New book examines herbal supplements

Ginkgo to improve memory. St. John’s Wort for depression. Valerian for insomnia. Many people have questions about whether herbal supplements actually work — and what the potential dangers and side effects are. That’s why KU Medical Center pharmacologists have written the new book “Herbal Supplements and the Brain: Understanding Their Health Benefits and Hazards.”

TODAY’S HEADLINES

International Formula car winners
The Jayhawk Motorsports team, composed primarily of engineering students at KU, topped an international field of 80 opponents to bring home the overall first-place trophy from the Formula SAE West competition, which wrapped up June 23 in Lincoln, Neb.

Exhibit: 'Executive Order 9981'
The Robert J. Dole Institute Archive and Special Collections at KU will host the History Day exhibit “Executive Order 9981: Truman’s Revolution for Equality for Treatment and Opportunity in the Armed Forces” until Aug. 31.

KU IN THE NEWS

Bloomberg (June 29, 2012) Bettors lost on health care
CBS News (June 27, 2012) Hell, not heaven, helps keep society safe
The Huffington Post (June 28, 2012)
Is feeling bad a luxury problem?