



## New book examines herbal supplements

Ginkgo to improve memory. St. John's Wort for depression. Valerian for insomnia. Many people have questions about whether herbal supplements actually work — and what the potential dangers and side effects are. That's why KU Medical Center pharmacologists have written the new book "Herbal Supplements and the Brain: Understanding Their Health Benefits and Hazards."

[Full Story](#)

### TODAY'S HEADLINES



### International Formula car winners

The Jayhawk Motorsports team, composed primarily of engineering students at KU, topped an international field of 80 opponents to bring home the overall first-place trophy from the Formula SAE West competition, which wrapped up June 23 in Lincoln, Neb.

[Full Story](#)



### Exhibit: 'Executive Order 9981'

The Robert J. Dole Institute Archive and Special Collections at KU will host the History Day exhibit "Executive Order 9981: Truman's Revolution for Equality for Treatment and Opportunity in the Armed Forces" until Aug. 31.

[Full Story](#)

### TWITTER

[@kunews](#): Paul McAuley wins 2012 Sturgeon Award from #KU Center for Study of Science Fiction. Campbell Conf is this wkend <http://ow.ly/bYn12> #scifi

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Bloomberg (June 29, 2012)  
[Bettors lost on health care](#)

CBS News (June 27, 2012)  
[Hell, not heaven, helps keep society safe](#)

The Huffington Post (June 28, 2012)

[Is feeling bad a luxury problem?](#)

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