

# Record of Physical Development.

Name W. J.

84.

13

## TESTS OF STRENGTH.

*1 Ines.  
1 Mitral Regurg.*

Age,		21.			
Weight, Lbs.,		140			
Hand Flexors,	} R	Wid	Ines	org.	Ref'd
	} L				
" Extensors,	} R	114	1	1	114
	} L				
Forearm Supinators,	} R	114	1	1	114
	} L				
" Pronators,	} R	111	1	1	111
	} L				
Arm Flexors,	} R				
	} L				
" Extensors,	} R				
	} L				
Latissimus Dorsi,	} R				
	} L				
Deltoid,	} R				
	} L				
Pectorals,	} R				
	} L				
Shoulder Retractors,	} R				
	} L				
Foot Extensors,	} R				
	} L				
" Flexors,	} R				
	} L				
Leg Flexors,	} R				
	} L				
" Extensors,	} R				
	} L				
Thigh Flexors,	} R				
	} L				
" Extensors,	} R				
	} L				
" Abductors,	} R				
	} L				
" Adductors,	} R				
	} L				
Trunk Anterior,					
" Posterior,					
" Lateral,	} R				
	} L				
Neck Anterior,					
" Posterior,					
" Lateral,	} R				
	} L				
Inspiration, Waist,					
" Chest,					
Inspiration—Pneumatometer (mm. of Mercury),					
Expiration—Pneumatometer (mm. of Mercury),					
<b>TOTAL STRENGTH</b>					
Arms,	Average Man,	1315			
Legs,	" "	1903			
Trunk,	" "	837			
Chest,	" "	286			
Entire Body,	" "	4341			