٷؚٷؚڰ	सें सें सें	طَطِطَ	ضَ ضِ ضُ ضْ
يَ يِ يُ يْ	وَ وِ وُ وْ	هَ هِ هُ هُ	نَ نِ نُ ن	مَ مِ مُ مُ	لَ لِ لُ لُ	ا ال ال ال ال

Arabic Letters with Diacritic Marks

Arabic phonology. MSA contains 35 phonemes; these phonemes have 28 consonant sounds, three long vowel sounds (/a:/, /u:/, and /i:/), three short vowel sounds (/a/, /u/ and /i/), a reduced vowel sound (schwa; /ə/), and multiple vowel allophones (Al Ghanem & Kearns, 2015) (see Table 7).

Phoneme	Corresponding grapheme(s)	Phoneme	Corresponding grapheme(s)	Phoneme	Corresponding grapheme(s)
/?/	ا، ع	/s/	س	/m/	م
/a:/	١	/ʃ/	ش	/n/	ن
/b/	ب	/ <u>s</u> {/	ص	/h/	٥ ٥٥
/t/	ت، ة	/ <mark>d</mark> \$/	ض	/w/	و
/θ/	ث	/ <u>t</u> <u></u>	ط	/u:/	و
/ <u>d</u> 3/	ت	/ð <u>\$</u> /	ظ	/j/	ي
/ħ/	۲	//	٤	/i:/	ي
/x/	ċ	/ ɣ /	غ	/ə/	ى
/d/	د	/f/	ف	/a/	
/ð/	ć	/q/	ق	/u/*	<u> </u>
/r/	ر	/k/	ك	/j/	
/z/	ز	/1/	ل		

Arabic Phonemes with their Corresponding Graphemes

Note. Table adapted from Al Ghanem & Kearns (2015)

Given the discrepancies between spelling and sounds in Arabic, each sound is usually represented by one letter (Elbeheri & Everatt, 2007; Taibah & Haynes, 2011; Tibi & Kirby, 2018). In Arabic, the same letter represents only one sound; however, different diacritic marks change the pronunciation of the letter (Elbeheri & Everatt, 2007; Taibah & Haynes, 2011; Tibi & Kirby, 2018). For example, the letter /ت / can be pronounced differently based on the diacritic mark (: /ta/, : /te/, : /tu/). Therefore, one word in Arabic can have different meanings and pronounced differently based on its diacritic marks (Mahfoudhi et al., 2010; Saigh & Schmitt, 2012). For example, the word is six different meanings, which is illustrated in Table 8.

The word	Its meaning
عُفَدُ	Knots
عَقَّدَ	Complicate
عَقَدَ	Held
عَقَّر	Contract
عِقْد	Decade
عِقْد	Necklace

"عقد" Meanings of the word

In Arabic, some words have letters that are pronounced but not written. For example, the word فذلك is pronounced /thalek/; if we are to write the word as pronounced, it will be ذلك. In addition, Arabic has vowel digraphs (e.g., oi in oil; ee in sheep), meaning two letters that spell or represent one sound (Al Ghanem & Kearns, 2015). In Arabic, one long vowel plus a diacritic mark make one sound (e.g., j) pronounced /wa/. Finally, diphthongs, sounds made by the combination of a vowel and glide (e.g., e.g., yawm/) (Elbeheri & Everatt, 2007; Taouk & Coltheart, 2004). It should be noted that Arabic has only two diphthongs (waw and yaa').

Arabic morphology. Arabic sentences can either include: subject-verb-object or verbsubject-object. The language is classified into nouns, verbs, and particles as well as adverbs, prepositions, and conjunctions. Number (singular, dual, plural) and gender (masculine, feminine) inflect both verbs and nouns. Arabic also have the affixes: prefixes and suffixes (Al Ghanem & Kearns, 2015; Ehri et al., 2001; Rastle, 2018) as well as infixes and circumfixes (two or more affixes). Finally, Arabic have subject-verb agreement; however, Arabic subject-verb agreement is extensively complex, which can be illustrated in the following example (see Table 9):

• The word کتب is written differently based on gender and number of people.

- For example, the first letter ي in the verb يكتب: /he writes/ means it is a male, while the first letter in the verb يكتب: /she writes/ means it is a female.
- Another example is: the letters ان in the word يكتبان means it is plural of *only* two people, while the letters ون in the word يكتبون in the word ون

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Root (Initial word)	Words with added suffixes, prefixes, infixes, and circumfixes	Meaning
	يكتب	He writes
	تكتب	She writes
	أكتب	I write
کتب	نكتب	We write
(Write)	تكتبان	They write (two people, second person)
	یکتبان	They write (two people, third person)
	تکتبون	They write (second person, three or more people)
	<u>يکتبون</u>	They write (third person, three or more people)
	مكتب	Desk
	مكتبة	Library
	كتتاب	Book

Implications on Reading Performance of Students with LD

Given the provided orthographic, phonological, and morphological characteristics of Arabic and English, students with LD in both languages can struggle with reading-related tasks in many ways, which are addressed in the following points.

First, Arabic speakers with LD struggle with recognizing letters and their sounds. Also, given that many Arabic letters and words are similar orthographically, students with LD may not be able to differentiate between these letters or words, which slows the reading process. In addition, Arabic letters have four orthographic forms or shapes depending on its position (first, center, last) of the word, which can hinder students with LD's ability to accurately read written words. Put simply, sound/symbol knowledge development of an individual can be hampered in a number of ways. Second, Arabic diacritic system decreases the phonological ambiguity, yet it can be challenging for beginning readers, who try to acquire the word-decoding skills needed to develop phonological route. Third, Arabic speakers with LD struggle with reading sight words, silently or orally. Reading in Arabic is complicated given its diglossic nature, meaning students study a language that they do not practically use in their daily lives. Therefore, Arabic students with LD's have to simultaneously acquire MSA phonological skills as well as reading skills (Al Ghanem & Kearns, 2015), which can decelerate their reading development, and ultimately reading performance. Fourth, given the discrepancies between spelling and sounds in Arabic language, Arabic readers with LD struggle with reading words accurately and fluently. Reading for Arabic adolescents with LD can be extremely challenging because they have to rely on their lexical orthographic skills while reading unvowelized words or texts (Saigh & Schmitt, 2012). Fifth, Arabic readers do not only need to acquire prefixes and suffixes knowledge, but they also have to gain infixes and circumfixes information in order to read accurately and fluently. Therefore, Arabic readers with LD may face greater reading challenges in: (1) applying their

root-related knowledge while reading, despite the fact that the roots are the center of the orthography and phonology, (2) identifying and recognizing disrupted roots, and (3) recognize consonantal roots and similar words (Al Ghanem & Kearns, 2015; Taouk & Coltheart, 2004). Finally, Arabic readers with LD can encounter comprehension difficulties, which include: constructing meaning from written text, connecting meaning to words, making inferences, drawing conclusions, recalling and summarizing information, and actively monitoring their comprehension (Dexter & Hughes, 2011; Jitendra et al., 2000; Kaldenberg, Watt, & Therrien, 2015; Snider, 1989; Watson et al., 2012; Williams et al., 2005).

Reading Approaches and Arabic Curriculum in Saudi Arabia

Traditionally, there are two approaches to teaching reading: phonics-based approach and whole language approach. Phonics approach focuses on teaching words by individual letter sounds, *and then* associating those sounds with objects and ideas (Ehri et al., 2001). The whole language approach promotes students to learn whole words through identifying words as units and associating the written words with objects and ideas (Stahl & Miller, 1989). The main difference between these two approaches is the whole language approach uses a top-down method (words to letters), while the phonics-based approach utilizes a bottom-up method (letters to words). Also, the whole language approach takes out the concept of pronouncing words in the reading process. Most states, school districts, schools, and teachers in the United States have adopted a balanced approach, combining phonics and the whole language components depending on the age and skills of learners.

Arabic curriculum in Saudi Arabia utilizes the whole language approach to teach reading. In the Arabic curriculum in Saudi Arabia, reading is taught through texts and mainly pictures. In other words, whole words are used as examples to learn ideas and concepts. In first grade, for example, students are introduced to reading by identifying whole words and sentences. Then,

certain words are used to introduce individual letters, such as bike and book start with the letter b (see Figure 1).



Figure 1. The first exercise in the first grade Arabic curriculum

The whole language approach is supported by the Schema Theory, which indicates that new knowledge is acquired by associating it with prior knowledge. Simply, the whole language approach aims to associate written words with known concepts and ideas. As reading progresses, Schema Theory also supports students' use of prior knowledge to create meaning and aid

comprehension (Pearson & Gallagher, 1983). Schema theory initially is not a reading theory, but instead a theory about the human knowledge's structure that is represented in memory. Schemas in our memory are similar to containers, where we store specific trails of certain experiences and ideas drawn from these experiences (An, 2013). If we see school, for example, we store that visual experience in our "school schema".

Even though Saudi Arabic curriculum utilizes the whole language approach, teachers practically have to use the balanced approach (blend of whole language and phonics approaches) given the aforementioned orthographic characteristics of Arabic language. The need for the balanced approach is supported by the Connectionist Theory, which indicates that while reading, the brain simultaneously recognizes word units and letter units (Plaut, 2004). In other words, the brain uses whole word recognition and phonics simultaneously in order to comprehend written texts (Seidenberg, 1990; 1992; Seidenberg & McClelland, 1989). Therefore, aspects of both the whole language approach and the phonics approach are critical to the reading process. When applying the Connectionist Theory to teaching reading in Arabic, phonics instruction is only practical in the first three grades given the texts are explicitly vowelized. In fourth and fifth grade, the whole language approach is more practical because textbooks transition from using vowelized texts (with diacritic marks) to unvowelized texts (without diacritic marks). Without diacritic marks, Arabic written words are phonologically ambiguous. Starting from the fourth or fifth grade, therefore, students have to recognize the whole word and understand the context in order to comprehend texts accurately. This abrupt transition in text may create challenges for students who have not yet gained robust reading skills, including those with LD.

Reading Instruction Literature of Students with LD

Although students with LD in Saudi schools need academic support, especially when it comes to reading skills, there are not empirical studies conducted to examine the benefits of

reading interventions for Arabic speakers with LD in Saudi Arabia (This issue is addressed in teacher education section). For the purpose of this study, therefore, the researcher reviewed eight meta-analyses (Berkeley, Scruggs, & Mastropieri, 2010; Edmonds et al., 2009; Kaldenberg, Watt, & Therrien, 2015; Scammacca, Roberts, Vaughn, & Stuebing, 2015; Sencibaugh, 2007; Swanson, 1999; Swanson, Hairrell, Kent, Ciullo, Wanzek, & Vaughn, 2014; Therrien, Taylor, Hosp, Kaldenberg, & Gorsh, 2011) and six literature reviews (Ciullo, Lo, Wanzek, & Reed, 2016; Gajria, Jitendra, Sood, & Sacks, 2007; Kim, D. Bryant, B. Bryant, & Park, 2017; Kuder, 2017; Solis, Ciullo, Vaughn, Pyle, Hassaram, & Leroux, 2012; Stevens, Walker, & Vaughn, 2016) conducted between 1999-2017 of reading interventions in English for students with LD (see Table 10).

Meta-analyses	and	Literature	Reviews	of	Reading	Instruction	for	Students	with	LD

Authors and Year	Purpose	Grade	Effective Practices identified
Swanson (1999)	Evaluating 92 studies (1963-1997) examined the effects of RC and WR interventions	K-12	DI (e.g., teacher modeling, breaking tasks down) SI (e.g., GOs, questioning) Combined DI and SI (e.g., GOs plus modeling)
Gajria, Jitendra, Sood, & Sacks (2007)	Summarizing 29 studies (1978-2005) examined the effects of GO on reading comprehension	K-12	Content enhancement (e.g., GOs; semantic mapping; mnemonic illustration; CAI/multimedia). Cognitive strategy instruction: (a) Single strategies (e.g., text structure; cognitive mapping; identifying main idea) (b) Multiple strategies (e.g., summarization, self-monitoring; paraphrasing, repeated readings)
Sencibaugh (2007)	Evaluating 15 studies (1985-2005) examined the effects of RC interventions	K-12	Visually dependent strategies (e.g., illustrations, semantic organizers) Auditory-language dependent strategies (e.g., summarization self- questioning, paragraph restatements, CSR, and text-structure-based strategies)
Edmonds et al. (2009)	Synthesizing 29 studies (1994-2004) examined the effects of RI	6-12	Reciprocal teaching Previewing and text structure Strategy instruction and attribution training GOs PALS CAI
Berkeley, Scruggs, & Mastropieri (2010)	Evaluating 40 studies (1995-2006) examined the effects of RC instruction	K-12	Question/strategy instruction (e.g., SQ, PALS) Text enhancement (e.g., GOs, technology) Fundamental reading skills training (e.g., the Behavioral Reading Therapy Program)
Therrien, Taylor, Hosp, Kaldenberg, & Gorsh (2011)	Evaluating 12 studies (1985-2006) examined the effects of science instruction on reading achievement	4-12	Structured inquiry (e.g., hands-on experiments, student collaboration) Supplemental mnemonic instruction Supplemental non-mnemonic instruction (e.g., PALS)
Solis, Ciullo, Vaughn, Pyle, Hassaram, & Leroux (2012)	Synthesizing 14 studies (1979-2006) examined the effects of RC interventions	6-8	Summarization-main idea (e.g., explicit modeling) Summarization-main idea and self-monitoring (e.g., question generation, interactive images) Multiple-strategy intervention (e.g., reciprocal teaching)
Swanson, Hairrell, Kent, Ciullo,	Examining 16 studies (1982-2009) examined the	K-12	Content enhancements (GOs, Mnemonics) Questioning

Wanzek, &	effects of reading		Guided notes	
Vaughn (2014)	interventions		Multicomponent comprehension instruction (e.g., peer tutoring plus	
			summarizing)	
Scammacca,	Analyzing 36 studies (1980-	4-12	Comprehension strategy	
Roberts, Vaughn,	2011) examined the effects		Fluency instruction	
& Stuebing (2015)	of reading interventions		Word study instruction	
	2		Vocabulary instruction	
			Multiple components instruction	
Kaldenberg, Watt,	Evaluating 20 studies	5-11	Vocabulary instruction (e.g., DI, combined DI and CSI; GOs)	
& Therrien (2015)	(1980-2012) examined the		Non-vocabulary instruction (e.g., elaboration, text structure)	
	effects of RC interventions			
Stevens, Walker,	Synthesizing 19 studies	K-5	RR with a model	
& Vaughn (2016)	(2001-2014) examined the		RR without a model	
- · ·	effects of RF interventions F		Assisted reading with audiobooks	
	and RC performance		Word-supply	
	-		Phonics-based feedback	
			Multicomponent interventions	
Ciullo, Lo,	Summarizing 18 studies	K-5	Content enhancement tools (e.g., GOs, semantic mapping)	
Wanzek, & Reed	(earliest studies-2013)		CSI (e.g., self-questioning)	
(2016)	examined the effects of			
	informational text			
	interventions on reading			
	performance			
Kim, D. Bryant,	Synthesizing 12 studies	K-5	RR with a model	
B. Bryant, & Park	(2004-2014) examined the		RR without a model	
(2017)	effects of RF interventions		Video modeling-only	
			Word/phrase practice	
Kuder (2017)	Synthesizing 13 studies	6-12	Mnemonic instruction	
	(2004-2015) examined the		Learning strategies that utilize morphemic analysis	
	effects of VI on reading		DI	
	performance		Multimedia instruction	
			Peer-mediated instruction	
			RR	

Note. RC= Reading Comprehension, WR= Word Recognition, DI= Direct Instruction, SI= Strategy Instruction, GO= Graphic Organizers, CAI= Computer-Assisted Instruction, CRS= Collaborative Reading Instruction, PALS= Peer-Assisted Learning Strategies, RI= Reading Interventions, SQ= Self-Questioning, CSI= Cognitive Strategy Instruction, RR= Repeated Reading, RF= Reading Fluency, VI= Vocabulary Instruction Note. The target population of these studies is students with LD.

Common findings. Across the literature reviews and meta-analyses conducted between 1999-2017, there are common findings addressed by multiple research teams (see Table 11). First, the majority of reviews and meta-analyses (n = 10) reported large effect sizes of reading interventions for students with LD (e.g., Ciullo et al., 2016; Edmonds et al., 2009; Gajria et al., 2007; Swanson, 1999). Second, eight meta-analyses and reviews (e.g., Berkeley et al., 2010; Sencibaugh, 2007; Therrien et al., 2011) indicated that the majority of studies included used researcher-developed reading measures. Third, almost all research teams (e.g., Kuder, 2017; Solis et al., 2012; Swanson, 1999) agreed that studies using researcher-developed reading measures yielded larger effect sizes than the ones used standardized measures. In other words, researcher-developed measures have been associated with large effect sizes. Solis et al. (2012), for example, reported that only one study out of 12 studies used a standardized reading measure. However, Scammacca et al. (2015), which is a more recent meta-analysis, reported that most studies used standardized measures, thus decreasing their effect sizes, which ultimately decreased in the total mean of effect sizes found in recent meta-analyses. Scammacca et al. (2015), for example, found that the overall mean effect size for studies conducted between 1980-2004 was large (g = .91), while the one for new studies was small (g = .24).

Fourth, many reviews and meta-analyses (e.g., Gajria et al., 2007; Kaldenberg et al., 2015; Solis et al., 2012) found that researchers were the primary intervention agents. However, only four meta-analyses and reviews (Berkeley et al., 2010; Edmonds et al., 2009; Kuder, 2017; Scammacca et al., 2015) found that teachers were the primary intervention agent in the majority of studies. Six reviews and meta-analyses (Berkeley et al., 2010; Edmonds et al., 2009; Gajria et al., 2007; Scammacca et al., 2015; Swanson, 1999) found that studies delivered by researchers had higher effect sizes than the ones delivered by teachers, while none of the reviews indicated that interventions had higher effect sizes when delivered by teachers. Only one review (Ciullo et

al., 2016) found no significant difference between reading interventions whether delivered by researchers or teachers.

Fifth, implementation fidelity was *marginalized* across many studies included in the reviews and meta-analyses. For example, of the 58 studies included in Swanson (1999) metaanalysis, only 37% (n = 21) reported some measure of fidelity. Edmonds et al. (2009), for example, found that nine (31%) of the 29 studies included reported treatment fidelity. Kaldenberg et al. (2015) also reported only three studies (25%) of the 12 studies reviewed reported fidelity of implementation. More recently, Ciullo et al. (2016) reported that of the 19 studies included in their review, only seven studies (39%) reported information related to fidelity of implementation, but only one study *adequately* reported fidelity of implementation. Sixth, multiple research teams (e.g., Edmonds et al., 2009; Kuder 2017; Sencibaugh 2007) suggested teaching students how apply and use reading interventions instead of utilizing these interventions to teach students. Finally, multicomponent strategies (e.g., peer tutoring) revealed more positive effects than single-strategies (e.g., repeated reading). Edmonds et al. (2009) found that multicomponent strategies had higher effect sizes than single strategies (see Ciullo et al., 2016). Table 11

Common Findings	Corresponding LR and MA			
Large ES	Ciullo et al. (2016); Edmonds et al. (2009); Gajria et al. (2007); Swanson (1999); Sencibaugh (2007); Kaldenberg et al. (2015); Kuder (2017); Solis et al. (2012); Swanson et al. (2014); Therrien et al. (2011)			
RDM	Ciullo et al. (2016); Swanson (1999); Therrien et al. (2011); Berkeley et al. (2010); Sencibaugh (2007); Kaldenberg et al. (2015); Kuder (2017); Solis et al. (201			
Large ES due to RDM	Swanson (1999); Therrien et al. (2011); Berkeley et al. (2010); Ciullo et al. (2016); Edmonds et al. (2009); Kaldenberg et al. (2015); Kuder (2017); Solis et al. (2012)			

Common Findings and their Corresponding LR and MA

Researcher as the primary intervention agent	Gajria et al. (2007); Kaldenberg et al. (2015); Solis et al. (2012); Ciullo et al. (2016); Swanson (1999); Scammacca et al. (2015)		
Interventions yielded high ES delivered by researchers	Berkeley et al. (2010); Edmonds et al. (2009); Gajria et al (2007); Scammacca et al. (2015); Swanson, (1999)		
Reporting fidelity of implementation inadequately	Swanson (1999); Edmonds et al. (2009); Kaldenberg et a (2015); Ciullo et al. (2016); Gajria et al. (2007); Swanson et al. (2014)		
Suggested teaching students how to use RS	Berkeley et al. (2010); Edmonds et al., 2009; Ciullo et a (2016); Gajria et al. (2007); Kaldenberg et al. (2015); Kuder (2017); Sencibaugh (2007); Solis et al. (2012)		
Higher ES for MCS than SS	Edmonds et al. (2009); Ciullo et al. (2016); Gajria et al. (2007); Kaldenberg et al. (2015); Scammacca et al. (2015); Stevens et al. (2016)		

Note. LR= Literature Review, MA= Meta-analysis, ES= Effect Size, RDM= Reading-developed Measure, RS= Reading Strategies, MCS= Multicomponent Strategies, SS= Single Strategies

Reading Practices for Students with LD

Across the meta-analyses and literature review, many reading practices are identified (see Table 3). For the purpose of this study, however, the researcher reviewed the Arabic language and Saudi schools' Arabic curriculum to determine whether to include or exclude some of these practices, given all of these practices have been conducted in English-speaking countries, specifically the United States. Many reading practices were identified and grouped into broader categories. Based on the aforementioned reviews, 17 reading practices were identified for students with LD, which are:

- 1. Explicit, direct comprehension instruction
- 2. Explicit, direct vocabulary instruction
- 3. Explicit, direct fluency instruction
- 4. Explicit, direct phonics instruction
- 5. Explicit, direct morphological instruction

- 6. Explicit, direct orthographic instruction
- 7. Repeated reading
- 8. Repeated feedback
- 9. Questioning
- 10. Collaborative learning (e.g., classwide peer tutoring)
- 11. Multicomponent strategies (e.g., Identifying main idea + self-questioning)
- 12. Content enhancement tools (e.g., graphic organizers)
- 13. Computer assisted instruction
- 14. Reinforcement
- 15. Motivation and self-directed learning
- 16. An extended time for reading
- 17. Summarizing/note taking

Teacher Education Special Education in Saudi Arabia

Educational progress in Saudi Arabia had been slow in the last century; however, in the last two decades, policymakers have tried to reform the education system through governmental projects, especially after learning about the students' low performance in Saudi schools. Therefore, The Saudi government has initiated two national projects in order to promote the educational reform in the country: *the King Abdullah bin Abdulaziz Public Education Development Project (Tatweer/development) and Saudi Vision 2030.* Tatweer project was established in 2014, and the Saudi government allocated 21 billion dollars for this project. The goal of this project is to improve schools' students outcomes and teacher quality through establishing research centers, providing more professional opportunities to teachers, establishing professional standards for the teaching profession, equipping schools with the needed resources, and improving special education services, especially the ones that promote inclusive education in

Saudi schools. The second major project in Saudi Arabia that targets teacher education is Vision 2030, which was released in 2016. This vision aims to develop the country economically, socially, and educationally (Al Surf & Mostafa, 2017) through restructuring Saudi Arabian educational system in order to improve the educational outcomes, which ultimately decrease the country's dependency on oil production. Several Saudi scholars (e.g., Al-Maimooni, 2016; Al-Zahrani & Rajab, 2017) stated that Vision 2030 will eventually develop the educational system in the country, thus improve students' literacy and outcomes.

Through both of these initiatives, teacher education will be evolving to reflect modern practices and robust professionalism. Inclusive education has been promoted and implemented in Saudi schools; therefore, students with disabilities, specifically those with LD, are being taught in general education classrooms, so they have to meet the expectations of the general education curriculum, specifically in reading. With the current state of special education teacher education, however, special education teachers are not adequately prepared to support students with disabilities in general education settings. The Vision 2030 and Tatweer will indirectly reform special education teacher education to reflect the inclusive education movement. Given the focus of this study is teachers of students with LD in Saudi Arabia, teacher education in Saudi Arabia for these teachers is addressed and reviewed in the following section.

Teacher preparation programs of teachers of students with LD. Before presenting the features of special education preparation programs in Saudi universities, it should be noted that most universities have roughly the same curriculum. Preservice special education teachers in Saudi universities usually finish their programs in four years (eight semesters). In their first year and half, preservice special education teachers take general courses plus general education courses. In their fourth semester, they have to choose a disability category as their specialization. In the case of preservice teachers of students with LD, they take special education introductory

courses during their fourth semester. From the fifth semester to the seventh semester, they take courses that mainly focus on LD plus other general courses. During the eighth semester, preservice teachers of students with LD have a student teaching experience that is supervised by their advisors in the department of special education. Therefore, the full program comprises of 136 hours (55 general education hours, 51 special education hours, 18 LD hours, and 12 student teaching hours).

When it comes to reading courses, preservice teachers of students with LD usually take 1-2 reading courses in general and 1-2 reading courses focused on LD. For the general reading courses, they focus on Arabic skills for students in general. For example, all students in the college of education must take Arabic language skills courses in their first semester. In their first semester, they may take courses that focus on teaching reading skills in order to delve into the depth of teaching Arabic language. Students usually have to take these courses during their first year of college. For the 1-2 reading courses focused on LD, students usually take these courses in their fifth or sixth semesters. Some students may take these courses during their seventh semester, depending on their plan of study. These courses focus mainly on teaching reading and writing skills to students with LD.

After preservice teachers graduate, they are required to pass two exams in order to get hired in public schools: the Teachers Exam and the Competency Exam developed by the Central Ministry of Education (National Center for Assessment, 2018). These exams were developed based on standards that were set through the Tatweer project (see Table 12). The Teachers Exam has two sections: general knowledge (75 questions) and content knowledge (75 questions). The Competency Exam assesses teachers' general ability in multiple subjects, which includes Arabic language, mathematics, English, etc. Achieving high percentages in these exams increases preservice teachers' chance to be hired. It should be mentioned that teachers who wish to be

hired in public schools have to apply through the Central Ministry of Education, which means

they are competing with all preservice teachers in their field throughout the nation.

Table 12

Domains of teaching	Standards			
Professional knowledge	 Knowledge of students and how they learn Mastering basic skills of literacy and numeracy Understanding the central concepts, methods of inquiry, structures of the discipline, and pedagogy specific to the discipline Knowledge of general pedagogy Designing coherent learning programs 			
Promoting learning	6. Creating opportunities for and advancing student learning7. Assessing student learning and providing useful feedback			
Supporting learning	8. Establishing a respectful and supportive environment for learning9. Establishing a culture of learning and high expectations for student achievement			
Professional accountability	 10. Working productively with school committees and colleagues to improve teaching and learning 11. Continually improving professional knowledge and practice 12. Understanding of the professional duties of Saudi teachers 			

Note. Table adapted from Al-Saud & Alsadaawi (2014)

Critical features of effective teacher preparation programs. Given teachers' major role in students' academic success, educators have been concerned about the effectiveness of teacher preparation programs. Students' learning depends on the quality of teacher preparation programs (Ball & Forzani, 2009). Therefore, several scholars (e.g., Bishop, Brownell, Klingner, Leko, & Galman, 2010; Brownell & Leko, 2014; Leko, Roberts, & Handy, 2017) have suggested that special education teachers who teach reading to students with LD would profit from better preparation on how to organize and implement reading instruction. In special education, however, there are only a small number of studies focused on this topic (Brownell et al., 2009; Feng & Sass, 2009; Seo, Brownell, Bishop, & Dingle, 2008; Stough & Palmer, 2003). Given the lack of studies related to the effectiveness of special education preparation programs in Saudi Arabia, the following addresses the critical features of effective teacher preparation programs in the United States.

Leko et al. (2012) examined the last decade (2002-2012) of special education teacher education research. They indicated five features of effective special education preservice teacher education programs: (1) coursework that dynamically incorporates both content and pedagogical knowledge, (2) pedagogies that allow for active learning experiences, such as simulations, (3) high quality student teaching experiences with supported coursework, (4) collaboration opportunities between general and special education preservice teachers, and (5) prolonged and extensive opportunities for learning how to teach. Many studies have documented the benefits of the aforementioned features of effective special education preservice teacher education programs. They enable preservice teachers to transfer theoretical and practical knowledge into classroom practices, which results in higher-quality reading instruction (Leko et al., 2012). These features also promote the use of inclusive practices for students with disabilities in general education classrooms (VanLaarhoven et al., 2008). When it comes to reading specifically, empowering preservice special education teachers to apply what they learned during their preservice training should enable them to improve and effectively apply their reading instruction (Leko & Brownell, 2011). Moreover, extensive programs indicated positive effects on students' reading achievement (Leko et al., 2012).

Professional development. Professional development plays an essential role in teachers' classroom practices. It is considered to fill the gap between teacher preparation programs and national education standards (Desimone, Smith, & Ueno, 2006) and drives educational reform

(Almadani & Allafiajiy, 2014; Birman, Desimone, Porter, & Garet, 2000; Brownell et al., 2017; Desimone, Garet, Birman, Porter, & Yoo, 2003; Richard & Neil, 2011). Effective professional development is key to enhancing teachers' content and pedagogical knowledge, which in turn, aligns their teaching practices with new educational standards (Desimone et al., 2003; Desimone et al., 2006). The success of many education reforms relies on effective teacher preparation (Desimone, 2009); therefore, within education reform initiatives, professional development receives the largest portion of funding to ensure that teachers are adequately prepared to implement new content and pedagogy (Desimone et al., 2006).

Professional development is a training that targets current teachers and other school staff to increase their performance in their current or future placements within a school or district (Desimone, 2009; Little, 1987). Professional development can take different forms, such as workshops, conferences, professional learning communities, continuing education activities, etc. In the past, professional development was related to, but distant from learning environments; however, many scholars affirm the effectiveness of professional development when embedded in practice and supported by colleagues (Desimone, 2009). Furthermore, sustained and intentional professional development is shown to significantly increase students' academic outcomes (Darling-Hammond, Wei, Andree, Richardson, & Orphanos, 2009; Desimone, Smith, Hayes, & Frisvold, 2005). Unfortunately, many teachers are not engaged in ongoing collaborative professional development grounded in research-based instruction (Brownell et al., 2017; Wei, Darling-Hammond, & Adamson, 2010). This issue is more complex when it comes to the Saudi Arabian education context.

Professional development opportunities are usually created and implemented by districtlevel ministries of education throughout Saudi Arabia. Therefore, teachers in schools whose administrators do not require professional development receive little opportunities to participate

in professional development. Teachers also are not incentivized to seek professional development opportunities because it is not a requirement to maintain a teaching license. Furthermore, most professional development in Saudi Arabia is referred to as "one-shot" professional development because the most commonly used format is lecturing along with the lack of follow-up about the implementation of practices (Al-Seghayer, 2014).

Professional development in Saudi Arabia has recently become a major concern for educational reformers (Alshamrani, Aldahmash, Algudah, & Alroshood, 2012). Governmental initiatives like the Tatweer project and the 2030 Vision stress on the importance of professional development in order to promote educational reform throughout the nation. Al-Sulaimani (2010), in agreement with Desimone (2009), stressed on the need for professional development activities that enhance teachers' pedagogical competencies. Almadani and Allafiajiy (2014) also stated that the Ministry of Education has promoted teacher professional development in Saudi schools in order to enhance students' outcomes. For example, the Tatweer project has officially partnered with the Centre for British Teachers to develop and offer professional development to support teachers' mastery of content and pedagogical knowledge, specifically how to integrate technology into classrooms; however, and Almazroa, Aloraini, and Alshaye, (2015) argued that professional development does not meet the radical educational reform currently happening in Saudi Arabia; therefore, only minimal success has been reported in current Saudi Arabian-based professional development research. Given the recent stress on effective professional development, Saudi Arabian reformers need to understand and integrate the critical features of effective professional development, which are addressed by Desimone (2009).

Critical features of effective professional development. Desimone and her colleagues (e.g., Desimone, Porter, Garet, Yoon, & Birman, 2002; Garet, Porter, Desimone, Birman, & Yoon, 2001) conducted a series of studies on professional development. The purpose of these

studies was to identify critical features of professional development; they indicated that identifying critical features of professional development can help educators design professional development activities that enhance teachers' theoretical and practical knowledge, and ultimately students' outcomes. Based on these studies, Desimone (2009) presented the critical features of professional development, which are: (1) content focus, (2) active learning, (3) coherence, (4) duration, and (5) collective participation. These features are Desimone's (2009) framework for effective professional development, which is grounded in Situated Learning theory (Lave & Wenger, 1991). This theory indicates that learning is complex and embedded in authentic contexts. Based on this perspective, teachers learn effectively when professional development provides opportunities to implement new practices within the context of teaching.

Content focus. Content focus is considered the most critical feature of professional development (Desimone, 2009; Desimone et al., 2006). This feature indicates that professional development activities should focus on a certain subject content and the way students learn that content (Desimone, 2009; 2011; Desimone & Garet, 2015). Desimone (2009) stated there is a link between professional development activities that are centralized on a specified content and improvement in teachers' knowledge and practice, which ultimately enhances students' achievement (see Desimone et al., 2006). More recently, Brownell et al. (2017) found that recent studies (e.g., Desimone, Smith, & Phillips, 2013; Gersten, Dimino, Jayanthi, Kim, & Santoro, 2010; Heller, Daehler, Wong, Shinohara, & Miratrix, 2012) intended to improve teachers' knowledge of teaching content, such as science, reading, and mathematics, revealed significant outcomes in teachers theoretical and practical knowledge as well as positive students' outcomes. Furthermore, studies focused on examining the effects of content-focused professional development on teachers' knowledge and practice of teaching reading (e.g., Carlisle & Berebitsky, 2010; Gersten et al., 2010; Greenleaf et al., 2011; McCutchen, Green, Abbott, &

Sanders, 2009; Neuman & Cunningham, 2009) found positive results not only on teachers learning and instructional practices, but also on students' reading performance.

Active learning. This feature indicates that teachers should be provided with opportunities to be active participants in professional development through observing, receiving feedback, analyzing instructional practices and students' products, creating presentations, and discussing the implementation of strategies (Carlisle & Berebitsky, 2010; Desimone, 2009; 2011; Desimone & Garet, 2015; Garet et al., 2008; Gersten et al., 2010; McCutchen et al., 2009; Neuman & Cunningham, 2009). Desimone (2009) stated that when teachers are active learners in the learning process, professional development is more effective than when they are passive learners, such as listening to a lecture (see Desimone et al., 2006). Specifically for reading professional development, Brownell et al. (2017) indicated that active learning opportunities with sustained reading-focused professional development improved teachers' pedagogical and content knowledge, and ultimately students' reading outcome (see Gersten et al., 2010; McCutchen et al., 2009).

Coherence. This feature refers to the alignment of professional development content, goals, and activities with students' needs, teachers' beliefs and knowledge, as well as curriculum and policies (Desimone, 2009; 2011; Desimone & Garet, 2015). Brownell et al. (2017) and Desimone (2009) indicated that professional development that is coherent with school, district, and state policies along with students' learning are more likely to be effectively implemented and sustained in the classroom. Brownell et al. (2017) added that studies that addressed coherency in professional development (e.g., Carlisle & Berebitsky, 2010; Gersten et al., 2010; Hindman & Wasick, 2012; McCutchen et al., 2009) enabled teachers to integrate research-based strategies into their classroom practices. Using Desimone's (2009) framework, Gersten et al. (2010) implemented professional development to enhance teachers' vocabulary instruction; they found

that addressing coherency in professional development improved vocabulary instruction as well as students reading acquisition.

Duration. This characteristic stresses on the importance of ongoing and sustained professional development. Duration encompases the time actively spent on professional development activities along with the time span between activities (Desimone, 2009). Desimone (2009) suggested at least 20 hours of engagement in professional development activities over the course of six months in order to effectively incorporate knowledge from professional development into classroom practices (see Desimone, 2011; Desimone & Garet, 2015). In their report on teacher development, Darling-Hammond et al. (2009) reported that professional development studies that included 30-100 contact hours over a 6-12 month period revealed positive outcomes of teachers' learning and students' outcomes. Studies with lower hours of professional development (5-14) did not find significant effects on students' outcomes. For reading-based professional development, Brownell et al. (2017) indicated a link between the duration of professional development and students' reading achievement (see Biancarosa, Bryk, & Dexter, 2010).

Collective participation. This feature encourages teachers from the same grade, content area, or school to establish an interactive learning community to collectively engage in professional development activities (Desimone, 2009; 2011; Desimone & Garet, 2015). These arrangements (e.g., study groups) provide teachers with a supportive environment that empowers them to improve their content and pedagogical knowledge within the context of their instruction (Brownell et al., 2017; Desimone, 2009). Brownell et al., (2017) found studies that engaged teachers in collaborative opportunities (e.g., teacher networks, coaching) during professional development (e.g., Carlisle & Berebitsky, 2010; De La Paz, Malkus, Monte-Sano, & Montanaro, 2011; Gersten et al., 2010; McCutchen et al., 2009) revealed improvement in teachers' literacy

instruction and students' reading outcomes.

Implementation of Reading Instruction

While inclusive education has become the trend in Saudi Arabian schools, more students, especially students with LD, are being included in general education classrooms, so they need full support in order to succeed and meet the academic demands, specifically reading. Although governmental initiatives and the Ministry of Education have attempted to develop teacher education and special education in order to meet the needs of inclusive education, the state of teacher education seems to hinder the implementation of these initiatives (Al-Ahmadi, 2009). These issues are contextualized within the implementation of reading instruction through the following aspects (see Figure 2).



Figure 2. Factors related to reading instruction implementation of teachers of students with LD

First, special education preservice teacher education programs do not emphasize specialized content knowledge but provides general information in multiple content areas, although several Saudi scholars have emphasized on the criticality of high qualifies special education teachers. Second, teachers of students with LD cannot rely on general education teachers to implement effective reading instruction for students with LD because general education preservice teacher education programs do not address students with disabilities (including LD) and co-teaching is not a supported practice. Regardless of the emphasis on teacher collaboration between general and special education teachers, A1-Zoubi and Rahman (2016) argued that it barely exists in Saudi schools. Third, inservice teachers are not usually encouraged to participate in professional development activities. In addition, several scholars have argued that special education teachers have limited access to professional development activities, including reading-based professional development.

Fourth, it is not known whether Arabic curriculum in Saudi schools is designed based on empirical evidence. Fifth, there is a lack of evidence-based reading practices for students with LD. Altamimim, Lee, Sayed-Ahmed, and Kassem (2015), for example, synthesized the special education Saudi literature written in English and reported that only two quasi-experimental studies have been conducted in Saudi special education literature. This is due to the translation of English-based reading instruction research into Arabic, which is used to educate Saudi teachers. Research translation is popular in Saudi Arabia because the majority of Saudi scholars and researchers have received their doctorate degrees from English speaking countries, such as the United States, Britain, and Australia (Alamri, 2011; Smith & Abouammoh, 2013). In 2014, for example, over 100,000 Saudi students were actively enrolled in American universities (Taylor & Albasri, 2014). Since the effectiveness of these strategies are questionable when implemented in

a different language, it is unknown if the reading achievement of students with LD is positively affected with the use of these strategies

Based on the aforementioned factors related to the status of special education teacher education in Saudi Arabia, it is questioned whether teachers of students with LD are adequately prepared to implement reading instruction in their classrooms. Therefore, the purpose of this study is to examine reading-related preservice and inservice teacher education of teachers of students with LD and their current implementation of reading instruction. The procedures of this study were designed based on a study conducted by Leko, Alzahrani, and Handy (in press) to report a subset of findings from a larger study (Leko et al., 2017) that examined 577 secondary special education teachers' preparation and its relation to their reading practices. The survey included 43 items that asked teachers about their (a) demographics, (b) school characteristics, (c) teaching assignment, (d) undergraduate and graduate teacher preparation in reading, (e) professional development in reading, and (f) current reading practices.

Leko Alzahrani, et al. (in press) presented findings only on teachers who reported teaching reading to students with LD (N = 392). When teachers were asked about the implementation of their literacy practices, the most commonly utilized practice was direct, explicit vocabulary instruction (n = 251, 68%), while the least implemented practice was interdisciplinary teacher teaming (n = 66, 17.9%). In regards to undergraduate/graduate reading instruction courses, (a) 170 teachers (43%) reported taking 1-2 undergraduate/graduate reading instruction courses, and (b) 222 of them reported taking 1-2 courses included knowledge on reading practices for students with disabilities. In regards to professional development, 164 teachers (43%) reported participating in zero hours of district or school-based professional development in the last two years, while 80 teachers (21%) reported receiving 1-2 hours of professional development. When teachers asked about the professional development activities in

reading instruction, the majority of them (n = 194; 63.8%) reported district-based workshops, while 144 teachers (47.4%) indicated school-based workshops.

Conclusions

In this chapter, the history and context of LD in Saudi Arabia was reviewed. In addition, reading in Arabic language was discussed, Arabic language orthographic, phonological, and morphological characteristics, as well as the possible implications on Arabic readers with LD were presented. Arabic curriculum in Saudi schools was also briefly addressed. Furthermore, reading instruction literature for students with LD was reviewed, and the reading instruction practices were identified based on the reviewed literature. Moreover, the current status of teacher education and special education, including teacher preparation and professional development, in Saudi Arabia was discussed. Finally, the reading instruction implementation of teachers of students with LD and the related challenges were presented.

CHAPTER III

METHODOLOGY

Research Questions

- What reading-related university training experiences do Saudi teachers of students with LD report having completed?
- 2. What reading-related professional development experiences beyond university training do Saudi teachers of students with LD report having completed?
- 3. To what extent are reading-related university training and professional development experiences related to the implementation of teachers' current classroom practices?

Design, Participants, and Setting

The purpose of this study was to examine teachers of students with LD's reading-related teacher education and its impact on the implementation of reading instruction in Saudi Arabian schools. This study utilized a survey research design, using quantitative approach to examine and answer the research questions. This study used a census sampling procedure, so participants were all male and female teachers of students with LD in Saudi elementary, middle, and high schools. Even though census data collection procedures are usually impractical (Daniel, 2011; Fricker, 2017), it is feasible and practical for this study because the Ministry of Education in Saudi Arabia is the central authority for all public and private schools, and it has a directory of all special education programs, including programs for students with LD through the Ministry of Education. Specifically, the researcher sent a survey link via Qualtrics Software to the central Ministry of Education, that sent it to all special education programs supervisors in regional ministries. Then,

these supervisors disseminated the survey link via email to all teachers of students with LD in their region. Currently, there are 2077 programs and 2158 teachers for students with LD in Saudi schools (see Table 13). The response rate, which is the number of participants who completed the survey divided by the number of invitees (Fowler, 2014), was calculated after the data collection procedures.

Table 13

Demographics of Teachers of Students with LD in Saudi Arabia

Gender	Central	North	South	East	West	Total
Female	287 (30.3%)	34 (23.6%)	60 (23.4%)	79 (28.1%)	79 (14.9%)	539 (25%)
Male	660 (69.7%)	110 (76.4%)	196 (76.6%)	202 (71.9%)	451 (85.1%)	1559 (75%)
Total	947	144	256	281	530	2158

Power Analysis

The G*Power software was used to determine the minimum sample size for the multiple regression analysis with a total of two predictors. The power analysis was conducted with .05 level of significance, a power of .95, and a medium effect size (.15) (Faul, Erdfelder, Buchner, & Lang, 2009). The aforementioned analysis required a minimum sample size of 107 participants (see Figure 3).


Figure 3. Power analysis from G*power

Consideration of Human Subjects' Approval

A request to conduct this study was submitted to The Human Subjects Committee. The Institutional Review Board (IRB) at the University of Kansas reviewed this request. Once approval was granted (Appendix A), the survey was distributed.

Research Field Study Approval

After receiving IRB approval, the researcher sent a request - to conduct the study- that included the required documents to Saudi Arabian Cultural Mission (SACM), which is located in Washington, D.C. After reviewing the request, SACM sent the documents along with the letter of definition (Appendix B) to the Ministry of Education in Saudi Arabia in order to conduct the study.

Instruments

The purpose of this study's questionnaire was to examine teachers of students with LD's teacher education, including their undergraduate/graduate courses and professional development opportunities related to reading instruction, and how they affect teachers' implementation of current reading practices. This survey was adapted from a survey used in a series of studies published by Leko and various colleagues (e.g., Leko, Chiu, & Roberts, 2017; Leko, Handy, & Roberts, 2017) (Appendix C). The original survey includes 43 items. The 43-item survey will

ask teachers to provide information about their: (a) demographics, (b) school context, (c) teaching assignment, (d) undergraduate and graduate teacher preparation in reading, (e) professional development in reading, and (f) current reading practices. The survey items include checklists, and 5-point Likert-type rating scales, and open-ended questions.

For the purpose of this study, the following steps were taken to ensure the applicability of the survey to teachers of students with LD in Saudi Arabia. First, a careful and extensive review was conducted to identify reading practices for students with LD and struggling readers, that were presented across 14 meta-analyses and literature reviews published between 1999-2017 (e.g., Berkeley, Scruggs, & Mastropieri, 2010; Ciullo & Reutebuch, 2013; Edmonds et al., 2009; Kaldenberg et al., 2015; Scammacca, Roberts, Vaughn, & Stuebing, 2015; Stevens, Park, & Vaughn, 2018; Swanson et al., 2012). Given Leko and her colleagues only identified reading practices for adolescents, the purpose of this step was to find reading practices for students with LD and struggling readers in K-12 grades. Second, the researcher conducted an extensive review of Arabic language to: (1) describe and present Arabic language characteristics and (2) compare the characteristics of both Arabic and English languages. Third, a careful and detailed review of Arabic curriculum in Saudi schools was conducted to learn about the books used and the reading skills taught to students. The purpose of conducting the second and third steps was to ensure the transparency and reciprocity of English and Arabic reading practices.

Based on the aforementioned steps, some items were deleted, added, or modified. For example, question 18 in the original survey, asks teachers to "select all that apply"; in this study, this question was changed to be a Likert-scale question. Therefore, the translated survey included 19 items that asked teachers to provide information about their: (a) demographics, (b) undergraduate and graduate teacher preparation in reading, (c) professional development in reading, and (d) the implementation of current reading practices. The survey items included

checklists, 5-point Likert-type rating scales (1 = Never, 2 = Rarely, 3 = Sometimes, 4 = Often, 5 = Always) and open-ended questions (Appendix D).

Procedures

Validity and reliability. Validity and reliability are critical procedures that were addressed in this survey study. Validity is "the extent to which the instrument measures what it is intended to measure" (Frey, 2006, p. 136). It is simply a term that describes the relationship between an answer and some measure of the true score, and answers correspond to what they are intended to measure (Fowler, 2014). Validity is conventionally inferred from the manner in which a scale was constructed, its ability to predict events, and its relationship to measures of other constructs (Messick, 1995).

In regards to reliability, it refers to "whether scores for items on an instrument are internally consistent, whether they are stable over time, and whether there is consistency in test administration and scoring" (Creswell, 2009, p. 233). It is simply providing consistent measure in comparable situations (Fowler, 2014). To ensure consistent data collection, experience for all respondents, researchers have to ensure that: (1) questions must be simple, understandable, well designed, and comprehensible (DeVellis, 2017). Both validity and reliability were addressed throughout the process of translating the survey from English into Arabic.

Translating the survey from Arabic into English. The survey used for this study was translated using the backward translation approach. Beaton, Bombardier, Guillemin, and Ferraz (2002) suggested a six-step procedure using the backward translation approach: translation, synthesis, back translation, expert committee review, pretesting, and submission and appraisal. The backward translation developed Beaton et al. (2002) effectively addresses content, cultural, and construct validity. The translation approach in this study did not include pretesting to extract reliability of question 18 because each item in this question is its own variable.

Translation. At this stage, the researcher invited two translators who speak and write both English and Arabic languages proficiently, have experience in Saudi Arabian cultural context, and have experience with translating texts from English to Arabic or vice versa. They *independently* translated the English version into Arabic.

Synthesis. A third bilingual person who has the same qualifications of the other two translators reconciled a discussion between the two translators in order to develop one Arabic version of the survey.

Back translation. Another independent person, who was blind to the original document, was invited to translate back the finalized Arabic version into the original language (English version). Then, she compared this English version to the original survey written in English.

Expert committee review. An expert committee, consisted of three experts, compared the final Arabic version and the original English version in terms of readability, accuracy, and comprehension of the Arabic version. These experts are special education faculty members at Saudi universities, experienced in teacher education and reading, speak and write both Arabic and English proficiently, and experienced about the Saudi Arabian cultural context. The committee met to consolidate the difference between the surveys in order to produce a final version of the survey. The expert committee review ensured content and cultural validity (DeVellis, 2016).

Focus group. Focus group is defined as conducting discussions with people from the study population. For the content validity of the final Arabic version, a focus group of 15 special education teachers acted as a sample that represents the population. They looked over the survey for 15-20 minutes in order to determine the question wording, clarity, and comprehension of some key words or terms (Fowler, 2014). To make the focus group more systematic, respondents filled out a rating form on each question; this rating form included: (1) easiness to read, (2)

clarity, (3) accuracy (Fowler, 1995), and (4) if there are any missing reading practices that need to be added to the survey. After they read the survey, they suggested: (1) adding the word "strategy" before every reading strategy in questions 12, 15, and 18, (2) adding "in general" to choice 10a, 12a, and 18a, (3) adding "practical activities" as an additional choice to question 11, (4) deleting the choice "tutoring students with specific learning disabilities" from question 11 given it does not exist in teacher education in Saudi Arabia, and (4) deleting "university courses related to teaching reading" from question 15 given this does not exist in teacher education in Saudi Arabia. All the suggested modification and comments of the focus group were addressed and applied to the survey (DeVellis, 2016; Fowler, 2014).

Submission and appraisal. The researcher documented and recorded all the previous steps taken in order to translate the document, including the translation forms, comments received from experts, and the decisions made by the review committee (Appendix E).

Data Collection

As explained previously, teachers were invited to participate *voluntarily* in the survey sent through the Saudi Ministry of Education. The survey was sent through Qualtrics Software and was available for one month. At the halfway point, a reminder was sent to teachers who did not complete the survey. The consent statement explained: (1) the purpose of the study in details, (2) the importance of participation, and (3) the related-confidentiality assurance related to teachers' participation (Appendices F & G).

Data Analysis

Depending on the data type, different statistical methods (descriptive, regression, and qualitative) were used to analyze the research questions. The Statistical Package for Social Science (SPSS) software version 25 was used to analyze all data. All analyses were conducted using p < .05 as a level of statistical significance. Descriptive statistics were computed to: (1)

provide more information related to the research questions and (2) describe the sample on the basis of background information (e.g., gender, age, qualifications, years of teaching experience, etc.).

Research question 1. What reading-related university training experiences do Saudi teachers of students with LD report having completed? Descriptive statistics (e.g., mean, standard deviation, frequencies, percentages) were used to describe teachers of students with SLD's self-report related to the number, components, and emphasis of reading courses taken during their undergraduate/graduate training.

Research question 2. What reading-related professional development experiences beyond university training do Saudi teachers of students with LD report having completed? Descriptive statistics (e.g., mean, standard deviation, frequencies, percentages) were used to describe teachers of students with SLD's self-report related to number, types, and emphasis of professional development activities beyond university training.

Research question 3. To what extent are reading-related university training and professional development experiences related to the implementation of teachers' current classroom practices? To analyze this question, multiple regression analysis was used to examine the correlation between teachers' reading-related university training and professional development experience beyond university training (teacher preparation) and teachers' implementation of reading instruction (see Figure 4).



Figure 4. Illustration of data analysis procedures

Open-ended questions. The participants were asked an open-ended question. This question was a follow up question that asked teachers to list any reading instruction they use in their classrooms not listed in question 18, which asked teachers about the frequency of their use of certain reading instruction. The answers of the open-ended question were listed and summarized (Corbin, Strauss, & Strauss, 2014; J. Creswell & D. Creswell, 2017).

CHAPTER IV

RESULTS

Introduction

The purpose of this study was to examine the perceived impact of reading related preservice and inservice preparation on the implementation of reading instruction of teachers on students with LD in Saudi Arabian schools. In this chapter, the descriptive statistics of teachers' demographic information, reading-related courses, reading-related professional development, and implementation of reading instruction are first presented and discussed. Then, using multiple regression analysis, the relationship between reading-related university training and professional development activities and teachers' implementation of reading instruction is also analyzed and presented.

Descriptive Statistics

Participants' demographics. As mentioned in the previous chapter, the survey was sent online to all teachers of students with LD in Saudi schools (2158 teachers). Of the 2158 teachers, 291(13.5%) teachers took the survey; of the 291 teachers, 129 (44.3%) completed the survey. Therefore, the other 162 (55.7%) questionnaires were excluded from the analysis (see Table 14). Table 14

Cases	Ν	Percent
Valid	129	44.3
Excluded	162	55.7
Total	291	100

Valid and Excluded Cases

The number of participants who completed the survey was 129 teachers. The number of male teachers was 71 (55%), while the number of female teachers was 58 (45%). The majority of teachers (n = 110, 85.3%) held a bachelor's degree, 14 teachers (10.9%) held a master's degree, 4 teachers (3.1%) held an associate degree, while only one teacher (.8%) held a doctorate degree. Most teachers (n = 112, 86.8%) teach at elementary schools, while the rest (n = 17, 13.2%) teach at the secondary level (see Table 15).

Table 15

	Frequency	Percentage
Gender		
Male	71	55
Female	58	45
Level of Education		
Associate	4	3.1
Bachelor	110	85.3
Master's	14	10.9
Doctorate	1	.8
Class Level		
Elementary School	112	86.8
Middle School	13	10.1
High School	4	3.1

Participants' Demographics

In this study, teachers were asked about the Saudi region where they are currently teaching. The purpose of this question was to determine the number of teachers in each region in order to compare impact of each region's reading-related teacher education individually, which will be examined in future studies. Of the 129 teachers who completed the survey, the majority (n = 45, 34.9%) reported the West region, 34 teachers (26%) reported the Central region, 21 teachers (16.3%) reported the East region, while the least reported regions were the South (n = 19, 14.7%) and North (n = 10, 7.8%). Teachers were also asked about the region of university where they obtained their degrees. The purpose of this question was to determine the number of teachers graduated from each region in order to compare any impact of each region's universities' teacher preparation programs, which will be examined in future studies. Forty-six teachers (35.7%) reported the West region, 40 (31%) reported the Central region, then the East region (n = 19, 14.7%), the South region (n = 13, 10.1%), and only 10 teachers (7.8%) reported obtaining their degrees from the North region (see Table 16).

Table 16

	Frequency	Percentage
Current School Region		
West	45	34.9
Central	34	26.4
East	21	16.3
South	19	14.7
North	10	7.8
Region of Obtained Degree		
West	46	35.7
Central	40	31
East	19	14.7
South	13	10.1
North	11	8.5

Participants' Current School Region and Region of Obtained Degree

As part of the survey, teachers were asked about their age, years of teaching experience,

and number of students they serve. For these questions specifically, the participants were asked to write the exact numbers of age, teaching experience, and served students in order to enable the researcher to determine the accurate ranges and percentages. The results revealed that the participants' age ranged from 23 to 44 years old with a mean of 31 (SD = 4.42). Based on the derived data, the ages were coded into four groups. As shown in Table 17, the most common age group was 29-34 with 60 teachers (46.5%) in this group. The least common age group reported was 40-44 years old with only 8 teachers (6.2%).

The results also indicated that teachers' years of teaching experience ranged from 1 to 20 years with a mean of 6.8 (SD = 4.8). Based on the derived data, the teaching experience was coded into four groups. As per Table 17, the most prevalent years of teaching experience group was 1-5 with 59 teachers (45.7%), while the least prevalent years of teaching experience group was 16-20 with only 8 teachers (6.2%) (see Table 17). In addition, teachers on average serve 15 students (SD = 3.00), while the number of students served ranged from 1 to 20 students. This category was coded into groups based on the derived numbers. The most common group was 11-15 with 61 teachers (47.3%) followed by the group 16-20 (n = 59, 45.7%), while the least prevalent group was 1-5 with only 2 teachers (1.6%) (see Table 17).

Table 17

	Frequency	Percent
Age		
23-28	38	29.5
29-34	60	46.5
35-39	23	17.8
40-44	8	6.2
Teaching Experience		

Participants' Age, Teaching Experience, and Number of Served Students

1-5	59	45.7
6-10	44	34.1
11-15	18	14
16-20	8	6.2
Number of Served Students		
1-5	2	1.6
6-10	7	5.4
11-15	61	47.3
16-20	59	45.7

Research Question One: Reading-Related University Courses

Number of courses. Teachers were asked to report the number of courses that included information on (1) reading in general, (2) reading for students with disabilities, (3) reading for students with LD, and (4) reading curriculum. To analyze the research question, descriptive statistics were utilized to by calculating the mean of items, standard deviations, frequencies, and percentages. Based on the derived data, the aforementioned four categories were coded into groups (see Table 18). Teachers of students with LD on average had 4.5 courses (SD = 2.1) during their undergraduate/graduate training that included information on reading instruction.

Courses in general. Teachers on average had 1.3 courses (SD = .91) during their undergraduate/graduate training that included information on reading instruction in general. The majority of teachers (n = 96, 74.4%) had 1-2 courses, 8 teachers (6.2%) had 3-4 courses, 1 teacher (.8%) had 5 or more courses, while 24 teachers (18.6%) did not have any reading-related courses.

Courses for students with disabilities. Teachers on average had 1.1 courses (SD = .71) during their undergraduate/graduate training that included information on reading instruction for

students with disabilities. The majority of teachers (n = 107, 82.9%) had 1-2 courses, 3 teachers (2.3%) had 3-4 courses, 1 teacher (.8%) had 5 or more courses, while 18 teachers (14%) did not have any courses included information on reading instruction for students with disabilities.

Courses for students with LD. Teachers on average had 1.3 courses (SD = .58) during their undergraduate/graduate training that included information on reading instruction for students with LD. The majority of teachers (n = 121, 93.8%) had 1-2 courses, 6 teachers (4.7%) had 3 or more courses, and the rest of teachers (n = 2, 1.6%) did not have any courses that included information on reading instruction for students with LD.

Courses on reading curriculum. Teachers on average had .7 courses (SD = .86) during their undergraduate/graduate training that included information on reading curriculum. Nearly two thirds of teachers (n = 86, 66.6%) had 1-2 courses, 2 teachers (1.6%) had 3 or more courses, while nearly one third of teachers (n = 41, 31.8%) had no courses that included information on reading curriculum (see Table 18).

Table 18

	Frequency	Percent
General Reading Courses		
0	24	18.6
1-2	96	74.4
3-4	8	6.2
5 or more	1	.8
Reading Courses for Students with Disabilities		
0	18	14
1-2	107	82.9
3-4	3	2.3

Number of Reading Courses

5 or more	1	.8
Reading Courses for Students with LD		
0	2	1.6
1-2	121	93.8
3 or more	6	4.7
Courses on Reading Curriculum		
0	41	31.8
1-2	86	66.6
3-4	1	.8
5 or more	1	.8

The structure of courses. Teachers were asked about the structure of their undergraduate/graduate coursework in reading. They were allowed to select more than one choice. The majority of teachers (n = 115, 89.1%) reported lecture-based course with no practical experiences. Nearly one third of teachers (n = 46, 35.7%) reported completing a case study. Thirty-one teachers (24%) reported study groups while a similar percentage (n = 29, 22.5) reported practicing teaching reading in a classroom. Slightly fewer teachers (n = 17, 13.2%) indicated administrating student assessments in reading, and 14 teachers (10.9%) reported practical activities inside/outside classroom. Finally, none of the teachers (N = 0, 0%) reported having observation as one of the components of courses included information on reading instruction (see Table 19).

Table 19

	The	Structure	of R	eading	Courses
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Course Component	Frequency	Percent
Lecture-based course with no practical experiences	115	89.1

Completing a case study	46	35.7
Study groups	31	24
Practicing teaching reading in a classroom	29	22.5
Administrating student assessment in reading	17	13.2
Practical activities inside/outside classroom	14	10.9
Observation of teaching practices in a classroom	0	0
Other	0	0

The content of courses. Teachers were asked about the content of their undergraduate/graduate coursework in reading. They were allowed to select more than one answer. The majority of teachers (n = 78, 60.5%) reported reinforcement, followed by explicit, direct vocabulary instruction (n = 70, 54.3%), explicit, direct phonics instruction (n = 67, 51.9%), questioning (n = 60, 46.5%), and explicit, direct orthographic instruction (n = 57, 44.2%), and repeated feedback (n = 56, 43.4%). Lesser reported content was motivation and selfdirected learning (n = 18, 14%), explicit, direct comprehension instruction (n = 21, 16.3%), multicomponent strategies (n = 26, 20.2%), content enhancement tools and computer-assisted instruction (n = 31, 24%), and explicit, direct fluency instruction (n = 33, 25.6%) (see Table 20). Table 20

Deading Strategy	Enguara	Domoont
Keaung Strategy	rrequency	rercent
Reinforcement	78	60.5
Explicit, direct vocabulary instruction	70	54.3
Explicit, direct phonics instruction	67	51.9
Questioning	60	46.5
Explicit, direct orthographic instruction	57	44.2

The Content of Reading Courses

Repeated feedback	56	43.4
Repeated reading	49	38
Collaborative learning	40	31
Explicit, direct morphological instruction	38	29.5
Summarizing/note taking	37	28.7
An extended time for reading	35	27.1
Explicit, direct fluency instruction	33	25.6
Content enhancement tools	31	24
Computer assisted instruction	31	24
Multicomponent strategies	26	20.2
Explicit, direct comprehension instruction	21	16.3
Motivation and self-directed learning	18	14
Other	0	0

Research Question Two: Reading-Related Professional Development

Number of professional development events. Teachers were asked to write the number of professional development events that included information on (1) reading in general, (2) reading for students with disabilities, (3) reading for students with LD, and (4) reading curriculum since they graduated. To analyze the research question, descriptive statistics were utilized to by calculating the mean of items, standard deviations, frequencies, and percentages. Based on the derived data, the aforementioned four categories were coded into groups (see Table 21). One hundred and three teachers (79.8%) had professional development that included information on reading instruction, while 26 teachers (20.2%) did not. Teachers of students with LD on average had 1.5 professional development (SD = 1.1) that included information on reading instruction.

Reading-related professional development in general. Teachers on average had .43

professional development activities (SD = .77) that included information on reading instruction in general. Of the 129 teachers, 88 teachers (68.2%) reported none, 39 teachers (30.2%) reported 1-2 professional development, while only two teachers (1.6%) reported 3 or more professional development activities on reading instruction in general.

Reading-related professional development for students with disabilities. Teachers on average had .76 professional development activities (SD = .91) that included information on reading instruction for students with disabilities. Nearly half of teachers (n = 64, 49.6%) reported having none professional development, 61 teachers (47.2%) had 1-2 professional development activities, while only 4 teachers (3.2%) had 3-4 professional development activities that included information on reading for students with disabilities.

Reading-related professional development for students with LD. Teachers on average had 2 professional development activities (*SD* = 1.7) that included information on reading instruction for students with LD. Twenty-eight teachers (21.7%) did not have any professional development, 56 teachers (43.4%) had 1-2 professional development activities, 38 teachers (29.4%) had 3-4 professional development activities, while only 7 teachers (5.5%) had 5 or more professional development activities that included information on reading instruction for students with LD.

Professional development on reading curriculum. Teachers on average had .29 professional development activities (SD = .5) that included information on reading curriculum. The majority of teachers (n = 95, 73.6%) did not have any professional development, while the rest of teachers (n = 34, 26.4%) had 1-2 professional development activities on reading curriculum (see Table 21).

	Frequency	Percent
Professional Development on Reading Instruction		
0	88	68.2
1-2	39	30.2
3-4	1	.8
5 or more	1	.8
Professional Development on Reading Instruction for Students with Disabilities		
0	64	49.6
1-2	61	47.2
3-4	4	3.2
Professional Development on Reading Instruction for Students with LD		
0	28	21.7
1-2	56	43.4
3-4	38	29.4
5 or more	7	5.5
Professional Development on Reading Curriculum		
0	95	73.6
1-2	34	26.4

Number of Reading-Related Professional Development Activities

Types of professional development activities. Teachers were asked about the type of reading-related professional development activities they have participated in since they graduated. They were allowed to select more than choice. The total number of selected professional development activities was 198, meaning they participated 1-2 types of workshops.

A considerable number of teachers (n = 75, 58%) reported teacher study groups or networks; similarity, 72 teachers (55.8%) reported workshops. Lesser reported professional development types were conferences (n = 21, 16.3%), followed by seminars (n = 16, 12.4%), and technology training (n = 14, 10.9%) (see Table 22).

Table 22

Professional Development Type	Frequency	Percent
Teacher study groups or networks	75	58.1
Workshops	72	55.8
Conferences	21	16.3
Seminars	16	12.4
Technology training	14	10.9
Other	0	0

Types of Reading Related Professional Development

The content of professional development activities. Teachers were asked about the content of their reading-related professional development activities. They were allowed to select more than one answer. With equal number and percentage, the majority of teacher (n = 52, 40.3%) reported both reinforcement and explicit, direct vocabulary instruction, followed by both repeated feedback and explicit, direct phonics instruction (n = 45, 34.9%), and repeated reading and explicit, direct fluency instruction (n = 36, 27.9%). Lesser numbers of teachers reported content was explicit, direct morphological instruction (n = 23, 17.8%), explicit, direct comprehension instruction (n = 17, 13.2%), computer-assisted instruction (n = 16, 12.4%), and multicomponent strategies (n = 14, 10.9%) (see Table 23).

Emphasis of Professional Development Activities on Reading Strategies	Emphasis	of Professional	Development Activities	on Reading	Strategies
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Reading Strategy	Frequency	Percent
Reinforcement	52	40.3
Explicit, direct vocabulary instruction	52	40.3
Repeated feedback	45	34.9
Explicit, direct phonics instruction	45	34.9
Repeated reading	36	27.9
Explicit, direct fluency instruction	36	27.9
Questioning	35	27.1
Collaborative learning	32	24.8
An extended time for reading	30	23.3
Content enhancement tools	29	22.5
Explicit, direct orthographic instruction	26	20.2
Motivation and self-directed learning	26	20.2
Summarizing/note taking	25	19.4
Explicit, direct morphological instruction	23	17.8
Explicit, direct comprehension instruction	17	13.2
Computer assisted instruction	16	12.4
Multicomponent strategies	14	10.9
Other	0	0

Reading Minutes

Teachers were asked the number of daily minutes they spend teaching. Teachers' report of reading minutes ranged between 10-160 minutes with an average of 47.6 (SD = 26.04). Elementary school teachers' reported daily average of teaching reading was 49.7 minutes, while secondary school teachers' reported daily average of teaching reading was 35.6 minutes. Nearly half of teachers (n = 64, 49.6%) reported teaching reading for 10-40 minutes daily. Forty-five teachers (34.9%) reported teaching reading for 41-70 minutes, 17 teachers (13.6%) reported 71-100 minutes, and only three teachers reported teaching reading for over 100 minutes daily. (see Table 24).

Table 24

Minutes Range	Frequency	Percent
10-40	64	49.6
41-70	45	34.9
71-100	17	13.6
101-130	1	.8
131-160	2	1.1

Teachers' Daily Reading Minutes

Teachers' Frequency of Implementing Reading Instruction

A five-point Likert scale (1= Never, 2= Rarely, 3= Sometimes, 4= Often, 5= Always) was used to ask teachers about the frequency of using certain reading practices in their classrooms. As shown in Figure 5, the highest ranking strategy *Always* used was reinforcement, while the lowest ranking strategy *Never* used was motivation and self-directed learning.

	0	20 4	6	0 8	0 1	00 1	20
Explicit comprehension	9	36		54		24	6
Explicit vocabulary	2 14	23	4	2		48	
Explicit fluency	14	24		55		21	15
Explicit phonics	5 12	40		29		43	
Explicit morphology	20	30	5	37		25	11
Explicit orthography	15	34		49		19	12
Repeated reading	5 23	}	46		31	24	
Repeated feedback	4 15	35		41		34	
Questioning	2 15	4	5	29		38	
Collaborative learning	22		39	3	19	20	9
Multicomponent strategies	25		49		32	15	8
Content enhancement tools	13	27		49		32	8
Computer-assisted instruction	2 3	34		65		23	5
Reinforcement	28	34		35		50	
Motivation and self-directed learning	3	7	37		35	15	5
Extended time for learning	12	28	4	0	29	2	0
Summarizing/note taking	17	27		48		24	13

■Never ■Rarely ■Sometimes ■Often ■Always

Figure 5. Implementation frequency of reading instruction

As shown in Table 25, the most frequently implemented reading practice was reinforcement (M = 3.95, SD = 1.02), followed by explicit, direct vocabulary instruction (M = 3.93, SD = 1.1), explicit, direct phonics instruction (M = 3.72, SD = 1.14), and with equal responses repeated feedback and questioning (M = 3.67, SD = 1.1). The least implemented reading practice was motivation and self-directed learning (M = 2.33, SD = 1.13), multicomponent strategies (M = 2.47, SD = 1.13), collaborative learning (M = 2.65, SD = 1.14), and explicit, direct morphological instruction (M = 2.78, SD = 1.18).

Descriptive Statistics of the Implementatio	on of Reading Instruction
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Reading Strategy	Μ	SD
Reinforcement	3.95	1.02
Explicit, direct vocabulary instruction	3.93	1.1
Explicit, direct phonics instruction	3.72	1.14
Repeated feedback	3.67	1.1
Questioning	3.67	1.1
Repeated reading	3.36	1.1
An extended time for reading	3.13	1.1
Explicit, direct fluency instruction	2.99	1.12
Content enhancement tools	2.96	1.06
Computer assisted instruction	2.96	.81
Summarizing/note taking	2.91	1.15
Explicit, direct comprehension instruction	2.86	.96
Explicit, direct orthographic instruction	2.84	1.11
Explicit, direct morphological instruction	2.78	1.18
Collaborative learning	2.65	1.14
Multicomponent strategies	2.47	1.12
Motivation and self-directed learning	2.33	1.13

Open-ended Question: Other Reading Practices

Teachers were asked an open-ended question, indicating if there are other reading practices they use in their classrooms and not listed within the aforementioned reading practices. Of the 219 teachers who completed the survey, only six teachers responded to this question. Teachers reported six additional reading strategies, which were representing texts with pictures, brainstorming, identifying the main idea, reading stories instead of formal texts, writing on sand, and making words using clay.

Research Question Three: Reading Instruction Implementation and Teachers' Training

A standard multiple regression analysis was conducted to evaluate how well readingrelated university courses and professional development beyond university training predict teachers' implementation of reading instruction. The analysis was performed using the Statistical Package for Social Science (SPSS) software version 25. The independent variables, which included (1) the number, (2) structure, and (3) content of reading-related courses and (4) the number, (5) type, and (6) content of reading-related professional development, were *simultaneously* entered as the independent (predictor) variables. The dependent variables, which included the implementation of (1) explicit, direct comprehension instruction, (2) explicit, direct vocabulary instruction, (3) explicit, direct fluency instruction, (4) explicit, direct phonics instruction, (5) explicit, direct morphological instruction, (6) explicit, direct orthographic instruction, (7) repeated reading, (8) repeated feedback. (9) questioning, (10) collaborative learning, (11) multicomponent strategies, (12) content enhancement tools, (13) computer assisted instruction, (14) reinforcement, (15) motivation and self-directed learning, (16) an extended time for reading, and (17) summarizing/note taking.

Before conducting the multiple regression analyses, a variance inflation factor (VIF) test was conducted to detect for multicollinearity. The purpose of this analysis was to ensure that the interdependent variables were not strongly intercorrelated, and they were distinguishable from each other. There is no multicollinearity among regressors if VIF is equal to 1, moderate multicollinearity if VIF is greater than 1, high if VIF is between 5-10 and may be problematic (Akinwande, Kikko, & Samson, 2015; García, García, López Martín, & Salmerón, 2015; O'Brien, 2007). As shown in Table 26, VIFs for all independent variables ranged from 1.123 to

3.015, which indicated that there was roughly no multicollinearity to moderate multicollinearity.

Table 26

Variable	Tolerance	VIF
Number of RRC	.891	1.123
Structure of RRC	.769	1.301
Content of RRC	.672	1.487
Number of RRPD	.440	2.271
Type of RRPD	.332	3.015
Content of RRPD	.403	2.479

Note. RRC= Reading-related courses, RRPD= Reading-related professional development

Seventeen multiple regression analyses were conducted to evaluate how well readingrelated university courses and professional development beyond university training predict teachers' implementation reading instruction. The 17 multiple regression analyses were performed because *the implementation of each strategy was separately entered as the dependent variable*. All analyses were conducted using p < .05 as a level of statistical significance. However, taking into account the adjustment for the significance level, which may reflect Type I Error, the significance p < .05 was divided by 17. Therefore, when significant results were found based on the significance level p < .05, the significance p < .003 was used to learn whether the results found were still significant based on the new significant criteria. The purpose of conducting and addressing this step was to adjust for the multiple statistical tests (17 tests). The overall results of the multiple regression analyses are presented in Table 27.

Summary of the Multiple Regression Analyses

Type of Reading Practice	В	SE	β
Comprehension instruction	2.3	.278	1.503
Vocabulary instruction	3.235	.300	2.623*
Fluency instruction	2.288	.317	2.592*
Phonics instruction	3.002	.331	1.377
Morphological instruction	2.643	.344	1.317
Orthographic instruction	2.80	.328	.721
Repeated reading	2.763	.312	2.252*
Repeated feedback	2.782	.304	3.095*
Questioning	2.610	.292	4.329**
Collaborative learning	2.463	.323	2.622*
Multicomponent strategies	2.253	.317	2.491*
Content enhancement tools	2.292	.298	2.761*
Computer-assisted instruction	2.817	.236	1.489
Reinforcement	3.103	.292	2.176
Motivation & self-directed learning	1.571	.315	3.156*
Extended time for reading	2.865	.343	1.936
Summarizing/note taking	1.796	.316	4.069**

Note. **p* < .05. ***p* < .003.

The implementation of explicit, direct comprehension instruction. The linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of explicit, direct comprehension instruction, F(6, 122) = 1.503, p = .183. The multiple correlation coefficient was .262, indicating that approximately 2.3 percent of the variance of the implementation of explicit, direct combination of reading-related university courses and professional development beyond

university training (see Table 27).

Table 28

	В	SE	t	Sig
Constant	2.331	.278	8.392	.000
Number of RRC	.100	.042	2.380	.019
Structure of RRC	022	.096	231	.818
Content of RRC	010	.037	272	.786
Number of RRPD	.005	.042	.125	.901
Type of RRPD	023	.136	169	.866
Content of RRPD	.048	.043	1.114	.268

Reading-Related Training and Implementation of Explicit, Direct Comprehension Instruction

Note. Overall model: F(6, 122) = 1.503, p = .183, *Adjusted R-squared* = .023 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of explicit, direct vocabulary instruction. The linear combination of reading-related university courses and professional development beyond university training was significantly related to teachers' implementation of explicit, direct vocabulary instruction, F(6, 122) = 2.623, p = .020. The multiple correlation coefficient was .338, indicating that approximately 7.1 percent of the variance of the implementation of explicit, direct vocabulary instruction in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of explicit, direct vocabulary instruction, F(6, 122) = 2.623, p = .020, given .020 is larger .003 (see Table 28).

	В	SE	t	Sig
Constant	3.235	.300	10.775	.000
Number of RRC	.027	.045	.599	.550
Structure of RRC	026	.104	245	.807
Content of RRC	.027	.040	.682	.496
Number of RRPD	.012	.045	.275	.784
Type of RRPD	.084	.147	.572	.568
Content of RRPD	.070	.046	1.502	.131

Reading-Related Training and Implementation of Explicit, Direct Vocabulary Instruction

Note. Overall model: F(6, 122) = 2.623, p = .020, *Adjusted R-squared* = .071 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of explicit, direct fluency instruction. The linear combination of reading-related university courses and professional development beyond university training was significantly related to teachers' implementation of explicit, direct fluency instruction, F(6, 122) = 2.592, p = .021. The multiple correlation coefficient was .336, indicating that approximately 6.9 percent of the variance of the implementation of explicit, direct fluency instruction in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of explicit, direct fluency instruction, F(6, 122) = 2.592, p = .021, given .021 is larger .003 (see Table 29).

	В	SE	t	Sig
Constant	2.288	.317	7.211	.000
Number of RRC	.128	.048	2.672	.009
Structure of RRC	113	.110	-1.028	.306
Content of RRC	.002	.043	.049	.961
Number of RRPD	.017	.048	.350	.727
Type of RRPD	.196	.155	1.261	.210
Content of RRPD	005	.049	0.103	.918

Reading-Related Training and Implementation of Explicit, Direct Fluency Instruction

Note. Overall model: F(6, 122) = 2.592, p = .021, *Adjusted R-squared* = .069 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of explicit, direct phonics instruction. The linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of explicit, direct phonics instruction, F(6, 122) = 1.377, p = .229. The multiple correlation coefficient was .252, indicating that approximately 1.7 percent of the variance of the implementation of explicit, direct phonics instruction in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training (see Table 30). Table 31

Reading-Related Training and Implementation of Explicit, Direct Phonics Instruction

	В	SE	t	Sig
Constant	3.002	.331	9.068	.000
Number of RRC	.121	.050	2.419	.017
Structure of RRC	053	.115	463	.644

Content of RRC	.036	.044	.818	.415
Number of RRPD	006	.050	123	.902
Type of RRPD	090	.162	558	.578
Content of RRPD	.055	.051	1.073	.286

Note. Overall model: F(6, 122) = 1.377, p = .229, *Adjusted R-squared* = .017 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, B= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of explicit, direct morphological instruction. The linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of explicit, direct morphological instruction, F(6, 122) = 1.317, p = .255. The multiple correlation coefficient was .247, indicating that approximately 1.5 percent of the variance of the implementation of explicit, direct morphological instruction in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training (see Table 31).

Table 32

Reading-Related Training and Implementation of Explicit, Direct Morphological Instruction

	В	SE	t	Sig
Constant	2.643	.344	7.689	.000
Number of RRC	006	.052	114	.909
Structure of RRC	034	.119	287	.774
Content of RRC	017	.046	371	.711
Number of RRPD	.111	.052	2.153	.033
Type of RRPD	062	.168	370	.712
Content of RRPD	.009	.053	.166	.869

Note. Overall model: *F*(6, 122) = 1.317, *p* = .255, *Adjusted R-Squared* = .015 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, SE= Standard error, t= The significance of individual regression coefficients

The implementation of explicit, direct orthographic instruction. The linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of explicit, direct orthographic instruction, F(6, 122) = .721, p = .633. The multiple correlation coefficient was .185, indicating that approximately 1.3 percent of the variance of the implementation of explicit, direct orthographic instruction in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training (see Table 32).

Table 33

Reading-Related Training and Implementation of Explicit, Direct Orthographic Instruction

	В	SE	t	Sig
Constant	2.80	.328	8.549	.000
Number of RRC	.029	.049	.577	.565
Structure of RRC	087	.114	762	.447
Content of RRC	.032	.044	.733	.465
Number of RRPD	.069	.049	1.395	.165
Type of RRPD	185	.160	-1.156	.250
Content of RRPD	015	.050	292	.770

Note. Overall model: F(6, 122) = .721, p = .633, *Adjusted R-Squared* = -.013 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, B= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of repeated reading. The linear combination of reading-related university courses and professional development beyond university training was significantly related to teachers' implementation of repeated reading, F(6, 122) = 2.252, p = .043. The

multiple correlation coefficient was .316, indicating that approximately 5.5 percent of the variance of the implementation of repeated reading in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of repeated reading, F(6, 122) = 2.252, p = .043, given .043 is larger than .003 (see Table 33).

Table 34

Reading-Related Training and Implementation of Repeated Reading

	В	SE	t	Sig
Constant	2.763	.312	8.85	.000
Number of RRC	.121	.047	2.562	.012
Structure of RRC	142	.108	-1.31	.193
Content of RRC	.050	.042	1.200	.233
Number of RRPD	.054	.047	1.157	.249
Type of RRPD	192	.153	-1.258	.211
Content of RRPD	.034	.048	.712	.478

Note. Overall model: F(6, 122) = 2.252, p = .043, *Adjusted R-squared* = .055 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of repeated feedback. The linear combination of reading-related university courses and professional development beyond university training was significantly related to teachers' implementation of repeated feedback, F(6, 122) = 3.095, p = .007. The multiple correlation coefficient was .363, indicating that approximately 8.9 percent of the variance of the implementation of repeated feedback in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond

university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of repeated feedback, F(6, 122) = 3.095, p = .007, given .007 is larger than .003 (see Table 34). Table 35

	В	SE	t	Sig	
Constant	2.782	.304	9.165	.000	
Number of RRC	.120	.046	2.627	.010	
Structure of RRC	132	.105	-1.254	.212	
Content of RRC	.071	.041	1.745	.083	
Number of RRPD	.046	.046	1.006	.317	
Type of RRPD	107	.149	719	.473	
Content of RRPD	.047	.047	.999	.320	

Reading-Related Training and Implementation of Repeated Feedback

Note. Overall model: F(6, 122) = 3.095, p = .007, *Adjusted R-squared* = .089 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of questioning. The linear combination of reading-related university courses and professional development beyond university training was significantly related to teachers' implementation of questioning, F(6, 122) = 4.329, p = .001. The multiple correlation coefficient was .419, indicating that approximately 13.5 percent of the variance of the implementation of questioning in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was

also significantly related to teachers' implementation of questioning, F(6, 122) = 4.329, p = .001, *given .001 is smaller than .003* (see Table 35).

Table 36

Reading-Related Training and Implementation of Questioning

	В	SE	t	Sig
Constant	2.610	.292	8.940	.000
Number of RRC	.036	.044	.822	.413
Structure of RRC	020	.101	197	.844
Content of RRC	.119	.039	3.033	.003
Number of RRPD	004	.044	101	.919
Type of RRPD	092	.143	642	.522
Content of RRPD	.097	.045	2.157	.033

Note. Overall model: F(6, 122) = 4.329, p = .001, *Adjusted R-squared* = .135 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of collaborative learning. The linear combination of readingrelated university courses and professional development beyond university training was significantly related to teachers' implementation of collaborative learning, F(6, 122) = 2.622, p = .020. The multiple correlation coefficient was .338, indicating that approximately 7.1 percent of the variance of the implementation of collaborative learning in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of collaborative learning, F(6, 122) = 2.622, p = .020, given .020 is larger than .003 (see Table 36).

	В	SE	t	Sig
Constant	2.463	.323	7.621	.000
Number of RRC	.023	.049	.464	.643
Structure of RRC	004	.112	034	.973
Content of RRC	031	.043	.715	.476
Number of RRPD	.163	.049	3.354	.001
Type of RRPD	069	.158	433	.666
Content of RRPD	044	.050	886	.377

Reading-Related Training and Implementation of Collaborative Learning

Note. Overall model: F(6, 122) = 2.622, p = .020, *Adjusted R-squared* = .071 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of multicomponent strategies. The linear combination of readingrelated university courses and professional development beyond university training was significantly related to teachers' implementation of multicomponent strategies, F(6, 122) =2.491, p = .026. The multiple correlation coefficient was .33, indicating that approximately 6.5 percent of the variance of the implementation of multicomponent strategies in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of multicomponent strategies, F(6, 122) = 2.491, p = .026, given .026 is larger than .003 (see Table 37).

	В	SE	t	Sig
Constant	2.253	.317	7.106	.000
Number of RRC	.049	.048	1.021	.309
Structure of RRC	.047	.110	.427	.670
Content of RRC	057	.043	-1.348	.180
Number of RRPD	.121	.048	2.551	.012
Type of RRPD	.100	.155	.643	.521
Content of RRPD	080	.049	-1.632	.105

Reading-Related Training and Implementation of Multicomponent Strategies

Note. Overall model: F(6, 122) = 2.491, p = .026, *Adjusted R-squared* = .065 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of content enhancement tools. The linear combination of readingrelated university courses and professional development beyond university training was significantly related to teachers' implementation of content enhancement tools, F(6, 122) =2.761, p = .015. The multiple correlation coefficient was .346, indicating that approximately 7.6 percent of the variance of the implementation of content enhancement tools in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p<.003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of content enhancement tools, F(6, 122) = 2.761, p = .015, given .015 is larger than .003 (see Table 38).
Table 39

	В	SE	t	Sig
Constant	2.292	.298	7.700	.000
Number of RRC	.040	.045	.885	.378
Structure of RRC	.056	.103	.545	.587
Content of RRC	013	.040	324	.747
Number of RRPD	.062	.054	1.379	.170
Type of RRPD	044	.146	302	.763
Content of RRPD	.074	.046	1.621	.108

Reading-Related Training and Implementation of Content Enhancement Tools

Note. Overall model: F(6, 122) = 2.761, p = .015, *Adjusted R-squared* = .076 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, B= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of computer-assisted instruction. The linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of computer-assisted instruction, F(6, 122) = 1.489, p = .187. The multiple correlation coefficient was .261, indicating that approximately 2.2 percent of the variance of the implementation of computer-assisted instruction in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training (see Table 39).

Table 40

Reading-Related Training and Implementation of Computer-Assisted Instruction

	В	SE	t	Sig	
Constant	2.817	.236	11.936	.000	
Number of RRC	.042	.036	1.165	.246	

Structure of RRC	124	.082	-1.512	.133
Content of RRC	014	.032	448	.655
Number of RRPD	.003	.035	.074	.941
Type of RRPD	.146	.116	1.260	.210
Content of RRPD	.011	.036	.312	.756

Note. Overall model: F(6, 122) = 1.489, p = .187, *Adjusted R-squared* = .022 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of reinforcement. The linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of reinforcement, F(6, 122) = 2.176, p = .05. The multiple correlation coefficient was .311, indicating that approximately 5.2 percent of the variance of the implementation of reinforcement in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training (see Table 40).

Table 41

Reading-Related Training and Implementation of Reinforcement

	В	SE	t	Sig
Constant	3.103	.292	10.634	.000
Number of RRC	.092	.044	2.087	.039
Structure of RRC	088	.101	866	.388
Content of RRC	.098	.039	2.493	.014
Number of RRPD	028	.044	639	.524
Type of RRPD	.002	.143	.015	.988
Content of RRPD	.033	.045	.737	.463

Note. Overall model: *F*(6, 122) = 2.176, *p* = .05, *Adjusted R-squared* = .052

Note. RRC= Reading-related courses, RRPD= Reading-related professional development, B= Unstandardized coefficient, SE= Standard error, t= The significance of individual regression coefficients

The implementation of motivation and self-directed learning. The linear combination of reading-related university courses and professional development beyond university training was significantly related to teachers' implementation of motivation and self-directed learning, F(6, 122) = 3.156, p = .007. The multiple correlation coefficient was .367, indicating that approximately 9.2 percent of the variance of the implementation of motivation and self-directed learning in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *not* significantly related to teachers' implementation of motivation and self-directed learning, F(6, 122) = 3.156, p = .007, given .007 is larger than .003 (see Table 41).

Table 42

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	В	SE	t	Sig
Constant	1.571	.315	4.985	.000
Number of RRC	.130	.048	2.729	.007
Structure of RRC	005	.109	044	.965
Content of RRC	.005	.042	.116	.908
Number of RRPD	.098	.047	2.075	.040
Type of RRPD	241	.154	-1.561	.121
Content of RRPD	.045	.049	.934	.352

Note. Overall model: F(6, 122) = 3.156, p = .007, *Adjusted R-squared* = .092 *Note*. RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

The implementation of extended time for reading. The linear combination of readingrelated university courses and professional development beyond university training was *not* significantly related to teachers' implementation of extended time for reading, F(6, 122) = 1.936, p = .08. The multiple correlation coefficient was .295, indicating that approximately 4.2 percent of the variance of the implementation of extended time for reading in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training (see Table 42).

Table 43

Content of RRPD

	В	SE	t	Sig	
Constant	2.865	.343	8.353	.000	-
Number of RRC	.115	.052	2.229	.028	
Structure of RRC	188	.119	-1.583	.116	
Content of RRC	.002	.046	.046	.963	
Number of RRPD	.063	.051	1.216	.226	
Type of RRPD	.021	.168	.126	.900	

Reading-Related Training and Implementation of Extended Time for Reading

-.035

Note. Overall model: F(6, 122) = 1.936, p = .08, *Adjusted R-squared* = .042 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, B= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

.053

The implementation of summarizing/note taking. The linear combination of reading-

-.672

.503

related university courses and professional development beyond university training was

significantly related to teachers' implementation of summarizing/note taking, F(6, 122) = 4.069,

p = .001. The multiple correlation coefficient was .408, indicating that approximately 12.6

percent of the variance of the implementation of summarizing/note taking in the sample can be accounted for by the linear combination of reading-related university courses and professional development beyond university training. When the adjusted significance (p < .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *also* significantly related to teachers' implementation of summarizing/note taking, F(6, 122) = 4.069, p = .001, given .001 is smaller than .003 (see Table 43).

Table 44

Reading-Related Training and Implementation of Summarizing/Note Taking

	В	SE	t	Sig
Constant	1.796	.316	5.684	.000
Number of RRC	.175	.048	3.662	.000
Structure of RRC	089	.110	811	.419
Content of RRC	.026	.042	.612	.542
Number of RRPD	.012	.047	.248	.805
Type of RRPD	.100	.155	.645	.520
Content of RRPD	.039	.049	.794	.429

Note. Overall model: F(6, 122) = 4.069, p = .001, *Adjusted R-squared* = .126 *Note.* RRC= Reading-related courses, RRPD= Reading-related professional development, *B*= Unstandardized coefficient, *SE*= Standard error, *t*= The significance of individual regression coefficients

Summary

The purpose of this study was to examine the relationship between teachers of students with LD's reading-related preservice and inservice training and their implementation of reading instruction in Saudi schools. This chapter presents the analysis of data collected through survey from 129 teachers. The chapter includes (1) descriptive statistics of teachers' demographic information, reading-related courses, reading-related professional development, reading minutes,

and teachers' frequency of implementing reading instruction; (2) research questions; (3) an openended question; and (4) the relationship between teachers' reading-related training and implementation of reading instruction. The next chapter discusses the results presented in this chapter. It covers discussion of major findings, their relationship to previous studies, limitations, and recommendations for future research.

CHAPTER V DISCUSSION

Introduction

The purpose of this study was to investigate the relationship between reading-related training (courses and professional development activities) and the implementation of reading instruction of teachers of students with LD's in Saudi schools. An online survey, which was open for a month, was sent to teachers asking them about their demographic information, readingrelated courses, reading-related professional development activities, and their implementation of reading instruction in their classroom. The results indicated that teachers' reading-related preservice and inservice trainings were not significantly related to their implementation of the following seven reading practices: explicit, direct comprehension instruction; explicit, direct phonics instruction; explicit, direct morphological instruction; explicit, direct orthographic instruction; computer-assisted instruction; reinforcement; and extended time for reading. Teachers' reading-related preservice and inservice trainings were significantly related to their implementation of the remaining instructional practices, which include explicit, direct vocabulary instruction; explicit, direct fluency instruction; repeated reading; repeated feedback; questioning; collaborative learning; multicomponent strategies; content enhancement tools; motivation and self-directed learning; and summarizing/note taking. This chapter discusses the major findings, their relationship to previous studies, limitations, and implications and recommendations for future research.

Major Findings and Relationship to Previous Research

Demographic information. Three demographic characteristics stood out among the rest

of the demographic information. First, the number of female teachers of students with LD in Saudi Arabia (n = 539, 25%) was roughly one fourth of the total number of teachers. Therefore, many female schools in Saudi Arabia do not have teachers of students with LD, meaning many female students with LD have neither been identified nor supported within the education system. The Ministry of Education may consider establishing more programs for students with LD in female schools, so more female students with LD can access LD-related services.

In addition, the majority of teachers who completed the survey (n = 112, 86.8%) were elementary school teachers. This is a reflection of the low number of secondary LD teachers in Saudi Arabia. The Ministry of Education lists 1900 programs that serve elementary students with LD, while there are only 100 secondary programs (Ministry of Education, 2018). In other words, many secondary schools do not have teachers of students with LD, meaning a considerable number of students with LD within the Saudi education system have neither been identified nor supported by a special education/LD teacher at the secondary level. This issue of underserved secondary students with LD does not only exist in Saudi Arabia but also in the U.S. (Leko, Alzahrani, et al., 2017; Leko, Chiu, et al., 2017). If students with LD go through secondary school without adequate academic support, they will not be prepared to transition to the workforce or higher education systems (Gothberg, Peterson, Peak, & Sedaghat, 2015).

Reading-related university courses. Reading does not only enable students to learn how to learn, but it also empowers them to build a background for future acquisition of knowledge. Given that reading is a critical skill set for all young students to develop, teachers have to be prepared to teach reading skills to students of varying abilities. In this study, the majority of teachers (n = 96, 74.4%) report taking 1-2 reading courses across pre- and in-service training. Leko, Alzahrani, et al. (in press) found that approximately less than half of the teachers (N = 170, 43%) in a Midwest state report taking 1-2 reading courses during their undergraduate/graduate

training. These numbers indicate that teachers of students with LD in Saudi school receive roughly the same amount of reading-related coursework as teachers of students with LD in the U.S. However, Leko, Alzahrani, et al. (in press) recommended that more reading-related courses should be integrated into preservice teacher education special education programs because there is a correlation between reading-related teaching experiences at the preservice level and the implementation of reading practices.

Analyzing teachers' reading-related courses revealed interesting results. Teachers on average had roughly *one course* during their undergraduate/graduate training that included information in reading instruction *in general* (M = 1.3, SD = .91), *for students with disabilities* (M = 1.1, SD = .71), or *students with* LD (M = 1.3, SD = .58). In addition, teachers on average had *less than one course* during their undergraduate/graduate training that included information on reading curriculum (M = .7, SD = .86). These numbers suggest that teachers of students with LD may not receive sufficient reading-related training that equips them to effectively teach and implement reading instruction in their classrooms. This ultimately can affect students' reading performance, which hinders them from learning and understanding class materials and meet the curriculum requirements.

Analyzing the structure of reading-related courses reveals few interesting results. Of the 129 teachers who completed the survey, 115 of them (89.1%) that reported participating in a lecture-based course with no practical experiences as the main method used to deliver content and course materials. This indicates that a considerable number of faculty members at special education departments use lecturing as their main method to deliver reading-related courses. In addition, none of the teachers reported observing reading instruction in a classroom outside of their student teaching experience as part of teacher preparation experience. This further complicates the learning process given teachers of students with LD did not observe how reading

strategies or practices are practically implemented and used in classrooms.

Through analyzing the reading instruction within reading-related university courses (content), the most commonly taught strategies were reinforcement (n = 78, 60.5%), explicit, direct vocabulary instruction (n = 70, 54.3%), and explicit, direct phonics instruction (n = 67, 51.9%). The least commonly taught strategies included motivation and self-directed learning (n = 18, 14%) and explicit, direct comprehension instruction (n = 21, 16.3%). Based on these results, it seems that reading-related university courses focus on teaching word-level strategies, such as teaching students new words and how to pronounce these words along with reinforcing students' correct answers. These results indicate that reading-related university courses do not focus on teaching higher level reading strategies, such as comprehension and motivation and self-learning. These results may be due to the high number of elementary teacher respondents whose programs would have focused more on teaching the fundamentals of reading versus secondary teachers whose programs more likely focus on higher level reading strategies and skills. Overall, the reading-related preservice courses only prepare teachers of students with LD to teach lower level reading skills but not higher level reading skills.

Reading-related professional development activities. Professional development is a critical part of inservice teachers' continuous learning given it can improve teachers' theoretical and practical knowledge. In other words, teachers' quality of implementing reading instruction depends on participating in professional development activities that keep them updated with evidence-based reading practices (Brownell et al., 2017; Leko, Brownell, Sindelar, & Kiely, 2015; Leko, Chiu, et al., 2017). Based on the study results, one hundred and three teachers (79.8%) have had at least one professional development that included information on reading instruction, while 26 teachers (20.2%) did not. Teachers on average had 1.5 professional development experience (SD = 1.1) that included information on reading instruction. When

reflecting on such results, it is important to think about teachers' average length of teaching experience, which was 6.8 years (SD = 4.8). This means teachers, on average, participate in one to two professional development activities that included information on reading instruction every six-seven years. Given the aforementioned results, it can be concluded that teachers of students with LD in Saudi schools have had limited access to professional development activities that included information on reading instruction. Previous studies on professional development for special education teachers in Saudi Arabia (Aldabas, 2015; Alquraini, 2010; Alquraini & Rao, 2018; Alsalem, 2015) have also indicated limited access to professional development activities.

Analyzing the type of reading-related professional development revealed interesting results. Most teachers selected teacher study groups or networks (n = 72, 58%) and workshops (n = 72, 55.8%), while a small number of teachers reported participating in conferences (n = 21, 16.3%), seminars (n = 16, 12.4%), or technology training (n = 14, 10.9%). It was encouraging to learn that more than half of teachers have participated in workshops and study groups or networks. It should be noted that teacher study groups are not commonly affiliated with official organizations although they can be supportive and beneficial for teachers' theoretical and practical knowledge development. However, teachers' limited participation in conferences and seminars indicates that there is a disconnect between K-12 education and higher education (Mansour et al., 2014; Qablan, Mansour, Alshamrani, Aldahmash, Sabbah, 2015). In other words, it seems that teachers are not encouraged or advised to participate in conferences or seminars (Alquraini, 2010; Qablan et al., 2015), which hinders their continuing development, specifically the most current reading-related research and practices. This ultimately can affect students' reading performance negatively.

In regards to the content of the reading-related professional development activities, fiftytwo teachers (40.3%) reported the inclusion of both reinforcement and explicit, direct vocabulary

instruction, followed by both explicit, direct phonics instruction and repeated reading (n = 45, 34.9%). The least commonly addressed strategies were explicit, direct morphological instruction (n = 23, 17.8%), followed by explicit, direct comprehension instruction (n = 17, 13.2%), computer-assisted instruction (n = 16, 12.4%), and multicomponent strategies (n = 14, 10.9%). It still seems that reading-related professional development activities focus on teaching word-level strategies, such as introducing new words and providing positive comments (reinforcement) for the correct answers. These results also indicate that reading-related professional development activities do not focus on teaching higher level reading strategies, such as morphology, comprehension, and technological applications. Overall, teachers are prepared to teach students the fundamental skills, such as learning new words and how to pronounce them, yet they are not adequately prepared to teach students how comprehend a text, or how words are formed and written.

Implementation of reading instruction for students with LD. Teachers report of the frequency of implementing reading instruction yielded several critical findings. First, the highest ranking strategies *Always* used include reinforcement, explicit, direct vocabulary instruction, explicit, direct phonics instruction, repeated feedback, and questioning. However, the lowest ranking strategies *Never* used include motivation and self-directed learning, multicomponent strategies, collaborative learning, and explicit, direct morphological instruction. It is encouraging that teachers frequently ask their students questions, teach them new words and how to pronounce them, reinforce them, and provide them with repeated feedback. It is concerning, nonetheless, that teachers less frequently allow their students to learning independently, use multiple reading strategies at the same time, encourage students to learn collaboratively, teach them the formulation of words, or even how to comprehend texts. When linking these findings to Leko, Alzahrani, et al. (in press), direct, explicit vocabulary instruction was the most commonly

implemented strategy, which was also highly ranked in the current study. Similarly, Klingner, Urbach, Golos, Brownell, and Menon (2010) observed 41 special education teachers teaching reading to third through fifth grade students with LD to determine whether they promoted students' reading comprehension. Klingner et al. (2010) indicated that they did not observe reading comprehension instruction and added that teachers mostly asked students questions about factual information.

Correlation between reading practices implementation and teachers' training.

Seventeen multiple regression analyses were conducted to examine the correlation between teachers' reading-related training (courses and professional development) and their implementation of seventeen reading practices for students with LD. Teachers' reading-related training was not significantly related to their implementation of the following seven reading practices: explicit, direct comprehension instruction, explicit, direct phonics instruction, explicit, direct morphological instruction, explicit, direct orthographic instruction, computer-assisted instruction, reinforcement, and extended time for reading. Teachers' reading-related training was significantly related to their implementation of the remaining 10 instructional practices.

Examining the correlation between the individual independent variables and dependent variables revealed interesting results. Number of reading-related courses, for example, was significantly related to nine dependent variables (identified reading-related instructional strategies): explicit, direct comprehension, fluency, phonics instruction, repeated reading, reinforcement, repeated feedback, motivation and self-directed learning, extended time for reading, and summarizing/note taking. The number of reading-related professional development events was significantly related to four dependent variables (identified reading-related instructional strategies): explicit, direct morphological instruction, collaborative learning, multicomponent strategies, and motivation and self-directed learning. Content of reading-related

courses was significantly related to questioning and reinforcement, while content of readingrelated professional development was significantly related to only questioning. Based on these results, it seems that the number of reading-related reading courses variable can significantly predict teachers' implementation of reading instruction more than the rest of the independent variables.

Study Limitations

This study has limitations that may have affected its findings. First, this study depended on self-reported information. Self-report surveys can be biased towards what reports believe to be ideal or true. For example, teachers in this study might not report the accurate frequency of implementing their reading instruction in their classrooms. Thus, this limitation might have affected the accuracy of the study's findings.

Second, although this study utilized a census sampling procedure, targeting all male and female teachers of students with LD in Saudi schools, participants were chosen based on their willingness to participate and take the survey. Thus, the sample was not selected randomly. In addition, the attrition rate was very high due to two main factors: lack of consent and missing data. Despite the survey was sent to all teachers, only 291 teachers (13.5%) consented to take the survey, making the attrition rate 86.5%. However, the lack of survey completion resulted in the exclusion of 162 surveys, which led to overall attrition rate of 94%. The sample-related limitations, thus, might have affected the findings of this study.

Third, of the 129 teachers, 110 teachers (85.3%) held a bachelor degree, while only 14 teachers (10.4%) held a master degree. This seems to indicate that many Saudi teachers of students with LD do not hold graduate degrees; however, the inclusion criteria of participants for required that teachers earned their graduate degrees from a Saudi university. Therefore, teachers holding graduate degrees from other countries might have been excluded from this study, which

might have decreased the number of participants included in the analyses.

The fourth limitation of this study is teachers' understanding of the survey items. Although the researcher translated the survey following Beaton et al. (2002)'s rigorous translation procedures, some items might not be clear for some teachers. For example, some teachers might not be able to differentiate between instruction and strategy, which might have influenced their answers while taking the survey. The translation-related issues, thus, might have affected the findings of this study. It is not known, however, if any of the aforementioned limitations have impacted the results of this study, yet future studies should take these limitations into consideration.

Implications for Future Studies

The purpose of this study was to examine the relationship between teachers of students with LD's reading-related teacher education and their current implementation of reading practices in their classrooms. The results of this study are critical given they should enable future researchers to take a step back and think about factors other than teacher preparation and professional development (e.g., school environment, teachers' background) that may affect teachers' implementation of reading practices. The results of this study also revealed several implications for further studies of Arabic-specific reading practices, special education preservice teacher education, reading-related special education professional development opportunities, and the implementation of current teaching practices.

Based on the current body of research, we have come to understanding Arabic characteristics and their potential implications on Arabic readers with LD. However, it is not fully clear how these characteristics affect Arabic readers, especially those with LD. In addition, Arabic is a complex language, further understanding of Arabic language and how its features impact reading performance of students with LD is needed. This understanding should ultimately inform researcher conducting studies on Arabic reading strategies, teacher preparation programs' curriculum, and inservice teachers. Most importantly, this understanding should inform the Ministry of Education in Saudi Arabia, so they can provide professional development opportunities that enable teachers to teach Arabic skills more effectively.

The low number of secondary teachers of students with LD participated in this study (*n* = 17; 13.2%) was *not* surprising. The number of programs of students with LD in Saudi schools does not exceed 100 programs, which is out of roughly 2000 programs for students with LD in all Saudi schools (Ministry of Education, 2018). This number is inadequate to accurately portray secondary special education teachers' reading-related experiences. Therefore, two steps are needed in order to address this issue. First, further research on this group is needed in order to understand the relationship between reading-related teacher preparation and teachers of students with LD's implementation of reading practices. Second, researchers should explore such issues in order to further call for more secondary programs for students with LD.

The results of this study revealed the majority of special education teachers of students with LD in Saudi Arabia do not receive sufficient reading-related preparation experiences that enable them to teach reading skills effectively. Thus, preservice teacher education programs may need to revisit their practices and curriculum and include more reading-related experiences and courses at the preservice level (Aldabas, 2015; Alquraini, 2010). It should be noted, however, that this study was an initial attempt to examine the relationship between teachers' reading-related teacher preparation and their implementation of reading practices. Therefore, further research needs to provide in-depth examination of other factors related to reading-related courses, such as content and delivery, and their relationship to teachers' implementation of reading practices.

The results of this study also indicated that inservice special education teachers of

students with LD in Saudi Arabia have limited access to professional development opportunities (Alsalem, 2015). Given professional development opportunities are a critical aspect of teachers' continuing development, future studies on professional development for teachers of students with LD in Saudi Arabia need to focus on providing teachers with more high-quality reading-related professional development for these teachers. Further investigations also need to provide sustainable outlets of reading-related professional development opportunities for teachers of students with LD. Again, it should be noted, however, that this study was an initial attempt to examine the relationship between teachers' reading-related teacher preparation and their implementation of reading practices. Therefore, future studies should complete an in-depth examination of other factors related to reading-related professional development, such as content and delivery, and their relationship to teachers' implementation of reading practices.

The results of this study indicated that reading-related teacher education was significantly related to teachers' implementation of only two reading practices. This may be due to an incomplete examination of other reading-related teacher education factors. Given the criticality of teachers' implementation of reading practices, hence, further studies need to consider refining this study's conceptual framework. Revising and polishing this conceptual framework can empower future researchers to accurately: (1) understand Arabic features and their relation to reading performance of Arabic readers with LD, (2) examine the relationship between reading-related teacher education, including teacher preparation and professional development, and teachers' implementation of reading practices, (3) identify other significant factors that may affect teachers' implementation of reading practices, (4) construct teacher education programs that address reading skills, and (5) create provide teachers with high-quality reading-reading professional development activities that improve and inform their practices.

Recommendations

This study examined the relationship between various reading-related teacher education variables and teachers of students with LD's implementation of reading practices in Saudi Arabian schools. Based on the study's results, the following recommendations for future research, policy makers, and practitioners are offered.

Recommendations for future research. Future research may consider the following recommendations. First, given the limited literature related to the Arabic language characteristics and their relation to reading performance, future studies may examine the effects of Arabic language features on reading performance of students with LD. Second, since this study is an initial attempt, future studies need to in-depth examine the correlation between reading-related teacher training and teachers' implementation of reading practices not only through surveying but also through interviewing and observing teachers of students with LD. Third, future studies should further examine special teacher education preparation programs curriculum and whether they adequately prepare special education teacher to teach reading skills, and interview the stakeholders of special teacher education preparation programs, including students and instructors. Fourth, given the impact of school environment on teachers' productivity, future studies may consider investigating how the school's environment can affect teachers' implementation of reading practices. Fifth, professional development is a critical aspect of teachers' effective implementation of practices, so future studies should in-depth investigate the relationship between reading-related professional development in multiple Saudi districts/regions and determining whether they adequately inform teachers' practices. Finally, future studies may consider building a line of inquiry that informs Arabic literature with evidence-based reading practices for students with LD.

Recommendations for policy. Policymakers may consider the following recommendations. First, policymakers in the special education field need to develop a policy to

encourage teacher participate in more professional development opportunities. Second, given the criticality of literacy for students, policymakers should consider establishing a policy that requires special education teachers to take certain literacy-related courses before graduating. Third, the Ministry of Education in Saudi Arabi may need to consider establishing more programs that serve students with LD at the secondary level. Finally, the Ministry of Education in Saudi Arabi for students with LD in female schools, so more female students with LD can access the LD-related services.

Recommendations for practitioners. Practitioners may consider the following recommendations. Practitioners need to provide preservice teachers of students with LD with high quality reading-related courses coupled with more practical experiences. This should empower preservice teachers to gain both the theoretical and practical knowledge of how to implement reading practices effectively. Practitioners should also engage in more reading-related professional development opportunities in order to ultimately enhance their students' reading skills.

Summary

The purpose of this study was to examine the relationship between reading-related training (courses and professional development activities) and the implementation of reading instruction of teachers of students with LD's in Saudi schools. A survey was sent to both male and female teachers of students with LD (N = 2158) in Saudi schools, asking them about their demographic information, reading-related courses, reading-related professional development activities, and their implementation of reading instruction in their classroom. The results indicated that teachers' reading-related training was not significantly related to their implementation of seven reading practices but was significantly related to their implementation of the remaining instruction (10 reading practices). However, when the adjusted significance (p)

< .003) was used as the criteria, the linear combination of reading-related university courses and professional development beyond university training was *only* significantly related to teachers' implementation of questioning and summarizing/note taking.

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APPENDICES

Appendix A: Human Subjects Committee Approval



Date: June 12, 2018

TO: Turkey Alzahrani, (turkey.alzahrani@ku.edu)

FROM: Jocelyn Isley, MS, CIP, IRB Administrator (785-864-7385, irb@ku.edu)

RE: Approval of Initial Study

The IRB reviewed the submission referenced below on 6/12/2018. The IRB approved the protocol, effective 6/12/2018.

IRB Action: APPRO	VED	Effective date: 6/12/2018	Expiration Date : NA
STUDY DETAILS			
Investigator:	Turke	ey Alzahrani	
IRB ID:	STUI	DY00142602	
Title of Study:	Exam	nining Reading-Related Teacher Education an	nong
	Teachers of Students with Specific Learning Disabilities		
	in Sa	udi Arabia	
Funding ID:	None		
REVIEW INFORMATION			
Review Type:	Initia	1 Study	
Review Date:	6/12/	2018	
Documents Reviewed:	• CIT	I Certificate Biomedical Research, • CITI Ce	rtificate Social and Behavioral
	Resea	arch, • Consent Statement, • Human Research	Protocol, • Individual investigator
	agree	ment, • Recruitment Email, • Survey	
Exemption Determination:	• (2)	Tests, surveys, interviews, or observation	

KEY PROCEDURES AND GUIDELINES. Consult our website for additional information.

- 1. **Approved Consent Form:** You must use the final, watermarked version of the consent form, available under the "Documents" tab, "Final" column, in eCompliance. Participants must be given a copy of the form.
- 2. Continuing Review and Study Closure: Continuing Review is not required for this study. Please close your study at completion.
- 3. **Modifications:** Modifications to the study may affect Exempt status and must be submitted for review and approval before implementing changes. For more information on the types of modifications that require IRB review and approval, <u>visit our website</u>.
- Add Study Team Member: <u>Complete a study team modification</u> if you need to add investigators not named in original application. Note that new investigators must take <u>the online tutorial</u> prior to being approved to work on the project.
- 5. Data Security: University data security and handling requirements apply to your project.
- 6. Submit a Report of New Information (RNI): If a subject is injured in the course of the research procedure or there is a breach of participant information, an RNI must be submitted immediately. Potential non-compliance may also be reported through the RNI process.
- 7. **Consent Records:** When signed consent documents are required, the primary investigator must retain the signed consent documents for at least three years past completion of the research activity.
- 8. **Study Records** must be kept a minimum of three years after the completion of the research. Funding agencies may have retention requirements that exceed three years.

Human Research Protection Program Youngberg Hall | 2385 Irving Hill Rd | Lawrence, KS 66045 | (785) 864-7429 | research.ku.edu/hrpp Appendix B: Letter of Definition from Saudi Arabian Cultural Mission

Kingdom of Saudi Arabia Ministry of Higher Education Cultural Mission To The U.S.A.



المملكة العربية السعودية وزارة التعليم العالي الملحقية الثقافية بالولايات المتحدة الأمريكية

Academic Affairs

Official Letter

The Saudi Arabian Cultural Mission at the United States of America certifies that the student TURKEY KHALAF AHMED ALZAHRANI civil id **States of Higher Education** is a scholarship student whom is sponsored by the Ministry of Higher Education for a(n) (Doctorate - PHD) degree since 15/05/2011, the student named above is still on the scholarship until 19/08/2019.

This letter was given to the student to present to (- Whom It May Concern) for certification purposes without any obligation and/or liability on our office.

Assistant Cultural Attaché For Academic Affairs

e

Dr. Ali Mohammed H Alferaehy

⁸⁵⁰⁰ Hilltop Road • Fairfax, Virginia 22031 • (703) 573-7226 • (703) 573-2244 • Fax: (703) 573-2595 Web Site: www.sacm.org • E-Mail: sacmusa@sacm.org

Appendix C: The Original Reading Survey (Created by Dr. Melinda Leko)

State Reading Survey

Section I- About you and your school community

\rightarrow Check here if you have <u>not</u> taught reading at anytime since the 2009-2010 school year. (return the blank survey in the enclosed self-addressed stamped envelope. Do not write your name or contact information on the survey or envelope.)
1. What is your gender?
Male Female
2. In what year were you born? (Please write on line below)
3. Which of the following choice(s) best describe your race?
WhiteBlack/African American (Not Hispanic)AsianHispanicNative Hawaiian or Pacific IslanderBi-racialAmerican Indian or Alaska NativeOther (specify)
4. About how large is your community? (Select only one)
Less than 2,500 2,500-9,999 10,000-24,999 25,000-99,999 100,000 or more
5. What type of teaching certification do you hold? (Please select all that apply)
Cross-categorical (CC)LD (#811)EBD (#830)Reading teacher (#316)Reading specialist (#317)Other (please specify)
6. What is the highest degree you have obtained?
Bachelors Masters Doctorate Other (Please specify)
7. Counting this year, how many years in total have you been <u>teaching</u> ?

8. Counting this year, how many years in total have you been teaching **special education**?

9. Counting this year, how many years in total have you been teaching <u>middle or high school</u> <u>students</u>?

10. Approxim	10. Approximately how many students are on your caseload? (Select only one)				
☐ 1-10 studer ☐ 41-50 stud ☐ I don't hav	nts 11 ents 51 re a specified ca	-20 students or more studer aseload. (Please	21-30 stude ts briefly explain	hents 31-40 students	
11. Which of if you don't ha all that apply)	the following d ave a caseload,	isability catego describe the st	ries are <u>curren</u> udents with who	<u>tlv</u> represented on your caseload (Or, om you work most closely). (Select	
Cognitive of Emotional Multiple di	disability disturbance isabilities brain injury	Autism Learning d Orthopedic Visual imp	isability 🗌 Hea impairment airment 🗌 Spe	 Deaf-blindness aring impairment Other health impairment ech/language impairment 	
	Section I	I- Undergra	duate/Gradu	ate Experiences	
1. During you reading instr	r undergraduat <u>uction</u> ?	e/graduate prog	ram, how many	y courses included information on	
None	1-2	3-4	5-6	7 or more	
2. During your undergraduate/graduate program, how many courses included information on reading instruction for students with disabilities ?					
None	1-2	3-4	5-6	7 or more	
3. During your undergraduate/graduate program, how many courses included information on reading instruction for middle and high school students with disabilities ?					
None	1-2	3-4	5-6	7 or more	
If you selected "None" for questions 1, 2, and 3, you may skip to Section III.					

4. What were the components of the courses that included reading instruction at the undergraduate/graduate level? (Select all that apply)

 Lecture-based course with no practical experiences Practice teaching reading in a classroom Observation of teaching practices in a classroom Student study groups Tutoring students Administering student assessments in reading Completing a case study Other. Please explain: 		
5. In total, the undergraduate/graduate courses I have ta reading in the classroom.	ken have adequately	prepared me to teach
Strongly disagree Disagree Neu	tral Agree	Strongly agree
6. Did any of your undergraduate/graduate courses hav adolescents with disabilities or adolescent struggling re	e content related to te aders?	aching reading to
Yes No		
7. Did your undergraduate/graduate courses that focuse following aspects of adolescent literacy programs? (Se	d on reading emphasi ect all that apply)	ize any of the
 Direct, explicit phonics instruction Direct, explicit vocabulary instruction Text based collaborative learning Diverse texts A technology component Interdisciplinary teacher teams Direct, explicit comprehension instruction Instruction An ongoing, summative assessment of students and 	explicit fluency instr tion and self-directed ic tutoring ve writing ended time for literac going formative assess tional principles embed programs	uction l learning y sment of students ded in content
Section III- Professional	Development	

1. In the last 2 years, how many hours of district or school-based professional development on teaching reading to **<u>adolescents with disabilities or adolescent struggling readers</u>** have you had?

0 hours	1-2 hours	\Box 3-5 hours	6-10 hours	11-16 hours
17-20 hours	\Box 21 or more h	ours		

2. In the last 2 years, how many hours of district or school-based professional development on **teaching reading** have you had?

0 hours	1-2 hours	\Box 3-5 hours	6-10 hours
11-16 hours	17-20 hours	\Box 21 or more hours	

If you put "0 hours" for questions 1 and 2, you may skip to Section IV.

3. Which of the following professional development activities in reading instruction have you participated in the last 2 years? (Select all that apply)

District-based workshops	Conference(s)
School-based workshops	Teacher study groups or networks
Seminars on teaching reading	Technology training to support reading instruction
University course(s) related to teaching	g (including online courses)
Other (Please specify):	

4. Was your professional development or continuing educational experience appropriately targeted to the student population that you teach?

Yes

□ No

5. In total, the professional development or continuing education experiences I have participated in have adequately prepared me to teach reading in the classroom.

Strongly disagran Disagran Noutral Agra	Strongly agree
Subligiv disagree Disagree Neutral Agre	

6. Did any of the professional development or continuing education experiences you have participated in emphasize any of the following aspects of adolescent literacy programs? (Select all that apply)

Direct, explicit phonics instruction	Direct, explicit fluency instruction
Direct, explicit vocabulary instruction	Motivation and self-directed learning
Text based collaborative learning	Strategic tutoring
Diverse texts	Intensive writing
A technology component	An extended time for literacy
Interdisciplinary teacher teams	An ongoing formative assessment of students
Direct, explicit comprehension instruction	Instructional principles embedded in content
An ongoing, summative assessment of st	udents and programs

Section IV- Your current teaching experiences

1. In which grades are the students you currently teach reading? (Select all that apply)

Kindergarten	1 st	2^{nd}	3^{rd}	4^{th}	$\Box 5^{\text{th}}$
6 th	\Box 7 th	$\boxed{8^{\text{th}}}$	9^{th}	10 th	11 th
$\Box 12^{\text{th}}$	Postse	condary			

2. On average, how many classes, groups, or class periods of reading do you teach each day?

	1 6	2 7	□ 3 □ 8 o	r more
3. Which of the follow (Select all that apply)	wing best describes t	he service delive	ery model in wh	ich you teach reading?
 Self-contained cla Alternative setting Other. Please spece 	ssroom R g/school Co-teach rify:	Resource classroc ning in the genera	om 🗌 Ho al education clas	spital/Homebound ssroom
4. In general, I feel th my class(es).	at I have the freedor	n to plan my own	n reading lesson	is and curriculum for
Strongly disagree	Disagree	Neutral	Agree	Strongly agree
5. If you selected structure plans and curriculu question 4, you may	ongly disagree, disag m? (Select all that a skip this question.	ree, or neutral for apply). If you sel	r question 4, wh ected agree or s	no dictates your lesson strongly agree for
 The school distric The department ch The general educa The special educa A group of teacher 	t nair ition teacher tion team leader/lead ers all agree on the cu	The The Othe I teacher urriculum and les	principle grade level tean r. Please explai sson plans	n leader/ lead teacher n:
o. Please describe wh	iat your reading instr	uction looks like		
7. Which of the follo	wing do you use in tl	ne classroom? (S	elect all that ap	ply)
 Direct, explicit ph Direct, explicit vo Text based collabo Diverse texts A technology com Interdisciplinary to Direct, explicit co An ongoing, sumr 	onics instruction cabulary instruction prative learning ponent eacher teams mprehension instruct native assessment of	Direct Motiva Strateg Intensi An ext An on tion Instruct students and pro	, explicit fluenc ation and self-di- gic tutoring we writing cended time for going formative ctional principle ograms	y instruction irected learning literacy e assessment of students es embedded in content
8. Since the 2009-2010 school year I have been able to incorporate information from my undergraduate/graduate reading courses into my reading instruction.				

9. If you selected agree or strongly agree for question 8, what information from your <u>undergraduate/graduate reading courses have you been able to incorporate</u> into your reading instruction? If you selected strongly disagree, disagree, or neutral for question 8, you may skip this question.

10. If you selected agree or strongly agree for question 8, what information from your <u>undergraduate/graduate reading courses has been most helpful to you</u>? If you selected strongly disagree, disagree, or neutral for question 8, you may skip this question.

11. If you selected strongly disagree, disagree, or neutral for question 8, what has prevented you from incorporating information from your undergraduate/graduate reading courses into your reading instruction? (Select all that apply). If you selected strongly agree or agree for question 8, you may skip this question.

Lack of funding Lack of time	Lack of approp	priate resources	- 1
Techniques I learned in my und	dergraduate/graduate	courses do not mat	ch mv current
teaching needs	8 8		5
I don't like the techniques I lea	urned in my undergrad	duate/graduate cour	ses
My current teaching context is	not structured to sup	port the techniques	I learned in my
undergraduate/graduate courses			
Other. Please explain:			
12. Since the 2009-2010 school ye professional development/continui	ar I have been able to ing education experie	o incorporate inform nces into my readin	nation from my g instruction.
Strongly disagree Disag	gree 🗌 Neutral	Agree	Strongly agree
13. If you selected strongly agree of professional development/contin <u>incorporate</u> into your reading in neutral for question 12, you may signature.	or agree for question <u>uing education expe</u> struction? If you sel kip this question.	12, what informati riences have you b ected strongly disag	on from your <u>been able to</u> gree, disagree, or

14. If you selected strongly agree or agree for question 12, what information from your **professional development/continuing education experiences has been most helpful to you?** If you selected strongly disagree, disagree, or neutral for question 12, you may skip this question.

15. If you selected strongly disagree, disagree, or neutral for question 12, what has prevented you from incorporating information from your professional development/continuing education experiences into your reading instruction? (Select all that apply).

\Box Lack of funding		ack of appropriate	resources				
 Lack of time Techniques I learned in my undergraduate/graduate courses are too dated Techniques I learned in my undergraduate/graduate courses do not match my current 							
teaching needs I don't like the techn My current teaching professional developmen Other. Please explain	iques I learned in context is not stru it	my undergraduate actured to support	e/graduate course the techniques I	es learned in			
15. In general, I feel that <u>disabilities</u> .	I have received a	dequate preparatio	on to teach reading	ng to <u>students with</u>			
Strongly disagree	Disagree	Neutral	Agree	Strongly agree			
16. In general, I feel that with disabilities or ado	I have received a lescent struggling	dequate preparatio g readers.	on to teach reading	ng to adolescents			
Strongly disagree	Disagree	Neutral	Agree	Strongly agree			
17. Since the 2009-2010 you in planning and teac	school year what hing reading? (Se	aspects of your pr lect all that apply)	reparation have b	been most useful to			
 Undergraduate or gra Teacher study groups University course(s) in Technology training to Other (please specify) 	duate coursework or networks related to teaching to support reading):	Wor Cont g (including online instruction	kshops ference(s) e courses)				
18. In what areas would	you like to have n	nore professional	development? (S	select all that apply)			
 Reading instruction in Providing instruction Reading instruction for 	n general to students with c or adolescents wit	lisabilities or strug h disabilities or ac	gling readers lolescent struggl	ing readings			

I do not want more professional development in any field at this time Other. Please explain:

<End of Survey> Thank you for your participation!

Appendix D: English Version of the Modified Survey

Reading Instruction Survey

Section I: Background Information

- 1. Gender?
 - Male
 - Female
- 2. How old are you?
- 3. What region do you teach in?
 - North
 - South
 - Central
 - East
 - West

4. What is the highest degree obtained?

- Associate
- Bachelors
- Masters
- Doctorate

5. Did you obtain your degree from a Saudi University?

- Yes
- No

6. In what region was the university you obtained your undergraduate degree from?

- North
- South
- Central
- East
- West

7. Counting this year, how many years have you been teaching?

- 8. At which school level are you currently teaching?
 - Elementary school
 - Middle school
 - High school

9. What is the total number of students do you serve? (It is Ok to estimate)

Section II: Undergraduate/Graduate Courses

10. During your undergraduate/graduate program, about how many courses included information on: (It is Ok to estimate)

- Reading instruction:
- Reading instruction for students with any or all disabilities:
- Reading instruction for students with any or all disabilities:
 Reading instruction for students with specific learning disabilities:
- Reading curriculum:

11. What were the components of the courses that included information on reading instruction at the undergraduate/graduate level? (Select all that apply)

- Lecture-based course with no practical experiences
- Practicing teaching reading in a classroom
- Observation of teaching practices in a classroom
- Study groups
- Administrating student assessment in reading
- Completing a case study
- Other. Please explain:

12. Did your undergraduate/graduate courses focused on reading emphasize the following aspects of reading instruction? (Select all that apply)

- Explicit, direct comprehension instruction (providing students with directions, guidance, orders, and strategies to enhance their comprehension performance)
- Explicit, direct vocabulary instruction (providing students with directions, guidance, orders, and strategies to enhance their vocabulary knowledge)
- Explicit, direct fluency instruction (providing students with directions, guidance, orders, and strategies to enhance their fluency performance)
- Explicit, direct phonics instruction (providing students with directions, guidance, orders, and strategies to enhance their phonemic knowledge)
- Explicit, direct morphological instruction (providing students with directions, guidance, orders, and strategies to enhance their understanding of words structure and formation)
- Explicit, direct orthographic instruction (providing students with directions, guidance, orders, and strategies to enhance their knowledge of the language's spelling system)
- Repeated reading (students read texts more than once to improve their oral reading fluency)
- Repeated feedback (students receiving ongoing feedback about on their reading performance)
- Questioning (e.g., students' self-questioning or teacher asking students questions)
- Collaborative learning (e.g., classwide peer tutoring, reciprocal teaching)
- Multicomponent strategies (using two strategies at the same time) (e.g., identifying main idea + self-questioning)
- Content enhancement tools (e.g., graphic organizers)
- Computer assisted instruction (any strategy, instruction, or content presented via and delivered through computer) (e.g., videos, images, electronic texts)
- Reinforcement (providing students with verbal or written positive feedback)
- Motivation and self-directed learning (students, with teachers' guidance, decide what and how they will learn)

- An extended time for reading (providing students with extra time to complete their reading-related tasks)
- Summarizing/note taking (synthesizing information and distill it into a concise form)
- Other. Please explain:

Section III: Professional Development

13. Since you graduated, have you attended any professional development that included information on reading instruction?

- Yes
- No

14. Since you graduated, what is the number of district or school-based professional development you have had on teaching: (It is Ok to estimate)

- Reading instruction:
- Reading instruction for students with any or all disabilities:
- Reading instruction for students with specific learning disabilities:
- Reading curriculum: ______

15. Which of the following professional development activities have you participated in since you graduated? (Select all that apply)

- Workshops
- Conferences
- Seminars
- Teacher study groups or networks [1]
- Technology training
- Other. Please specify:

16. Did any of the professional development or continuing education experiences you have participated in emphasize any of the following aspects of reading instruction? (Select all that apply)

- Explicit, direct comprehension instruction (providing students with directions, guidance, orders, and strategies to enhance their comprehension performance)
- Explicit, direct vocabulary instruction (providing students with directions, guidance, orders, and strategies to enhance their vocabulary knowledge)
- Explicit, direct fluency instruction (providing students with directions, guidance, orders, and strategies to enhance their fluency performance)
- Explicit, direct phonics instruction (providing students with directions, guidance, orders, and strategies to enhance their phonemic knowledge)
- Explicit, direct morphological instruction (providing students with directions, guidance, orders, and strategies to enhance their understanding of words structure and formation)
- Explicit, direct orthographic instruction (providing students with directions, guidance, orders, and strategies to enhance their knowledge of the language's spelling system)
- Repeated reading (students read texts more than once to improve their oral reading fluency)
- Repeated feedback (students receiving ongoing feedback about on their reading performance)

- Questioning (e.g., students' self-questioning or teacher asking students questions)
- Collaborative learning (e.g., classwide peer tutoring, reciprocal teaching)
- Multicomponent strategies (using two strategies at the same time) (e.g., identifying main idea + self-questioning)
- Content enhancement tools (e.g., graphic organizers)
- Computer assisted instruction (any strategy, instruction, or content presented via and delivered through computer) (e.g., videos, images, electronic texts)
- Reinforcement (providing students with verbal or written positive feedback)
- Motivation and self-directed learning (students, with teachers' guidance, decide what and how they will learn)
- An extended time for reading (providing students with extra time to complete their reading-related tasks)
- Summarizing/note taking (synthesizing information and distill it into a concise form)
- Other. Please explain:

Section IV: Your Current Teaching Experiences

17. On average, how many minutes a day do you teach reading? (It is Ok to estimate)

18. How often do you use the following reading instruction in the classroom?

Type of Reading Instruction	Never	Rarely	Sometimes	Often	Nearly always
Explicit, direct comprehension instruction (providing students with directions, guidance, orders, and strategies to enhance their comprehension performance)					
Explicit, direct vocabulary instruction (providing students with directions, guidance, orders, and strategies to enhance their vocabulary knowledge)					
Explicit, direct fluency instruction (providing students with directions, guidance, orders, and strategies to enhance their fluency performance)					
Explicit, direct phonics instruction (providing students with directions, guidance, orders, and strategies to enhance their phonemic knowledge)					

Explicit, direct morphological instruction (providing students with directions, guidance, orders, and strategies to enhance their understanding of words structure and formation)			
Explicit, direct orthographic instruction (providing students with directions, guidance, orders, and strategies to enhance their knowledge of the language's spelling system)			
Repeated reading (students read texts more than once to improve their oral reading fluency)			
Repeated feedback (students receiving ongoing feedback about on their reading performance)			
Questioning (e.g., students' self-questioning or teacher asking students questions)			
Collaborative learning (e.g., classwide peer tutoring, reciprocal teaching)			
Multicomponent strategies (using two strategies at the same time) (e.g., Identifying main idea + self-questioning)			
Content enhancement tools (e.g., graphic organizers)			
Computer assisted instruction (any strategy, instruction, or content presented via and delivered through computer) (e.g., videos, images, electronic texts)			
Reinforcement (providing students with verbal or written positive feedback)			
Motivation and self-directed learning (students, with teachers' guidance, decide what and how they will learn)			

An extended time for reading (providing students with extra time to complete their reading-related tasks)			
Summarizing/note taking (synthesizing information and distill it into a concise form)			

19. Are there any reading instruction you use not listed above?1.2.3.

Appendix E: The Final Arabic Version of the Modified English Survey

استبانة القراءة لمعلمي صعوبات التعلم

القسم الأول: معلومات أساسية

١. الجنس؟

- ذکرأنثى
- •____

٢. العمر؟

٣. المنطقة التي تعمل بها؟

- الشمالية
- الجنوبية
- الوسطى
- الشرقية
- الغربية

٤. الدرجة العلمية؟

- دبلوم عالي
- بكالوريوس
 - ماجستير
 - دکتوراه

هل حصلت على شهادات البكالوريوس/الماجستير من جامعة سعودية؟

- نعم
- لا

٣. في أي منطقة تقع الجامعة التي حصلت على درجة البكالوريوس منها؟

- الشمالية
- الجنوبية
- الوسطى
- الشرقية
- الغربية

٧. عدد سنوات الخبرة التعليمية؟

۸. المرحلة التي تدرس بها؟

- ابتدائية
- متوسطة
 - ثانوية

-

160

ч.

٩. كم عدد الطلاب الذين تدرسهم؟

القسم الثاني: المقررات الجامعية المتعلقة بالقراءة

١٠. كم عدد المواد التي درستها أثناء دراستك الجامعية واشتملت على معلومات تتعلق بـ:

١١. ماهي الاستراتيجيات التي استخدمها أعضاء التدريس لتدريس المواد التي اشتملت على معلومات تتعلق باستراتيجيات القراءة أثناء دراستك الجامعية؟ (يمكنك اختيار أكثر من إجابة)

- الإلقاء المباشر
- أساليب عملية متنوعة لتدريس القراءة في داخل الفصل الدراسي
 - زيارة المدارس وملاحظة المعلمين أثناء التدريس
 - أسلوب العمل الجماعي
 - الأنشطة العملية (سواء داخل أو خارج الفصل)
 - إدارة واستخدام اختبارات القراءة
 - إجراء دراسة حالة
 - أخرى. اذكرها: ____

١٢. أي من الاستراتيجيات القرانية التالية سبق لك دراستها أثناء دراستك الجامعية (يمكنك اختيار أكثر من إجابة)

- تدريس الاستيعاب/الفهم القرائي (تقديم تعليمات، وتوجيهات، وأوامر، واستر اتيجيات لتحسين مستوى الاستيعاب والفهم القرائي لدى الطلاب)
- تدريس الكلمات والمفردات (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لإثراء مخزون المفردات اللغوية لدى الطلاب)
 - تدريس الطلاقة القرانية (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتحسين مستوى الطلاقة القرانية لدى الطلاب)
 - تدريس أصوات الحروف (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتعليم الطلاب كيفية نطق أصوات الحروف)
 - تدريس النحو والصرف (تقديم تعليمات، وتوجيهات، وأوامر، واستر اتيجيات لتعليم الطلاب قواعد النحو والصرف)
 - تدريس قواعد الإملاء والهجاء (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتحسين معرفة الطلاب بقواعد الإملاء والهجاء)
 - استراتيجية تكرار القراءة (قراءة الكلمة أو القطعة أكثر من مرة لتحسين مستوى القراءة الشفوية لدى الطلاب)
 - استراتيجية تكرار التغذية الراجعة (تقديم التغذية الراجعة للطلاب بشكل متكرر)
 - استراتيجية طرح الأسئلة (مثال: التساؤل والاستجواب الذاتي/ أسئلة المعلم)
 - استراتيجية التعلم التعاوني (تدريس الأقران لبعضهم البعض)
 - استخدام أكثر من استراتيجية في نفس الوقت (مثال: التلخيص + تكرار القراءة)
 - أدوات إيضاح المحتوى (مثال: خرائط المفاهيم، الرسوم البيانية)
 - استخدام التكنولوجيا (عرض الاستراتيجيات، التعليمات، أو المحتوى بواسطة الكمبيوتر. مثال: الفيديوهات، الصور، الكتب الإلكترونية)
 - استراتيجية التعزيز الإيجابي (تقديم التعزيز الإيجابي للطلاب سواء كان كتابيا أو لفظيا)
 - استراتيجية التعلم الذاتي (أن يقرر الطالب مايريد تعلمه بمساعدة وإشراف المعلم)
 - إعطاء الطالب وقت إضافي للقراءة (إعطاء الطلاب وقت إضافي كي يكملون المهمات القرانية)
 - استراتيجية التلخيص/تدوين الملاحظات (كتابة المعلومات بشكل مختصر)
 - أخرى. اذكرها: ____

القسم الثالث: التطوير المهنى المتعلق بالقراءة

١٣. هل سبق لك حضور نشاط تطوير مهنى متعلق بالقراءة منذ تخرجك؟

- نعم
- ์ ¥ 🔹

١٤. كم عدد نشاطات التطوير المهني التي حضرتها منذ تخرجك من الجامعة والتي لها علاقة بـ:

- (١١) استراتيجيات القراءة بوجه عام: _____
- (١٠) استراتيجيات القراءة لذوي الاحتياجات الخاصة: _____
 - (١٠ج) استراتيجيات القراءة لذوي صعوبات التعلم: _____
 - (۱۰د) مناهج القراءة: _____

أي من أنواع نشاطات التطوير المهنى التالية المتعلقة بالقراءة سبق لك حضور ها منذ تخرجك؟ (يمكنك اختيار أكثر من إجابة)

- ورش عمل
- مۇتمرات
 - ، ندوات
- مجموعات المعلمين
- التدريب على استخدام التكنولوجيا
 - أخرى. أذكرها: ____

١٦. ماهي استراتيجيات القراءة التي تعلمتها أو تم التركيز عليها خلال نشاطات التطوير المهني التي حضرتها؟ (يمكنك اختيار أكثر من إجابة)

- تدريس الاستيعاب/الفهم القراني (تقديم تعليمات، وتوجيهات، وأوامر، واستر اتيجيات لتحسين مستوى الاستيعاب والفهم القراني لدى الطلاب)
- تدريس الكلمات والمفردات (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لإثراء مخزون المفردات اللغوية لدى الطلاب)
 - تدريس الطلاقة القرائية (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتحسين مستوى الطلاقة القرانية لدى الطلاب)
 - تدريس أصوات الحروف (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتعليم الطلاب كيفية نطق أصوات الحروف)
 - تدريس النحو والصرف (تقديم تعليمات، وتوجيهات، وأوامر، واستر اتيجيات لتعليم الطلاب قواعد النحو والصرف)
 - تدريس قواعد الإملاء والهجاء (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتحسين معرفة الطلاب بقواعد الإملاء والهجاء)
 - تكرار القراءة (قراءة الكلمة أو القطعة أكثر من مرة لتحسين مستوى القراءة الشفوية لدى الطلاب)
 - تكرار التغذية الراجعة (تقديم التغذية الراجعة للطلاب بشكل متكرر)
 - طرح الأسنلة (مثال: التساؤل والاستجواب الذاتي/ أسنلة المعلم)
 - التعلم التعاوني (تدريس الأقران لبعضهم البعض)
 - استخدام أكثر من استراتيجية في نفس الوقت (مثال: التلخيص + تكرار القراءة)
 - أدوات إيضاح المحتوى (مثال: خرائط المفاهيم، الرسوم البيانية)
 - استخدام التكنولوجيا (عرض الاستراتيجيات، التعليمات، أو المحتوى بواسطة الكمبيوتر. مثال: الفيديوهات، الصور، الكتب الإلكترونية)
 - التعزيز الإيجابي (تقديم التعزيز الإيجابي للطلاب سواء كان كتابيا أو لفظيا)
 - التعلم الذاتي (أن يقرر الطالب مايريد تعلمه بمساعدة وإشراف المعلم)
 - إعطاء الطالب وقت إضافي للقراءة (إعطاء الطلاب وقت إضافي كي يكملون المهمات القرائية)
 - التلخيص/تدوين الملاحظات (كتابة المعلومات بشكل مختصر)
 - أخرى. اذكرها: ____

١٧. كم عدد الدقانق التي تستغرقها يوميا لتدريس القراءة؟

فصلك الدر اسي؟	القراءة التالية في	استراتيجيات	مدی تستخدم	۱۸. إلى أي

دائما	غالبا	أحيانا	نادرا	أبدا	نوع استراتيجية القراءة
					(١٨) تدريس الاستيعاب/الفهم القراني (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتحسين مستوى الاستيعاب والفهم القراني لدى الطلاب)
					(١٨ب) تدريس الكلمات والمفردات (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لإثراء مخزون المفردات اللغوية لدى الطلاب)
					(١٨ج) تدريس الطلاقة القرانية (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتحسين مستوى الطلاقة القرانية لدى الطلاب)
					(١٨د) تدريس أصوات الحروف (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتعليم الطلاب كيفية نطق أصوات الحروف)
					(١٨هـ) تدريس النحو والصرف (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتعليم الطلاب قواعد النحو والصرف)
					(١٨و) تدريس قواعد الإملاء والهجاء (تقديم تعليمات، وتوجيهات، وأوامر، واستراتيجيات لتحسين معرفة الطلاب بقواعد الإملاء والهجاء)
					(١٨أز) تكرار القراءة (قراءة الكلمة أو القطعة أكثر من مرة لتحسين مستوى القراءة الشفوية لدى الطلاب)
					(١٨ح) تكرار التغذية الراجعة (تقديم التغذية الراجعة للطلاب بشكل متكرر)
					(١٨هـ) طرح الأسنلة (مثال: التساؤل والاستجواب الذاتي/ أسنلة المعلم)
					(١٨) التعلم التعاوني (تدريس الأقران لبعضهم البعض)
					(١٨ك) استخدام أكثر من استراتيجية في نفس الوقت (مثال: التلخيص + تكرار القراءة)
					(١٨) أدوات إيضاح المحتوى (مثال: خرانط المفاهيم، الرسوم البيانية)
					(١٨م) استخدام التكنولوجيا (عرض الاستراتيجيات، التعليمات، أو المحتوى بواسطة الكمبيوتر. مثال: الفيديوهات، الصور، الكتب الإلكترونية)
					(١٨) التعزيز الإيجابي (تقديم التعزيز الإيجابي للطلاب سواء كان كتابياً أو لفظياً)
					(١٨س) التعلم الذاتي (أن يقرر الطالب مايريد تعلمه بمساعدة وإشراف المعلم)
					(١٨ع) إعطاء الطالب وقت إضافي للقراءة (إعطاء الطلاب وقت إضافي كي يكملون المهمات القرانية)
					(١٨ف) التلخيص/تدوين الملاحظات (كتابة المعلومات بشكل مختصر)

- ١٩. هل هناك استراتيجيات أخرى غير المذكورة أعلاه تستخدمها في فصلك الدراسي؟

 - ۱. ۲. ۲.

Appendix F: Consent Form (English Version)

Consent Statement

Examining Reading-Related Teacher Education among Teachers of Students with Specific Learning Disabilities in Saudi Arabia

Dear Teachers,

The Department of Special Education at the University of Kansas supports the practice of protection for human subjects participating in research. The following information is provided to you to decide whether you wish to participate in the present study. You should be aware that even if you agree to participate, you are free to withdraw at any time without penalty.

The purpose of this survey is to examine teachers of students with specific learning disabilities reading-related teacher education and its impact on the implementation of reading instruction in Saudi Arabian schools. We hope the results of this survey will empower universities, educators, and policymakers to learn about the current status of reading-related teacher education and teachers' implementation of reading instruction in their classrooms. Your participation is completely *voluntary*, and it should take 10-15 minutes to complete the survey. This survey is completely *confidential*. It is possible, however, with Internet communications, that through intent or accident someone other than the intended recipient may see your response.

If you would like additional information or have questions concerning this study, please feel free to contact the principal investigator or the faculty supervisors. If you have any additional questions about your rights as a research participant, you may call (785) 864-7429 or write the Human Research Protection Program (HRPP), University of Kansas, 2385 Irving Hill Road, Lawrence, Kansas 66045-7563, email irb@ku.edu.

Completion of the survey indicates your willingness to take part in this study and that you are at least 18 years old. Thank in advance for participating and completing the survey!

Sincerely,

Turkey Alzahrani, M.A. Principal Investigator Special Education Dept. College of Education University of Kansas turkey.alzahrani@ku.edu Suzanne Robinson, Ph.D. Faculty Supervisor Special Education Dept. College of Education University of Kansas smrobins@ku.edu Jennifer Kurth, Ph.D. Faculty Supervisor Special Education Dept. College of Education University of Kansas jkurth@ku.edu Appendix F: Consent Form (Arabic Version)
بسم الله الرحمن الرحيم الموافقة على المشاركة في الدراسة

سعادة الأستاذ/ة _____ سلمه الله

السلام عليكم ورحمه الله وبركاته وبعد

تهدف هذه الدراسة إلى فحص واقع التعليم الجامعي والتطوير المهني لمدرسي صعوبات التعلم والذي يتعلق بإستراتيجيات القراءة ومدى تطبيقهم أو استخدامهم لهذه الإستراتيجيات. هذه الدراسة سوف تمكن الجامعات، التربويين، وأصحاب القرار من معرفة واقع التعليم الجامعي والتطوير المهني لمدرسي صعوبات التعلم والمتعلق بإستراتيجيات القراءة. هذه الاستبانة تحتوي على أربعة أجزاء: معلومات أساسية، المقررات الجامعية المتعلقة بالقراءة، نشاطات التطوير المهني المتعلق بالقراءة، ومن معرفة والتعربي على أربعة الدراسي

لذا أمل التكرم بتعبئة هذا الاستبيان بشكل دقيق بما يساعد الباحث لفهم الوضع الحالي واقع التعليم الجامعي والتطوير المهني لمدرسي صعوبات التعلم والذي يتعلق بإستر اتيجيات القراءة ومدى تطبيقهم أو استخدامهم لهذه الاستر اتيجيات مشاركتك في هذا الإستبيان تطو عية، والوقت المتوقع لإكمال الإستبيان ١٠ ١٥ دقيقة. كما أحب أن أنوه بأن جميع المعلومات سوف يتم التعامل معها بسرية تامة ولن تستخدم إلا لأغراض البحث العلمي فقط

... أشكرك جزيل الشكر على وقتك الثمين للمشاركة في هذا الإستبيان

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